The Power of SIM

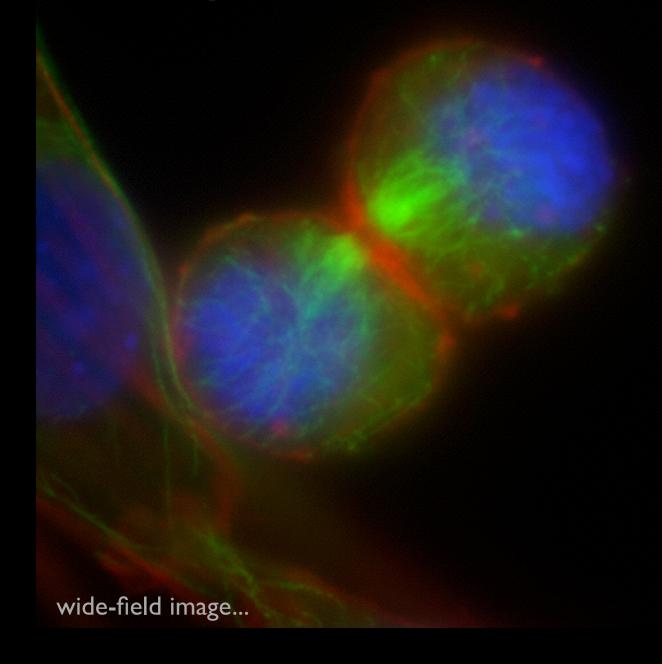
Short intro to super-resolution microscopy

How structured illumination improves not only resolution ...

& how it is realised in OMX system

Comparison with other SR methods (Pros & Cons)

Super-resolution fluorescence microscopy



- Specificity
- Sensitivity
- Non-invasive (in situ & in vivo)
- Multi-dimension $(x, y, z, \lambda, t,...)$
- Relative localisation & dynamics
- "Single cell" to "high throughput"

Spatial resolution is diffraction limited!

Magnification alone does not give more details!



...warmup:

"What determines the resolution of an optical microscope?"



£ 550.00

£ 5 055.00

"... what objective would you take..."

"... a bit more difficult...?"



What's the difference in image brightness = light gathering power ?

"... what objective would you take..."

Numerical aperture determines ...

```
Brightness index F = (NA^4 / Mag^2) \times 10^4
Lateral resolution limit d_{x,y} = 0.61\lambda / NA (~200-300 nm)
Axial Resolution limit d_z = 2 \lambda / NA^2 (~500-700 nm)
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Only applies under ideal conditions! BUT ...

Spherical aberrations
Chromatic aberrations
Straylight
Out-of-focus blur
Detector noise

•••

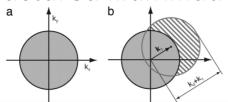
Real effective resolution is worse! (rather >250 nm lateral and ≤ 1 µm axial)

...improved to some extent by confocal imaging or deconvolution



Super-resolution microscopy - three major concepts

Structured illumination



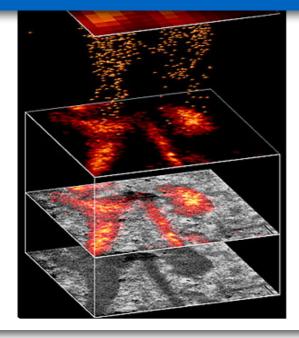
Abbe diffraction limit

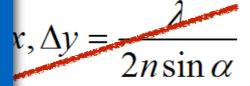
SIM-Methods:

Apotome (conventional SIM)

2D-SIM 3D-SIM (linear SIM) TIRF-SIM

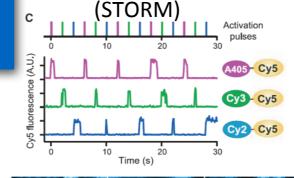
SSIM NL-SIM (non-linear SIM)

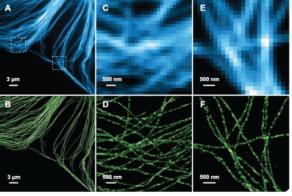


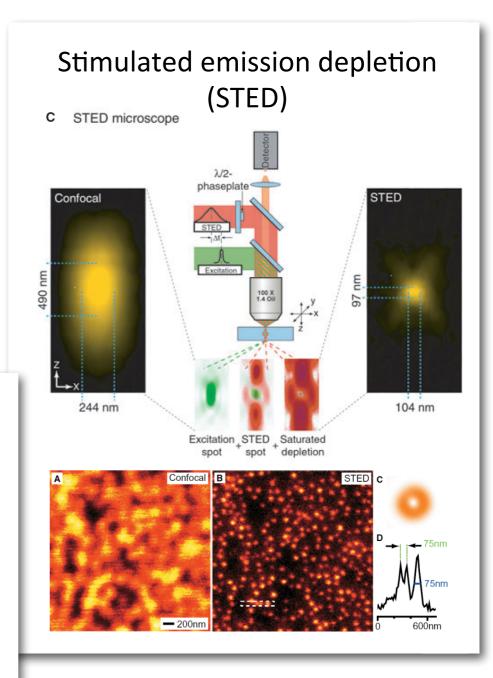


e localisation

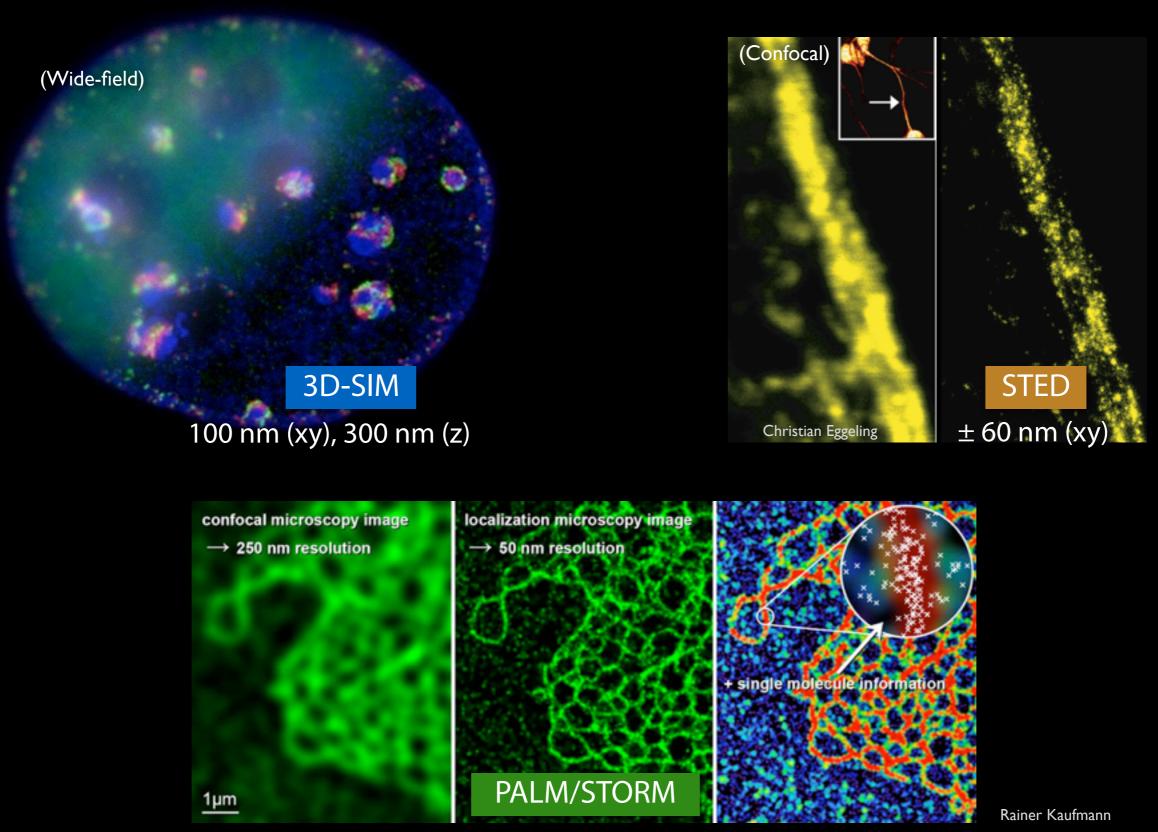
Stochastic optical econstruction microscopy





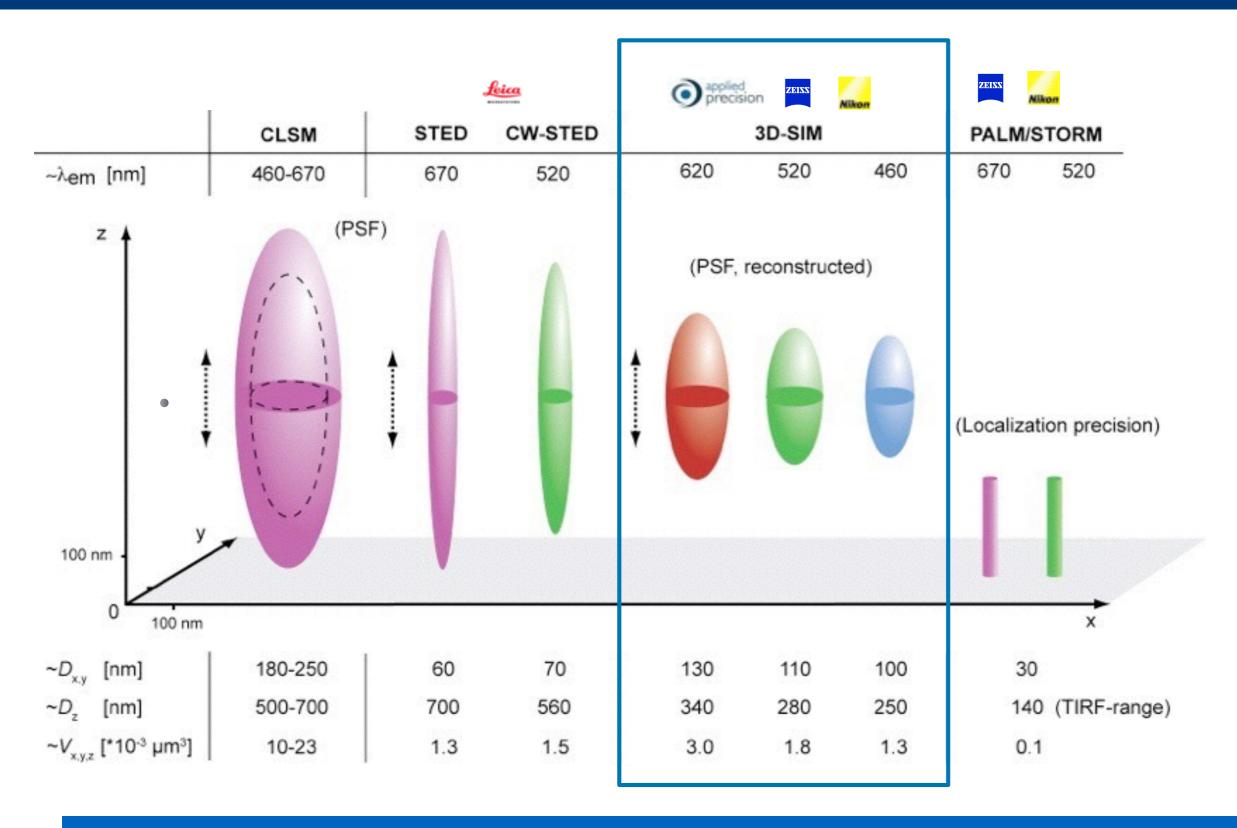


Super-resolution techniques to surpass the diffraction limit



 \pm 20 nm (xy localisation precision); \pm 50 nm (structural resolution)

Resolving power of commercial super-resolution systems

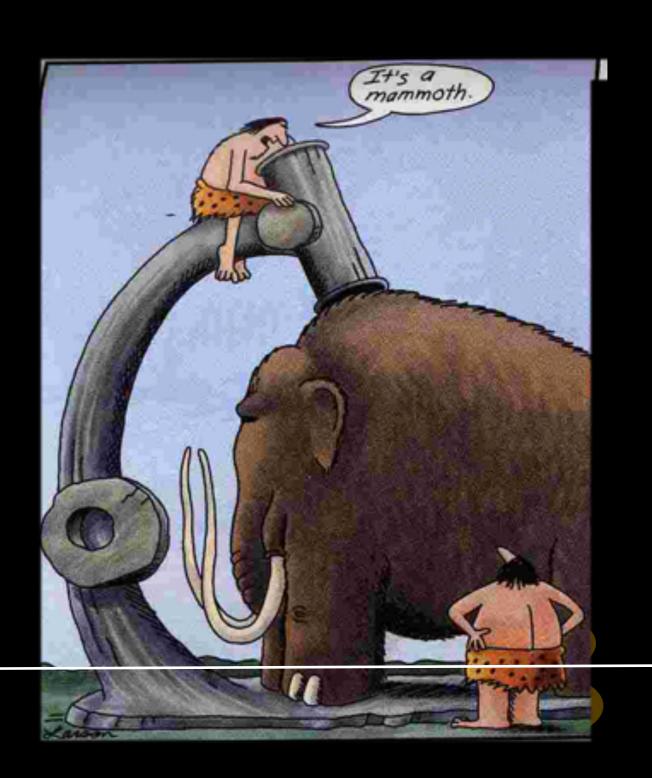


3D-SIM resolves ~8-fold smaller volumes than conventional microscopy



Not only resolution matters,...

What could this be?



3D information (z-resolution, optical sectioning, imaging depth)

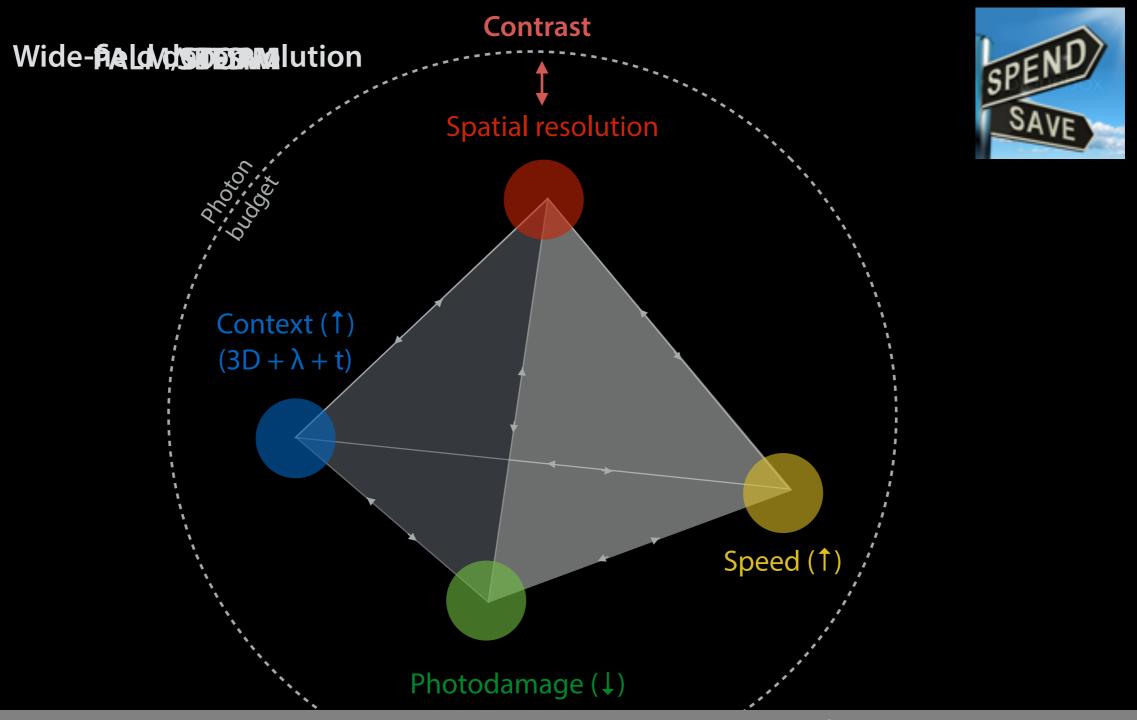
Not only resolution matters,





Temporal information (live cell imaging)

Trade-offs in super-resolution microscopy



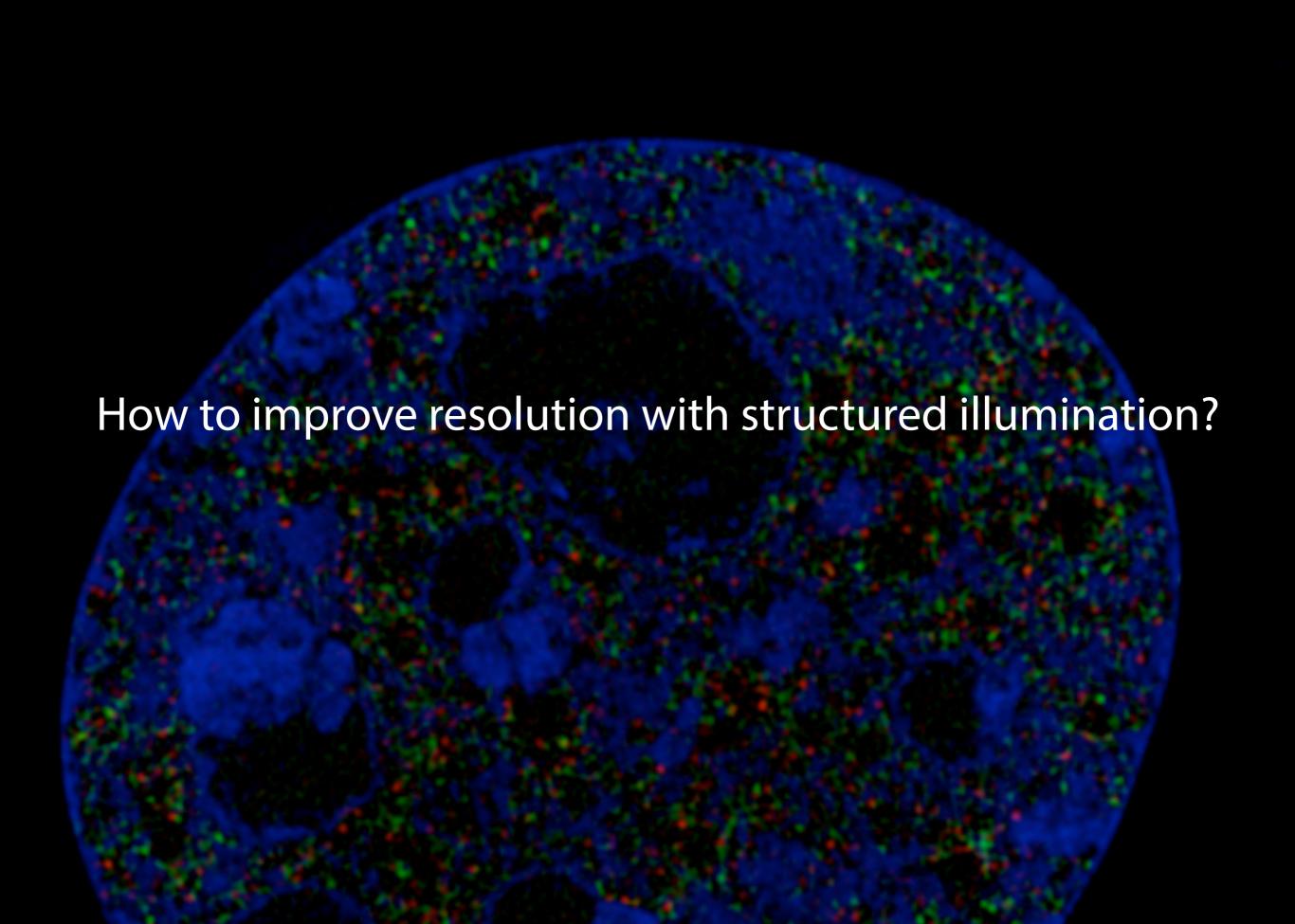
The optimal technique is determined by demands of the application!

Spatial resolution is only part of the equation!

Photon budget and contrast are the limiting factors in practice!

Contrast is the limit!!!





The basic principle: Abbe's view

Sample = Structure

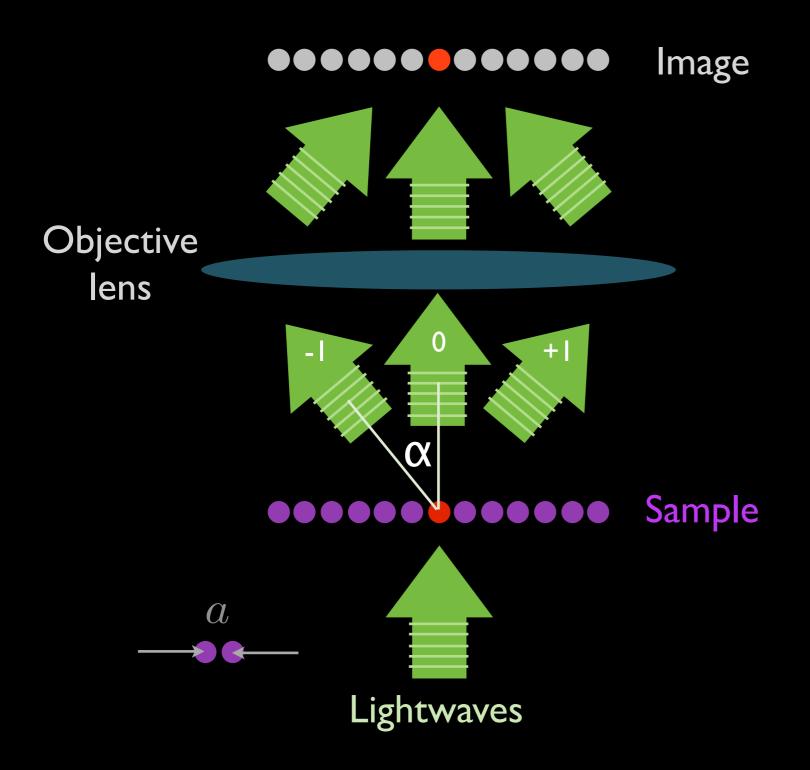
Periodicity

a

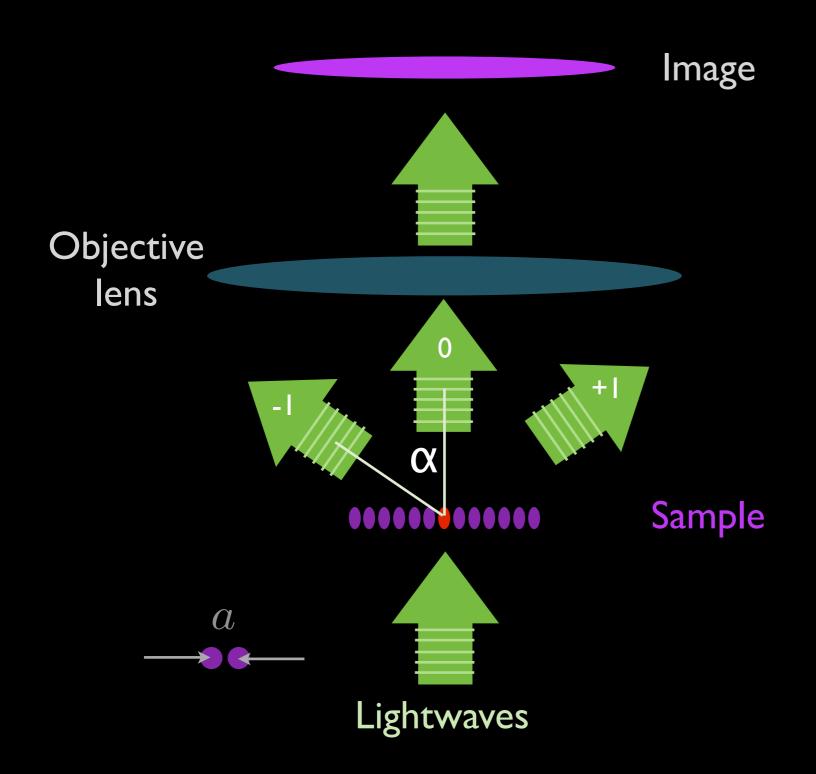


http://de.wikipedia.org/wiki/Ernst_Abbe

The basic principle: Abbe's view



The basic principle: Abbe's view

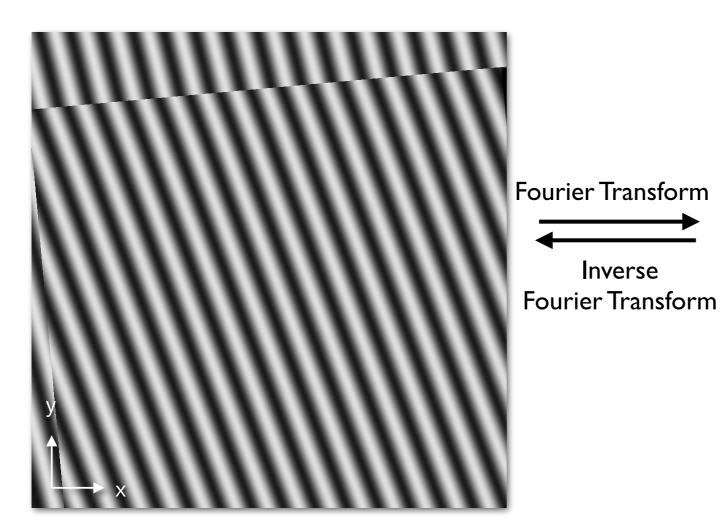


highest frequencies
(biggest α)

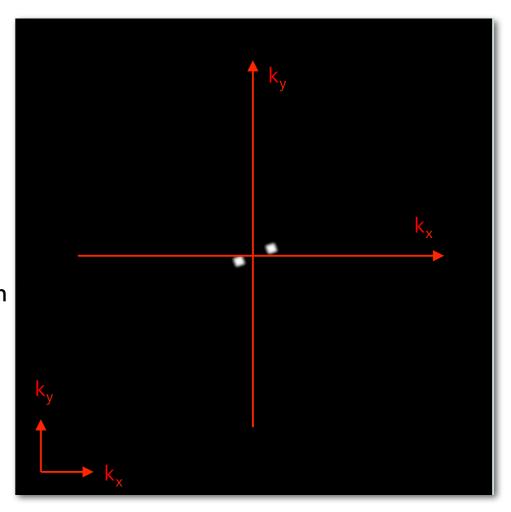
→
smallest structures

Fourier transformation in a nutshell

Real space (xy)



Frequency space (k_x, k_y) (a.k.a. Fourier space, reciprocal space)



Alternative representation of information Low-resolution: near the origin High-resolution: further out

kx, ky: Spatial frequencies, periods/µm

Image = superimposed periodicities

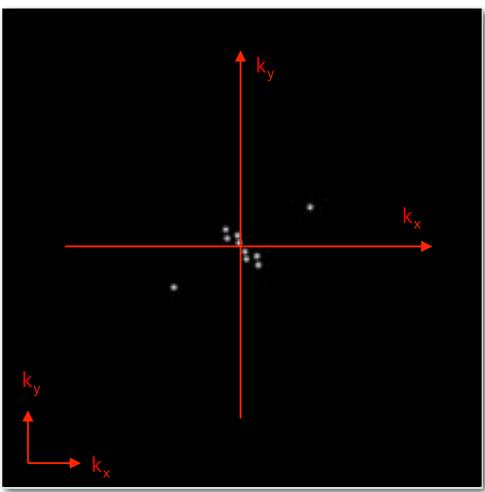
Real space (xy)



Fourier Transform

Inverse Fourier Transform

Frequency space (k_x, k_y) (a.k.a. Fourier space, reciprocal space)



Alternative representation of information Low-resolution: near the origin High-resolution: farther out

kx, ky: Spatial frequencies, periods/µm

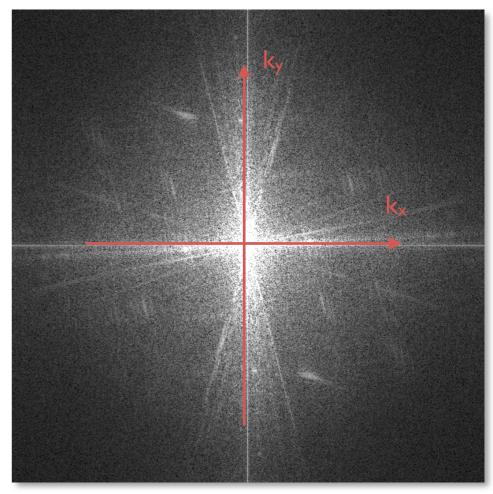
Image = superimposed periodicities

Real space (xy)



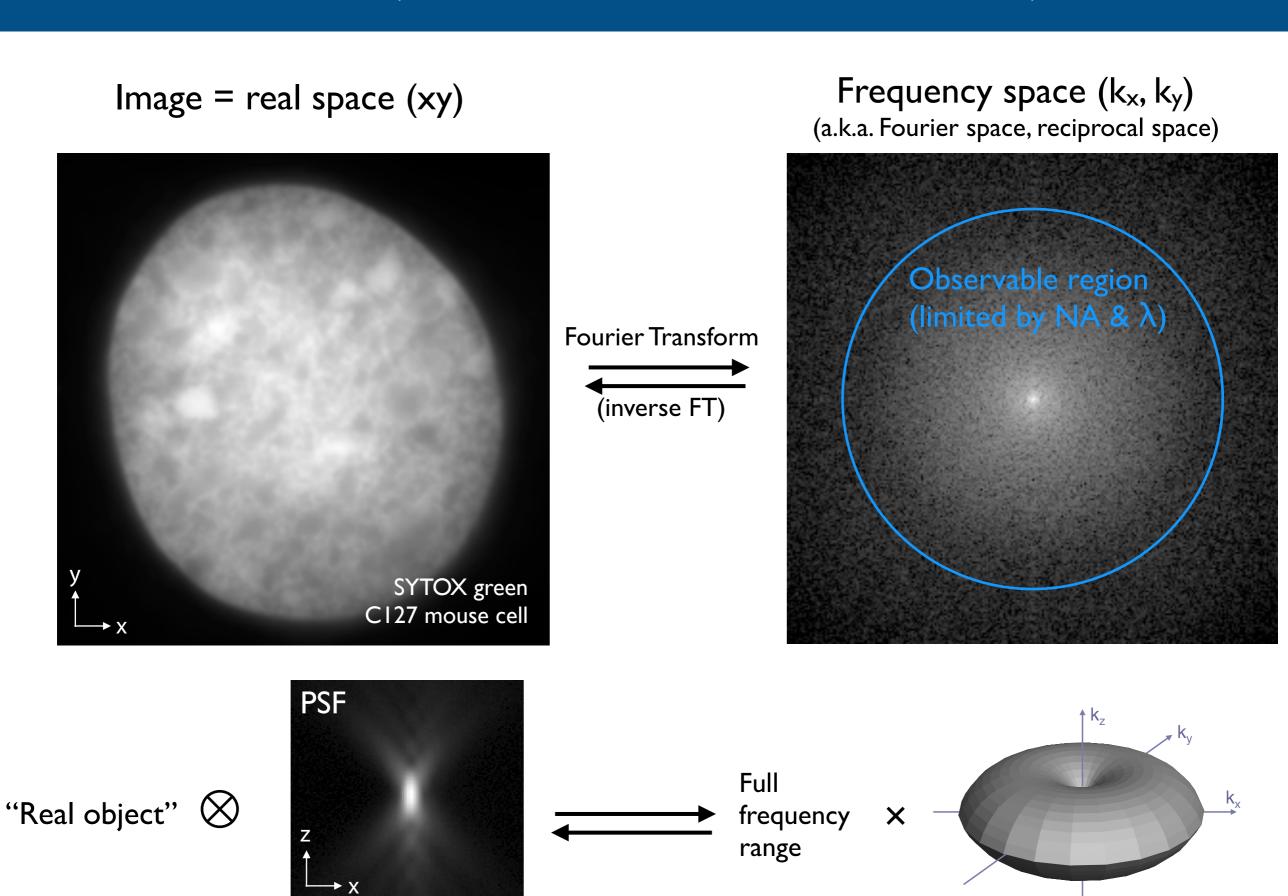
Inverse Fourier Transform

Frequency space (k_x, k_y) (a.k.a. Fourier space, reciprocal space)



Alternative representation of information Low-resolution: near the origin High-resolution: farther out kx, ky: Spatial frequencies, periods/µm

Frequency support in wide-field microscopy



SIM principle: Moiré interference

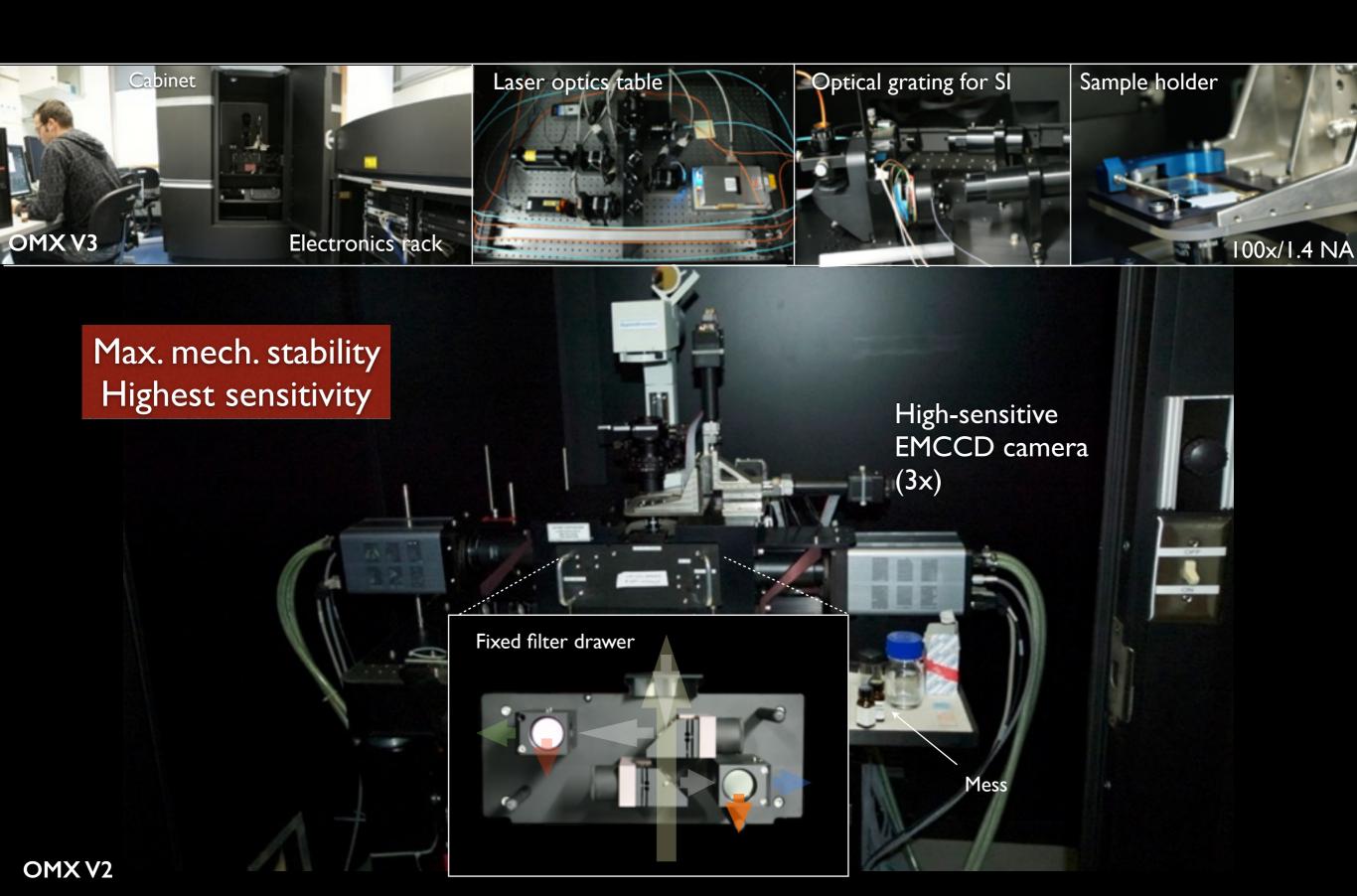


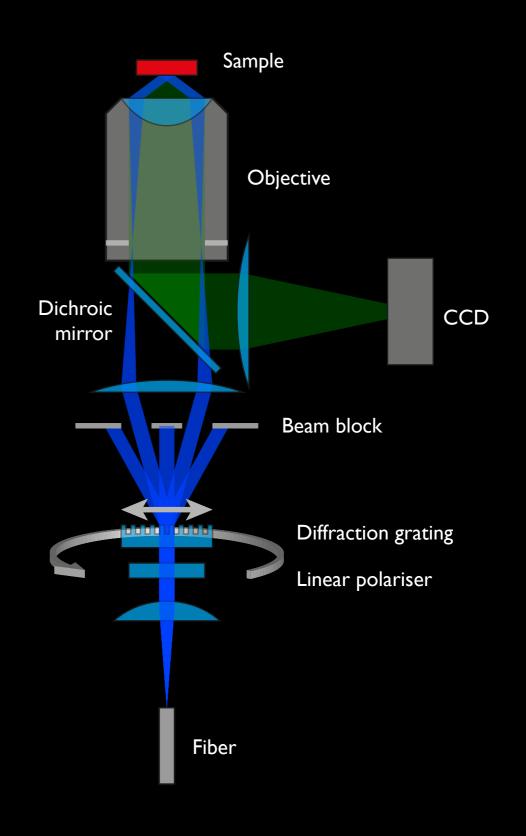
unknown structure

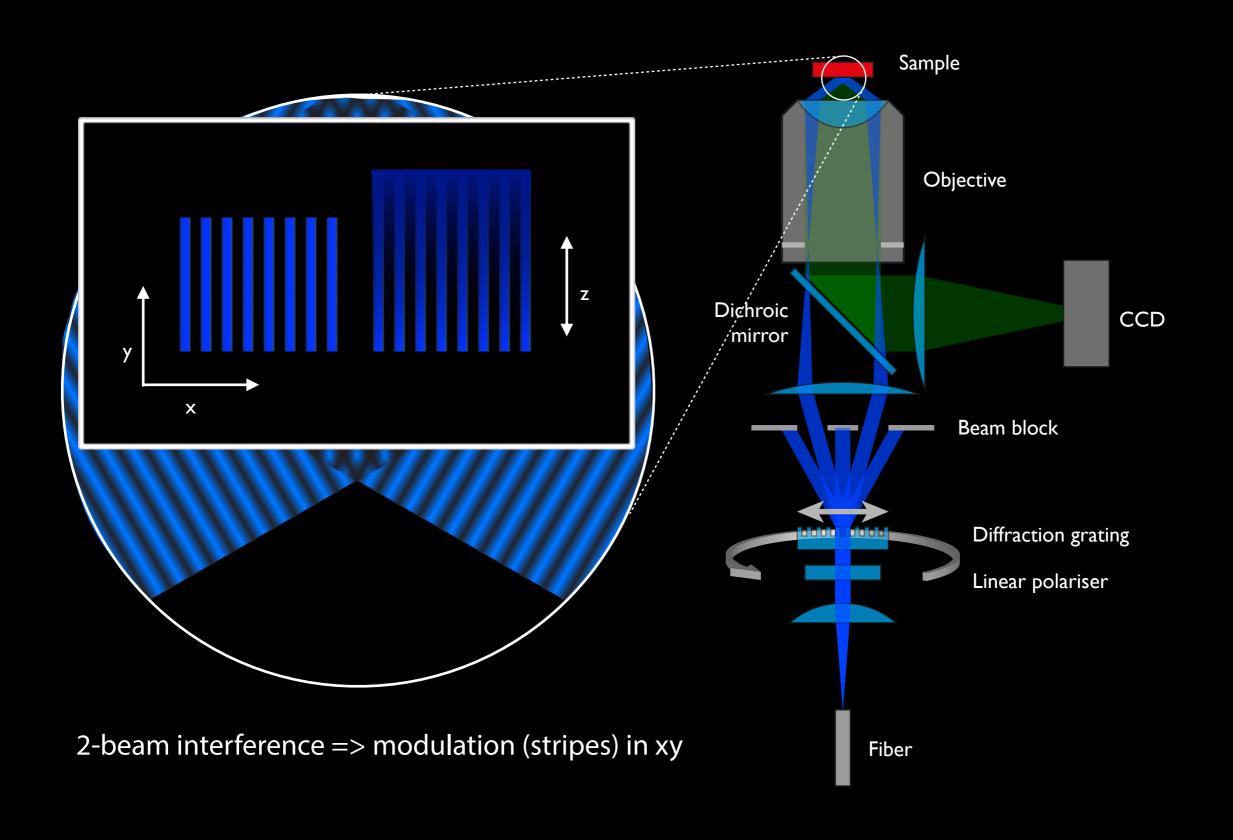
Fourier transform of the measured image

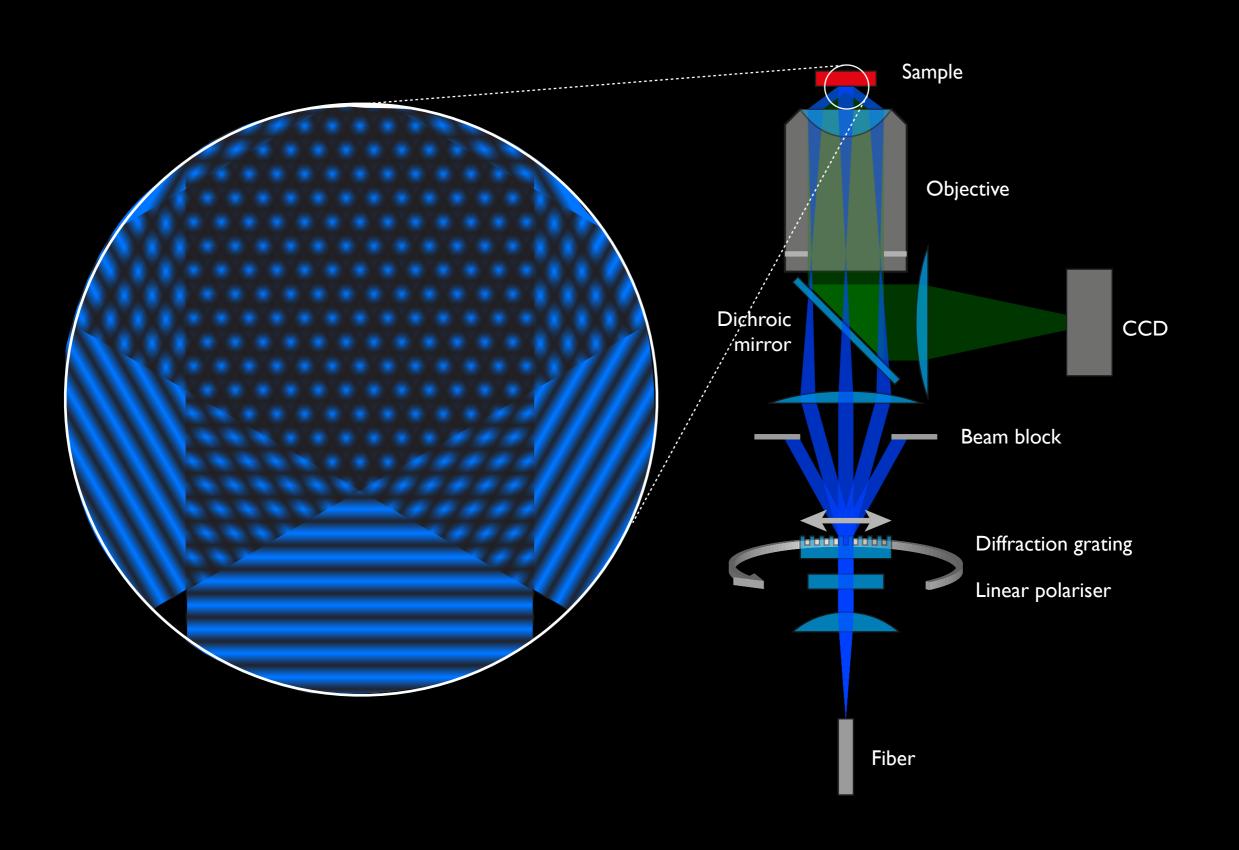
$$F\{f \times g\} = F\{f\} \otimes F\{g\} \longrightarrow F\{f\} = F\{f \times g\} \otimes^{-1} F\{g\}$$
known illumination function

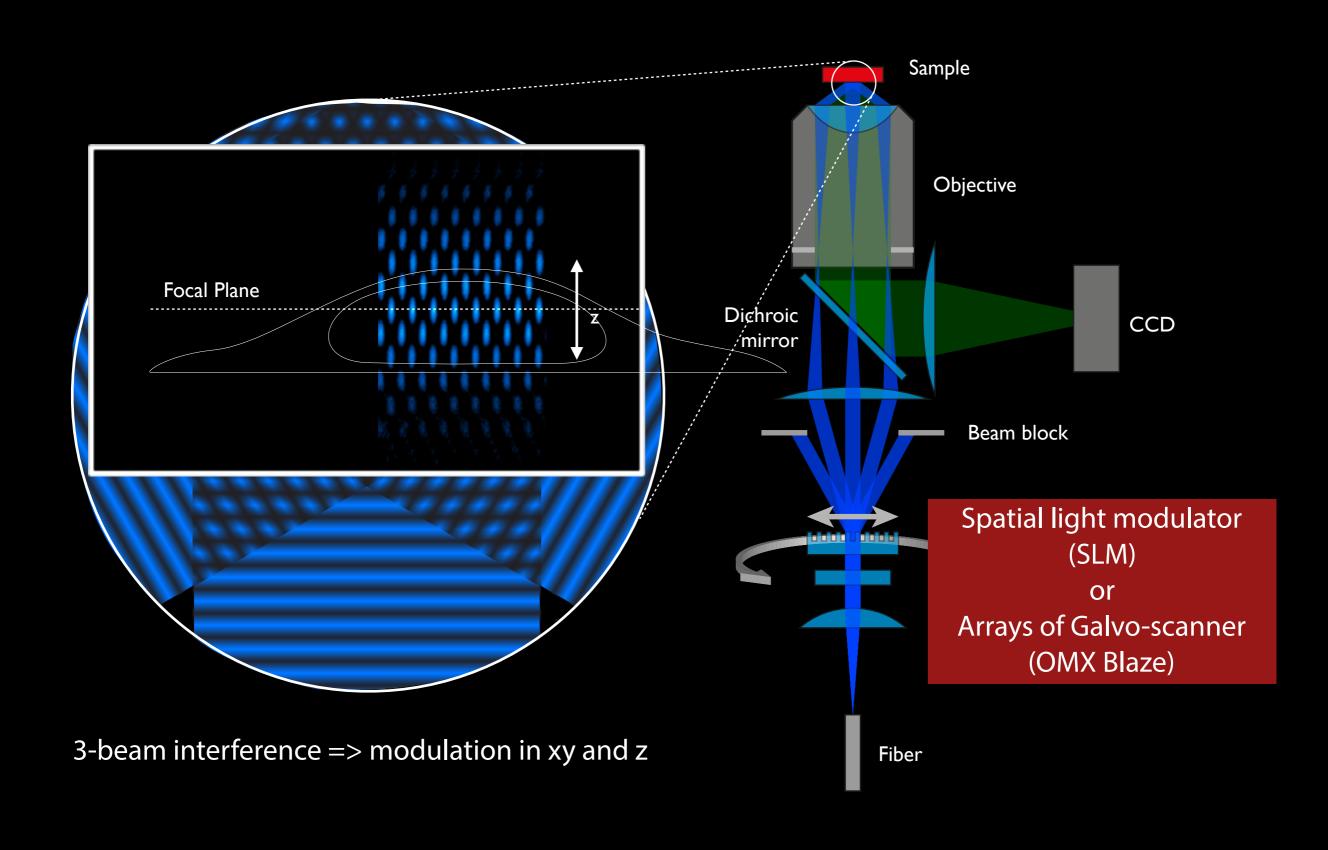
OMX 3D-SIM microscope system



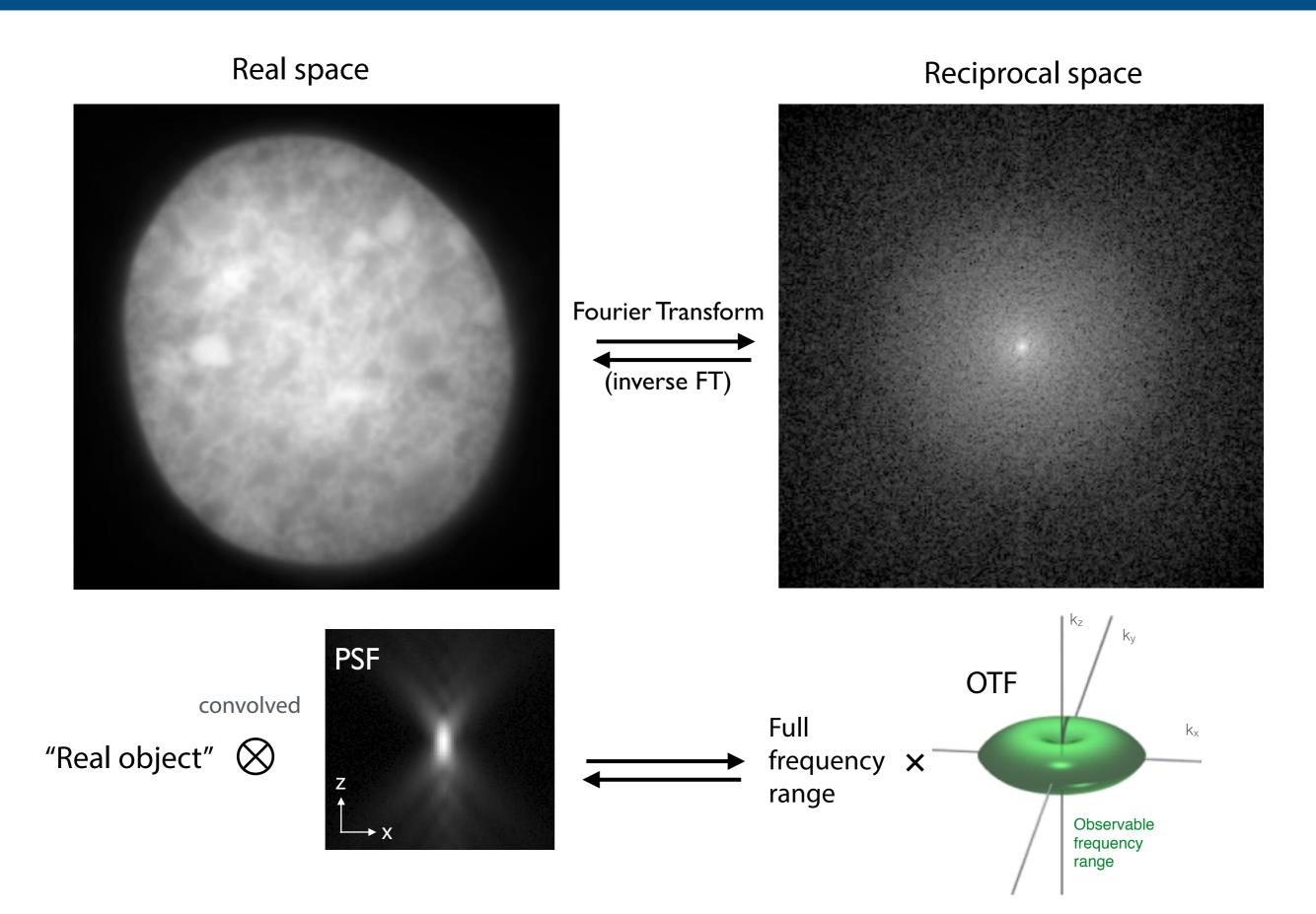




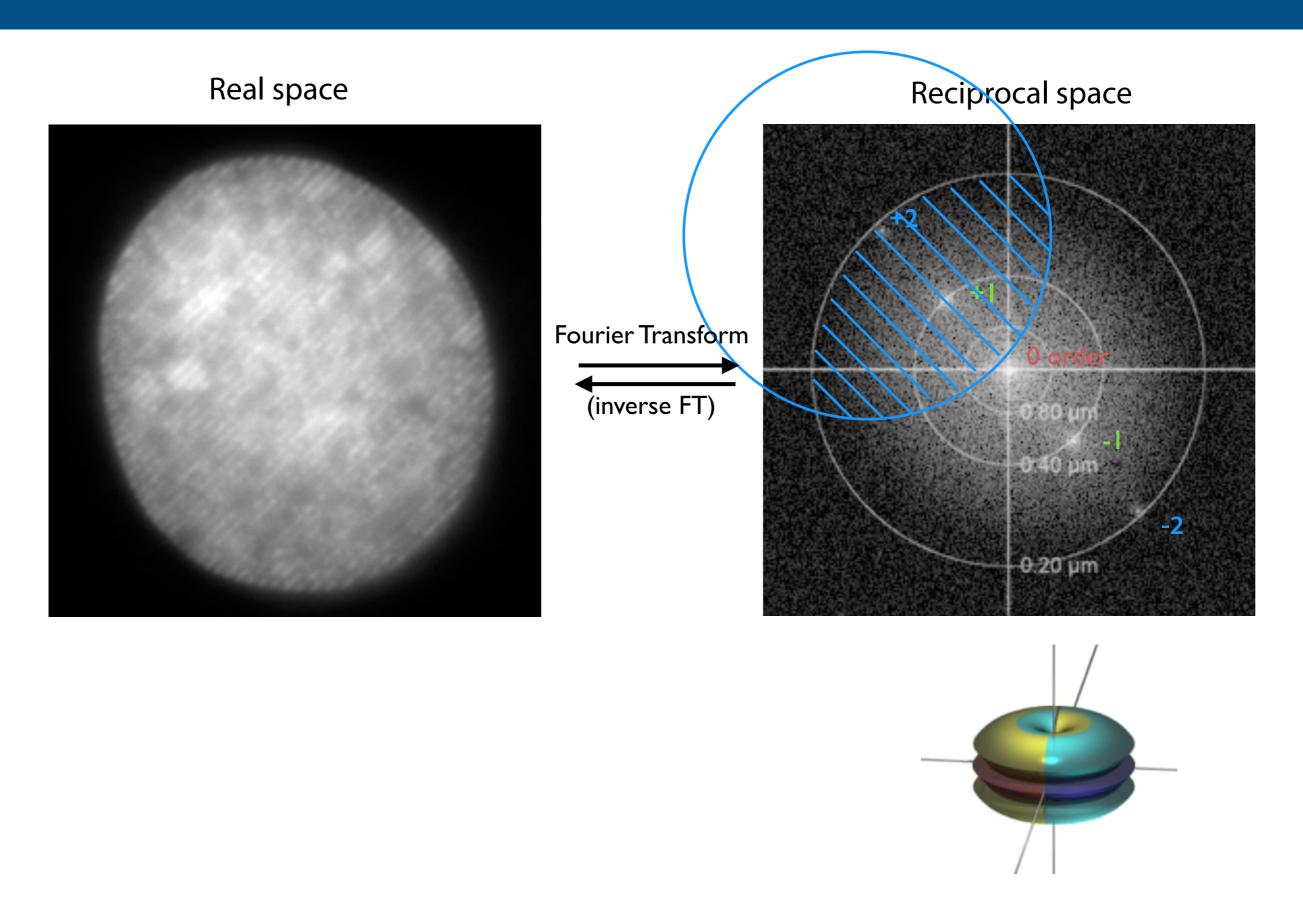




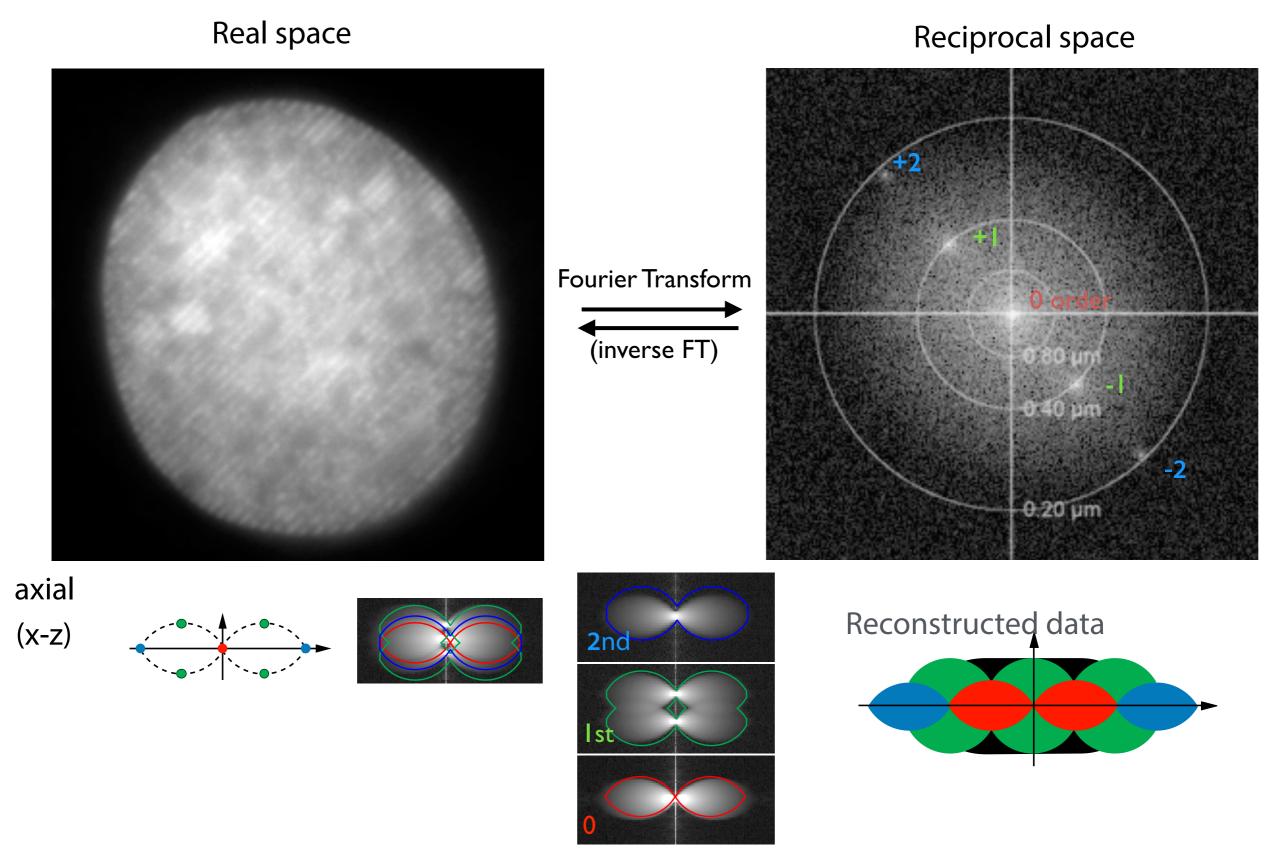
Frequency support in wide-field microscopy



Doubling frequency support in x-y and z



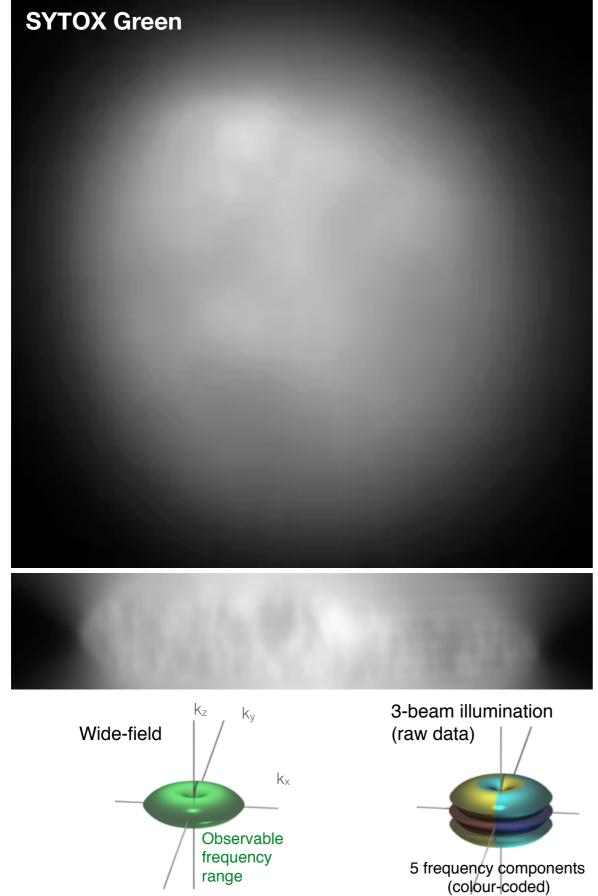
Doubling frequency support in x-y and z

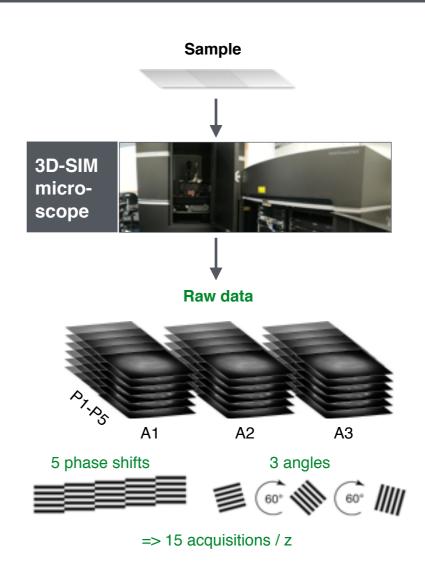


Band separation

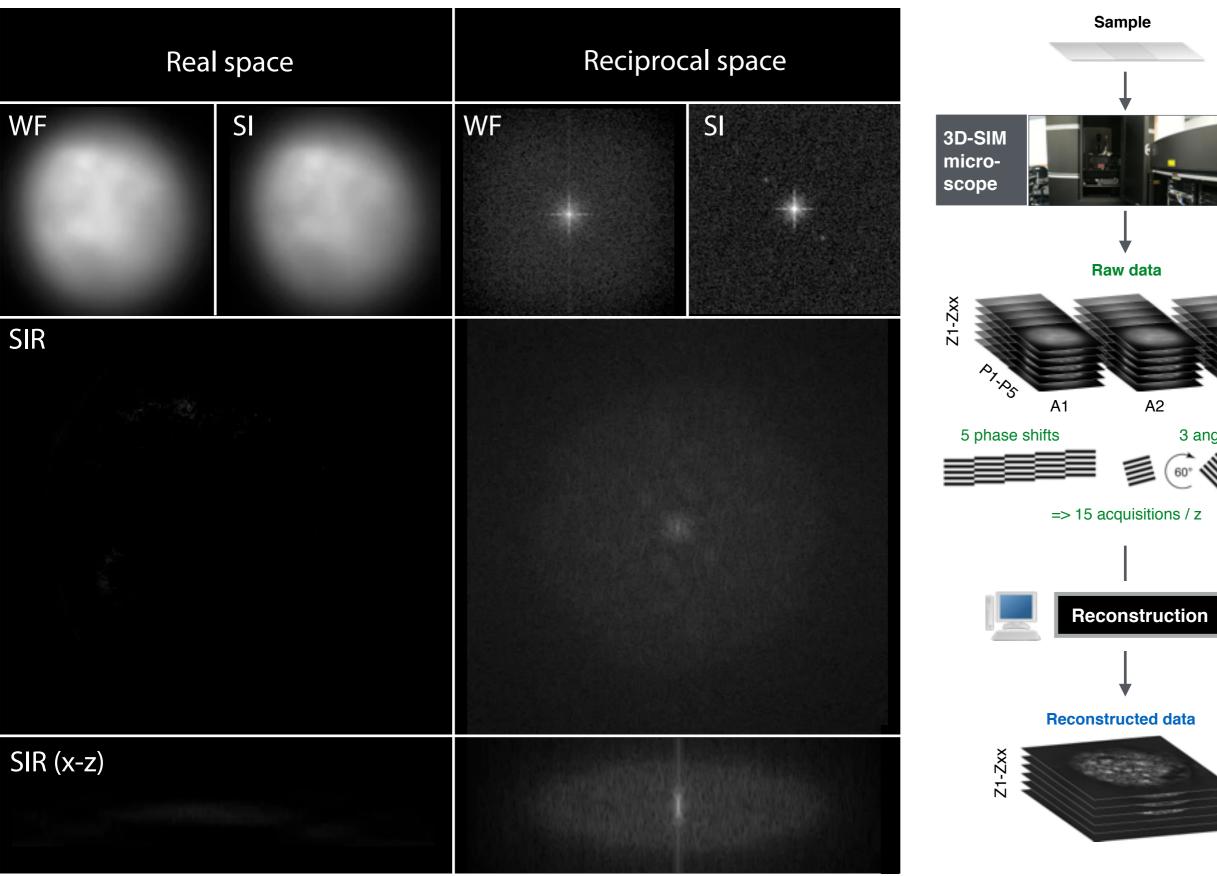
Mouse C127 cell

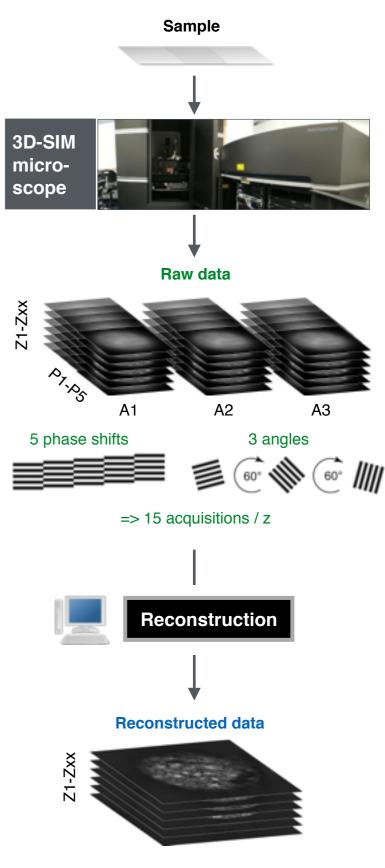
From wide-field to 3D-SIM



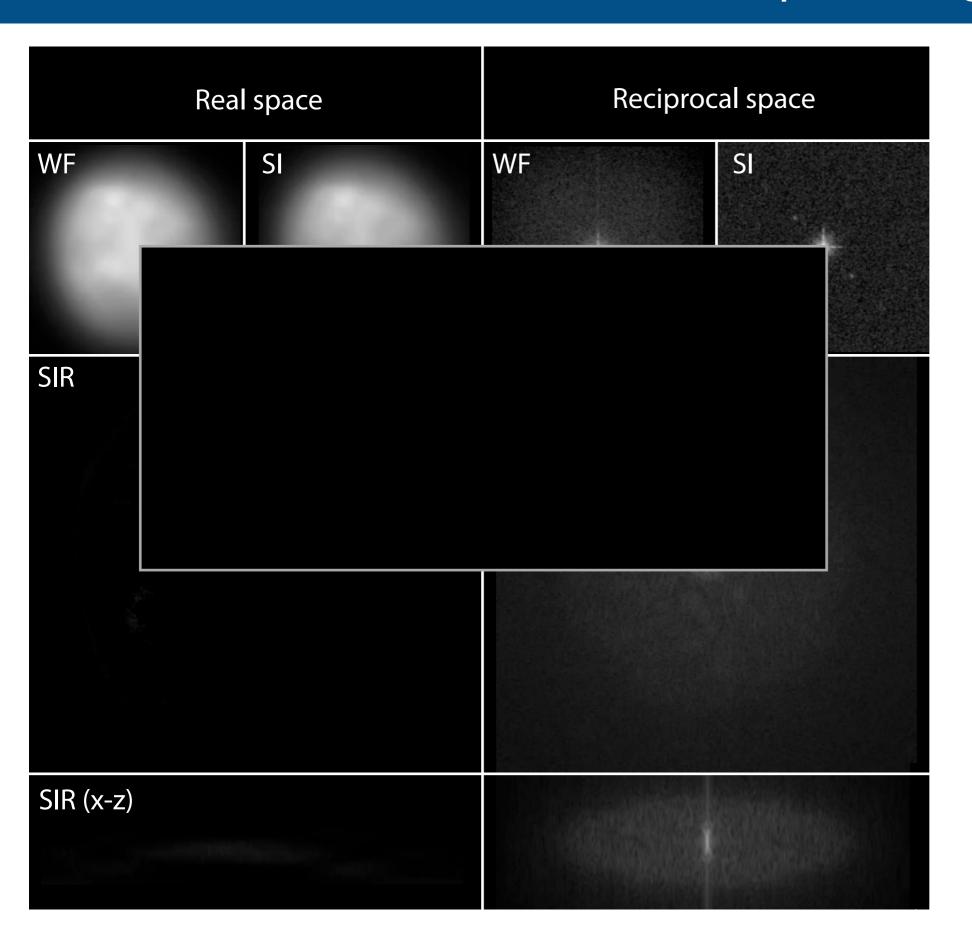


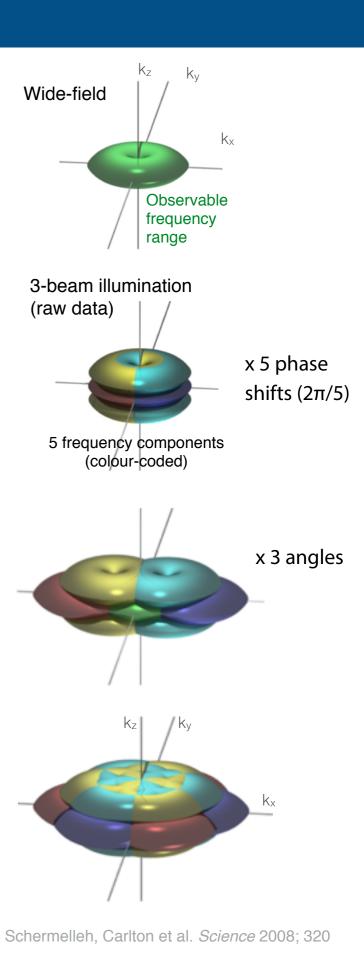
Overview of SIM processing





Overview of SIM processing

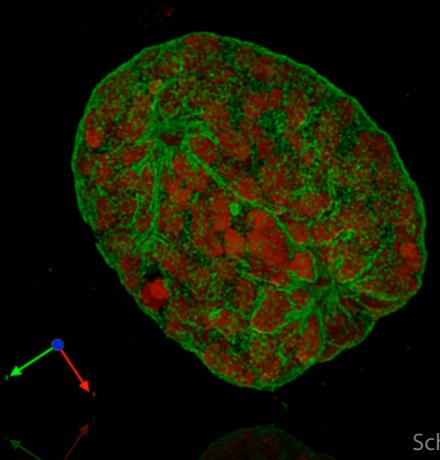




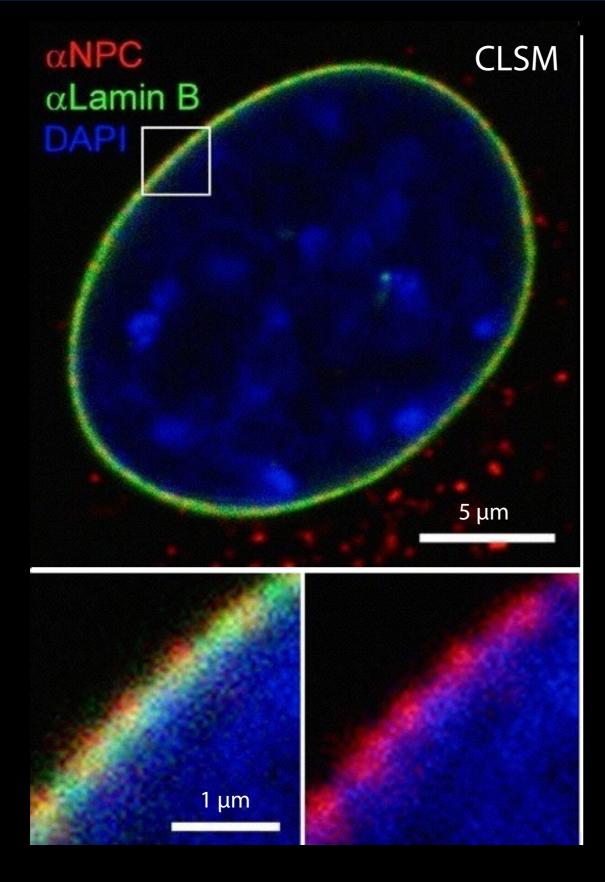
3D-SIM of a prophase nucleus

Lamin B DAPI

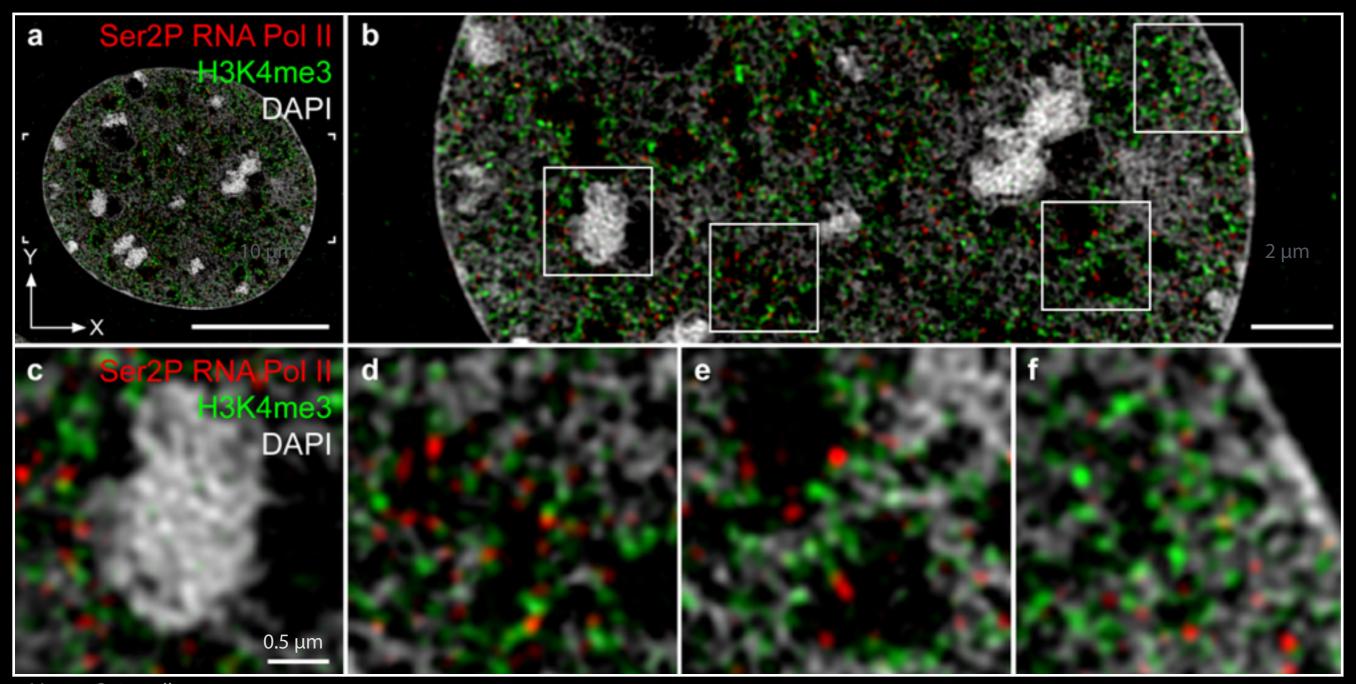
3D volume rendering



3D-SIM resolves chromatin domains and interchromatin channels



Active marker are constrained to chromatin domain boundaries

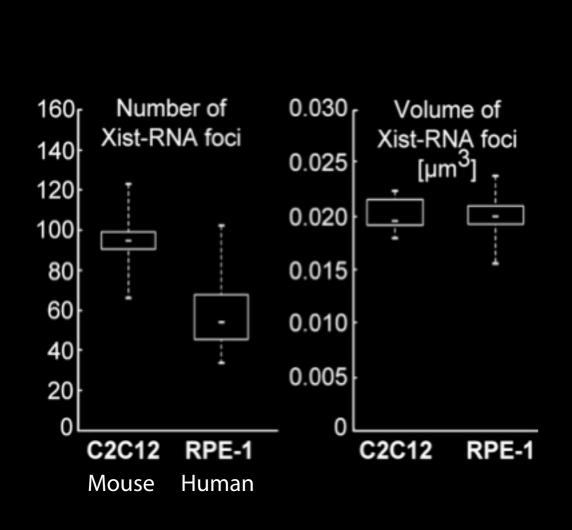


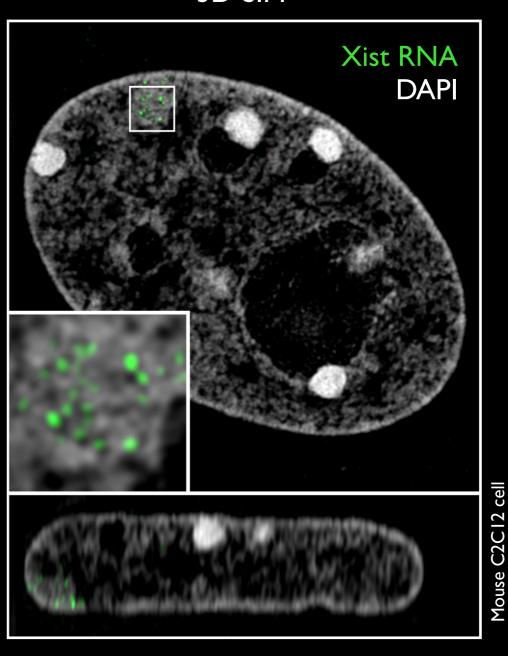
Mouse C127 cell

Markaki et al., 2011, Cold Spring Harb Perspect Biol, 75

Super-resolution topology inactive X-chromosome







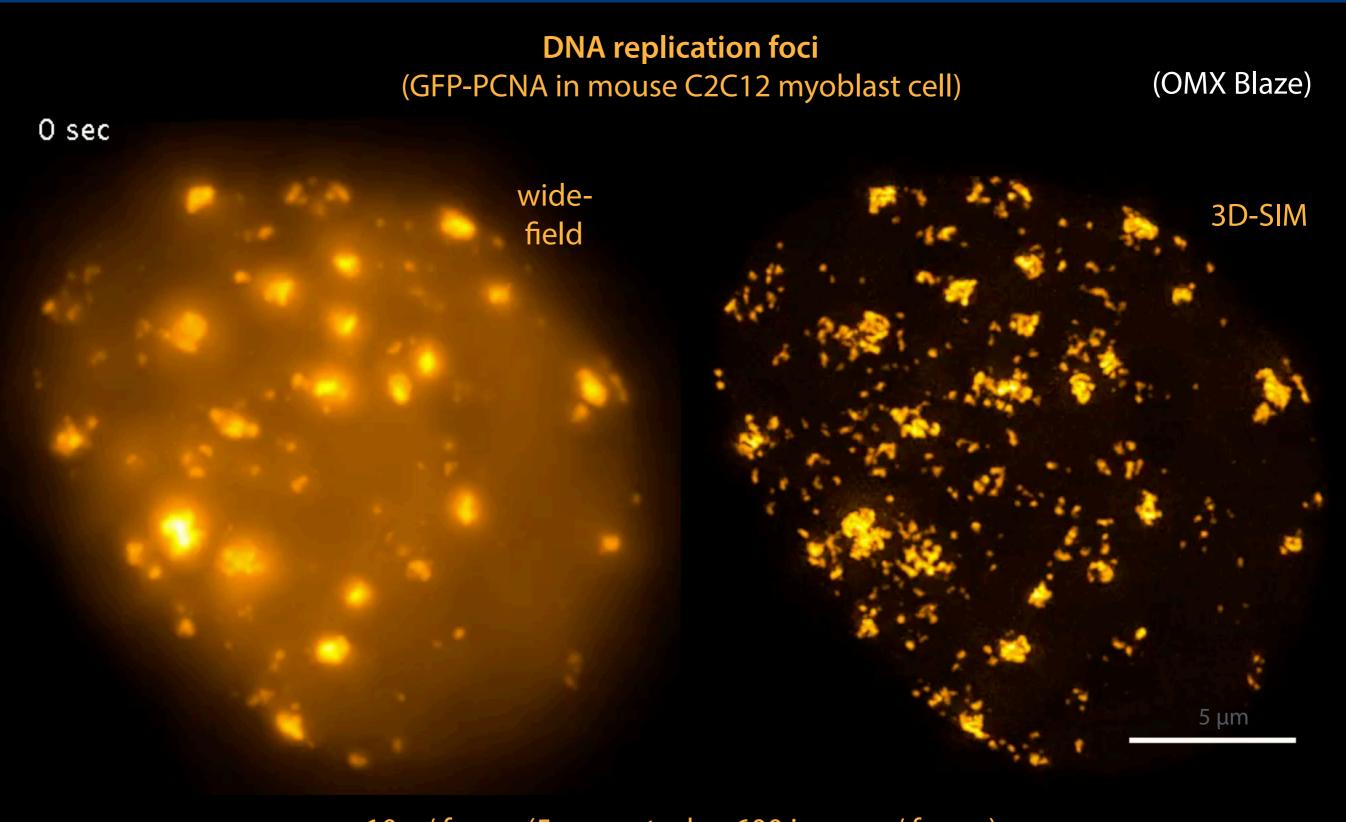
Smeets et al. (2014), Epigenetics & Chromatin

Markaki et al., (2013) Methods Mol Biol

Xist RNA forms distinct domains within the Barr Body Evidence for multimerisation (3-10 Xist RNAs/focus)

Can we go live?

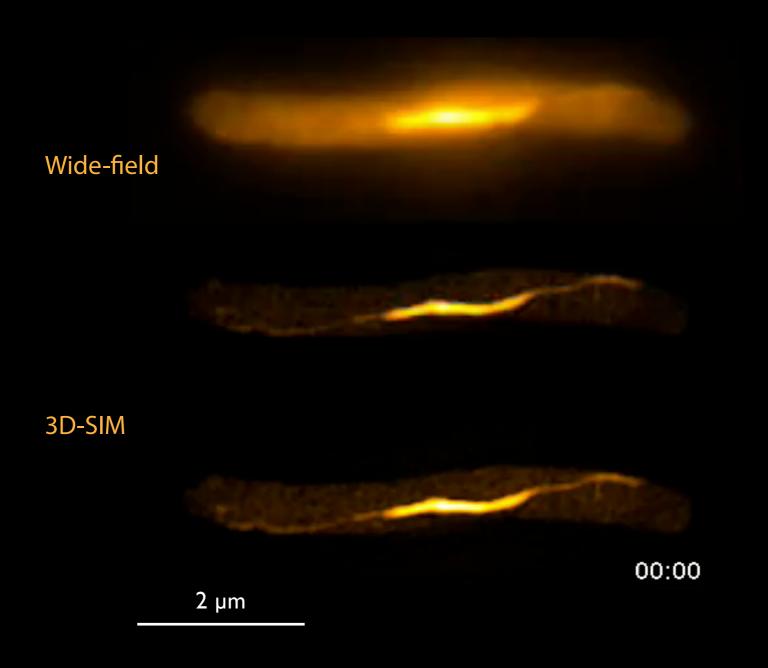
Live cell 3D super-resolution imaging of replication sites



10 s / frame (5 μ m z-stack = 600 images / frame)

Dynamics of RecA in DNA double strand break repair

RecA-GFP in *E.coli* after DSB induction



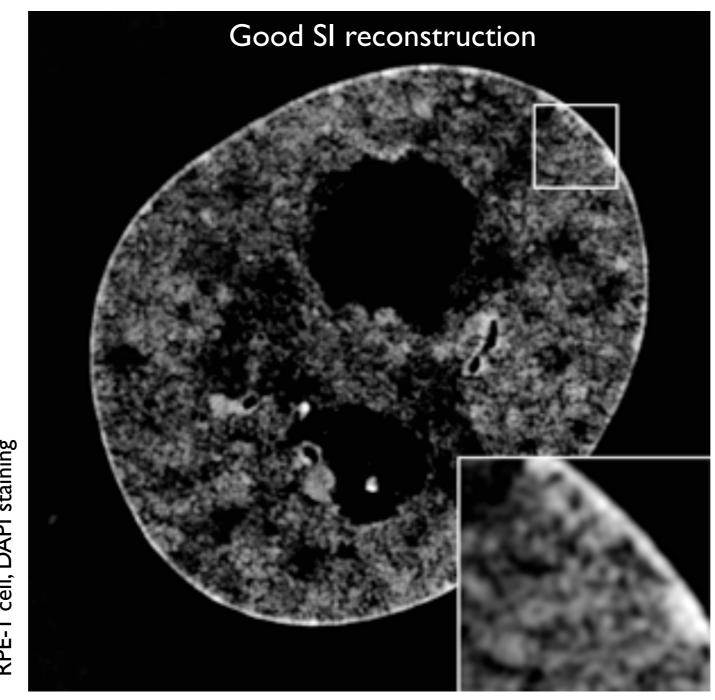
OMX Blaze: 2 s / frame (1.75 μ m z-stack = 225 images, 100 time points)

3D-SIM, just another tool in the repertoire?

It's not that simple!

The untold story

SI reconstruction artifacts



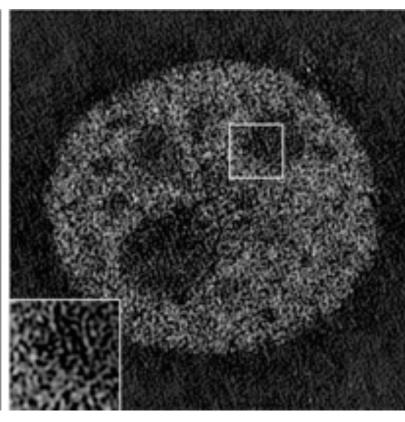
RPE-1 cell, DAPI staining

SI reconstruction artifacts

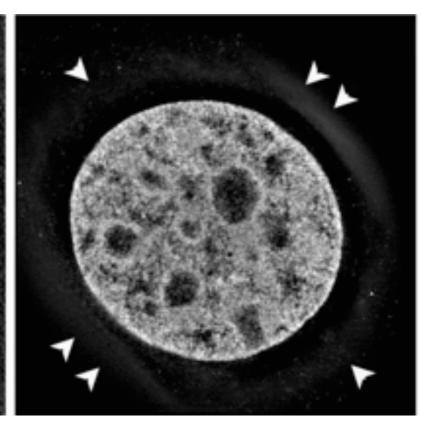
Stripes

HeLa clell nuclei, chromatin staining

High frequency noise



Halo / Doubling

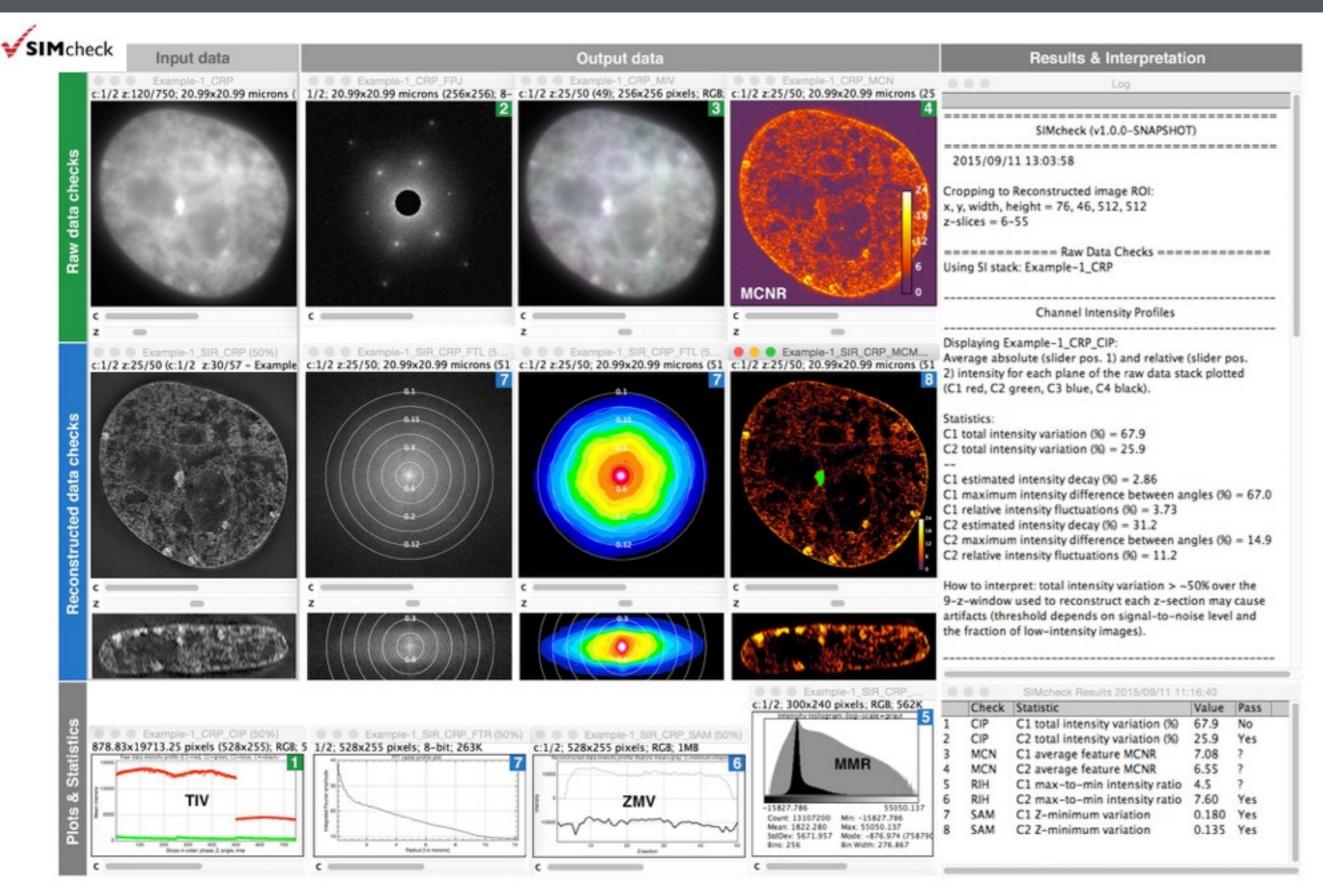


Bleaching,
Drift or vibrations
Moving particles
(locally constrained)

Low contrast-to-noise, Low modulation contrast

Spherical aberration, Refractive index mismatch

SIMcheck - Toolbox for Fiji/ImageJ



3D-SIM workflow: quality is paramount !!!

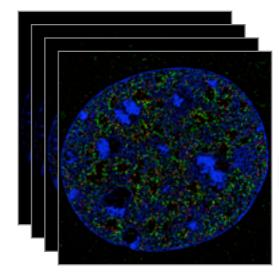
Labelling

- Dyes (spectra, photo-stability)
- Labelling method (FPs, IF, FISH,....)
- Labelling specificity (antibodies)
- Signal-to-noise / background

Microscope

- Mechanical stability
- Photon efficiency
- Modulation contrast / calibration
- Camera: (EM)CCD / sCMOS

Dataset $x, y, z, \lambda,(t)$



Sample

- Optical quality (coverslip, cleanness)
- Refractive index mismatch
- Embedding medium, RI immersion
- Imaging depth

Postprocessing

- PSF/OTF (λ-, depth-, RI-dependent)
- Channel alignment
- Quality control

Quantitative Analysis

- Quality control
- Segmentation
- Co-localisation
- Distances

3D-SIM - pros & cons

- + Multi-color with standard dyes
- + Lateral and axial resolution improvement
- + 3D optical sectioning with enhanced contrast
- + Light dosage lower than other SR-techniques
- + Relative large imaging depth (few 10 μm, w/ Silicon)
- + Sensitivity and speed (OMX Blaze) → live cell imaging
- Only moderate lateral resolution improvement
- Mathematical reconstruction → artifacts
- High requirements on sample quality and system calibration

Context

Versatility

Challenges

