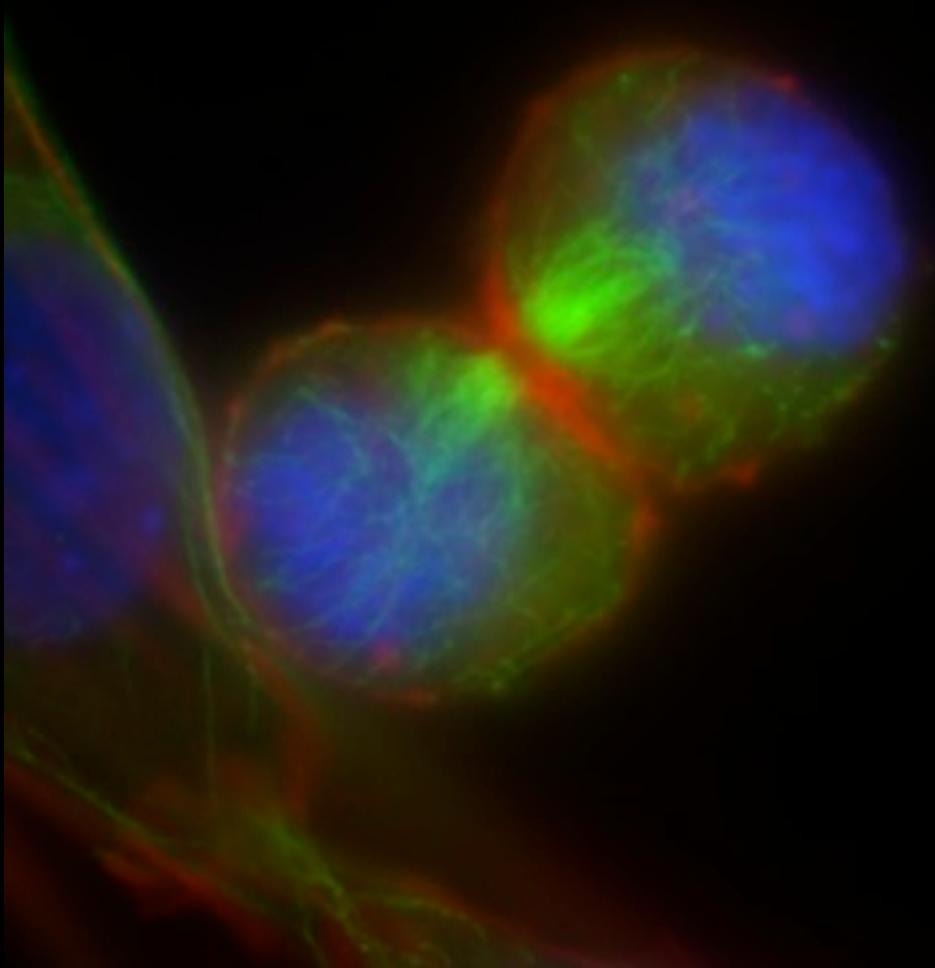


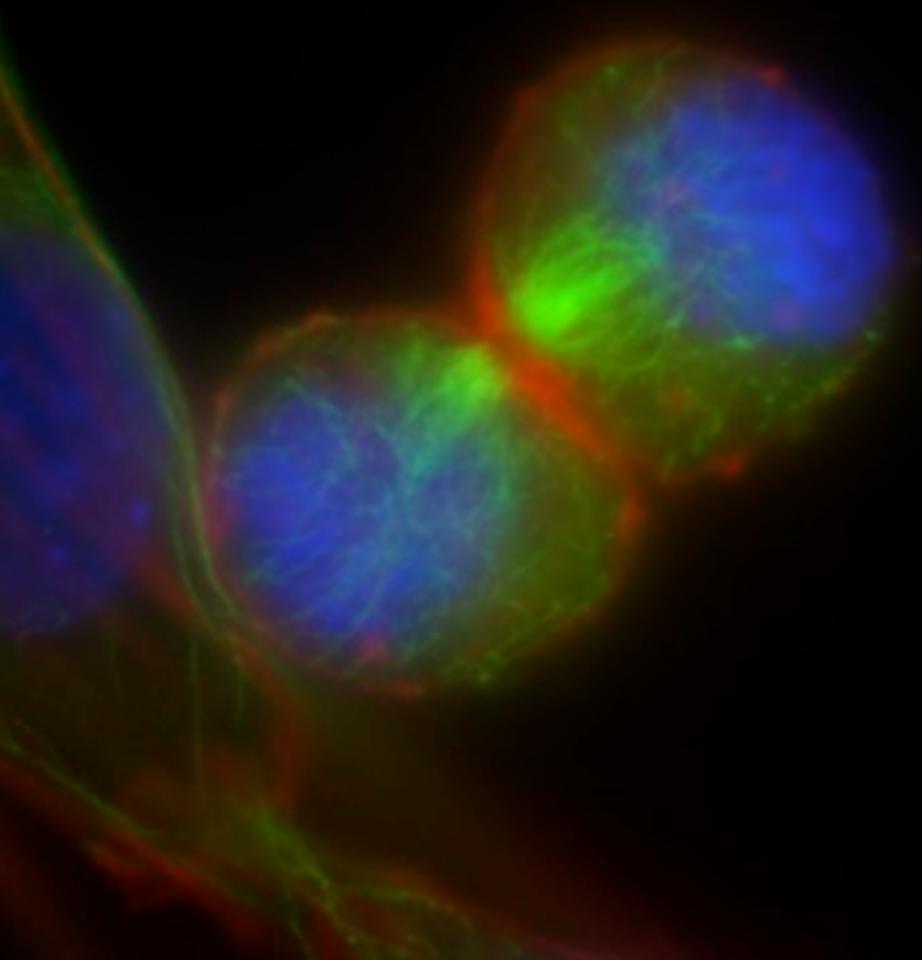
Lecture 13: Super-resolution microscopy



lothar.schermelleh@bioch.ox.ac.uk

Typical widefield image...

Lecture 13: Super-resolution microscopy

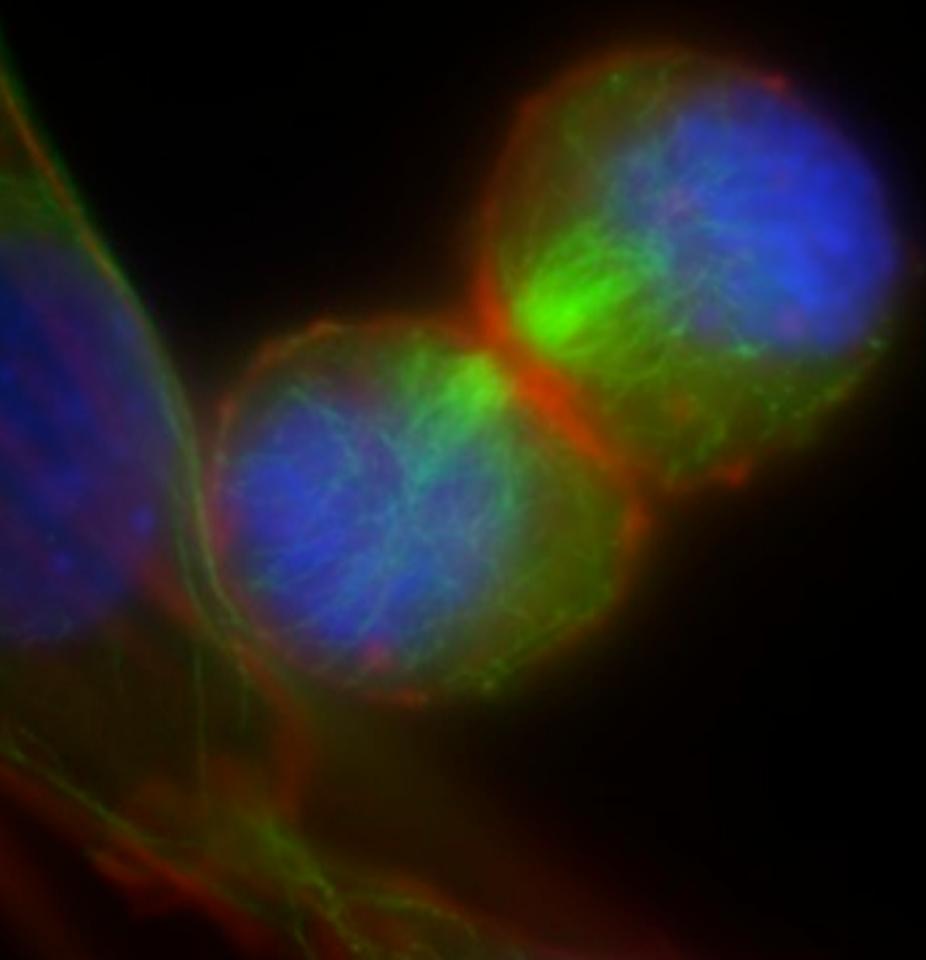


Optical resolution is
diffraction limited!

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Typical widefield image...

Lecture 13: Super-resolution microscopy



Optical resolution is
diffraction limited!

Magnification alone does
not give more details!

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Typical widefield image...

Lecture 13: Super-resolution microscopy

Optical resolution is
diffraction limited!

Magnification alone does
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Typical widefield image...

... a little reminder:

“What determines the resolution of an optical microscope ?”



63x/1.25



100x/1.25



63x/1.4

,,... what objective would you take...“

... a little reminder:

“What determines the resolution of an optical microscope ?”



63x/1.25

€ 5.557,56



100x/1.25

€ 693,68



63x/1.4

€ 6.370,72

,,... what objective would you take...“

,,... a bit more difficult...?“



25x/1.05



40x/1.0



40x/1.1

,,... what objective would you take...“

,,... a bit more difficult...?“



25x/1.05



40x/1.0



40x/1.1

What's the difference in brightness ?

,,... what objective would you take...“

,,... a bit more difficult...?“



25x/1.05

€ 15.000,00



40x/1.0

€ 3.786



40x/1.1

€ 11.110,48

What's the difference in brightness ?

,,... what objective would you take...“

Numerical aperture determines ...

Brightness

$$B = NA^4 / Mag^2 \text{ (epifluorescence)}$$

Lateral Resolution $d_{x,y} = 0.61 \lambda / NA$ (200-300 nm)

Axial Resolution $d_z = 2 \lambda / NA^2$ (500-700 nm)

Numerical aperture determines ...

Brightness	$B = NA^4 / Mag^2$	(epifluorescence)
Lateral Resolution	$d_{x,y} = 0.61 \lambda / NA$	(200-300 nm)
Axial Resolution	$d_z = 2 \lambda / NA^2$	(500-700 nm)

Only applies under optimal conditions! BUT ...

spherical aberrations
chromatic aberrations
straylight
out-of-focus blur
noise
sample

...

Effective resolution is worse!
(max. 250 nm lateral and $\leq 1 \mu\text{m}$ axial)

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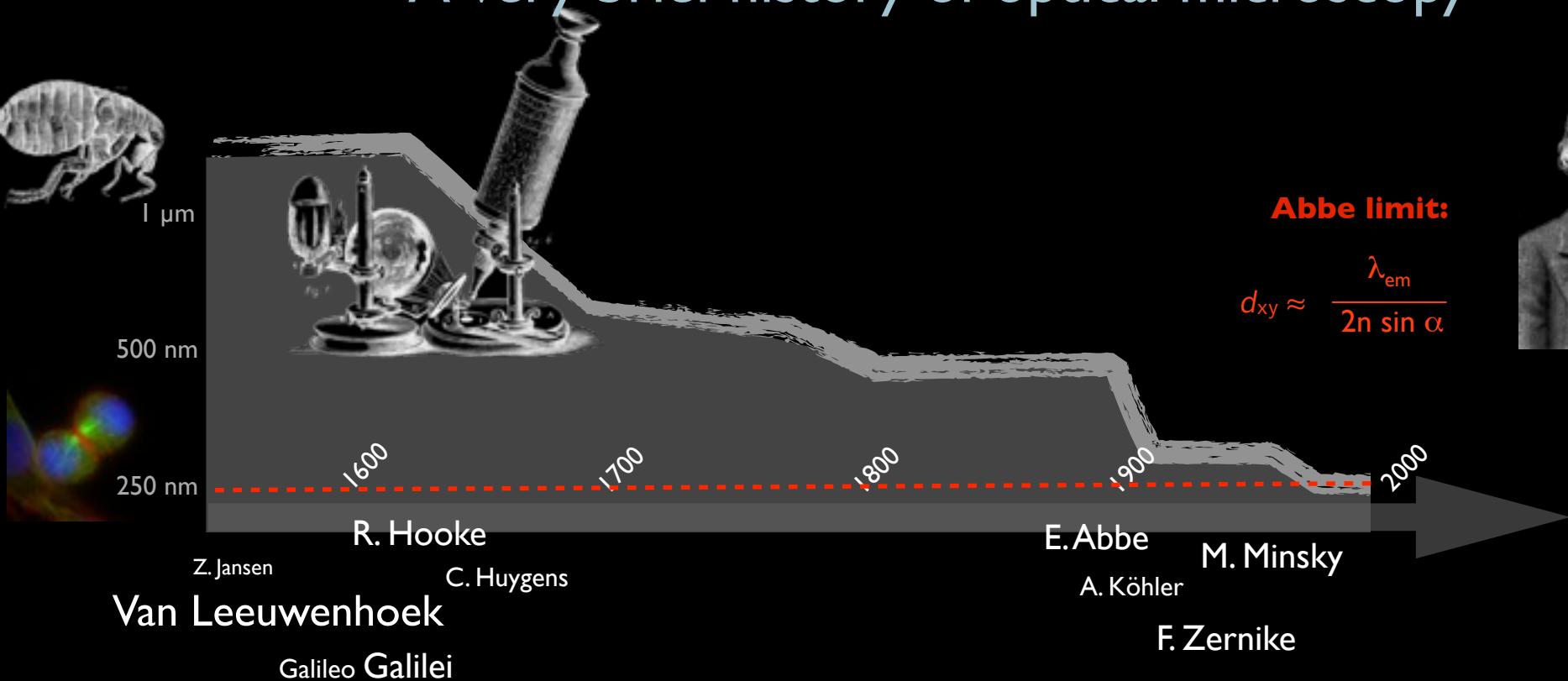
spherical aberrations
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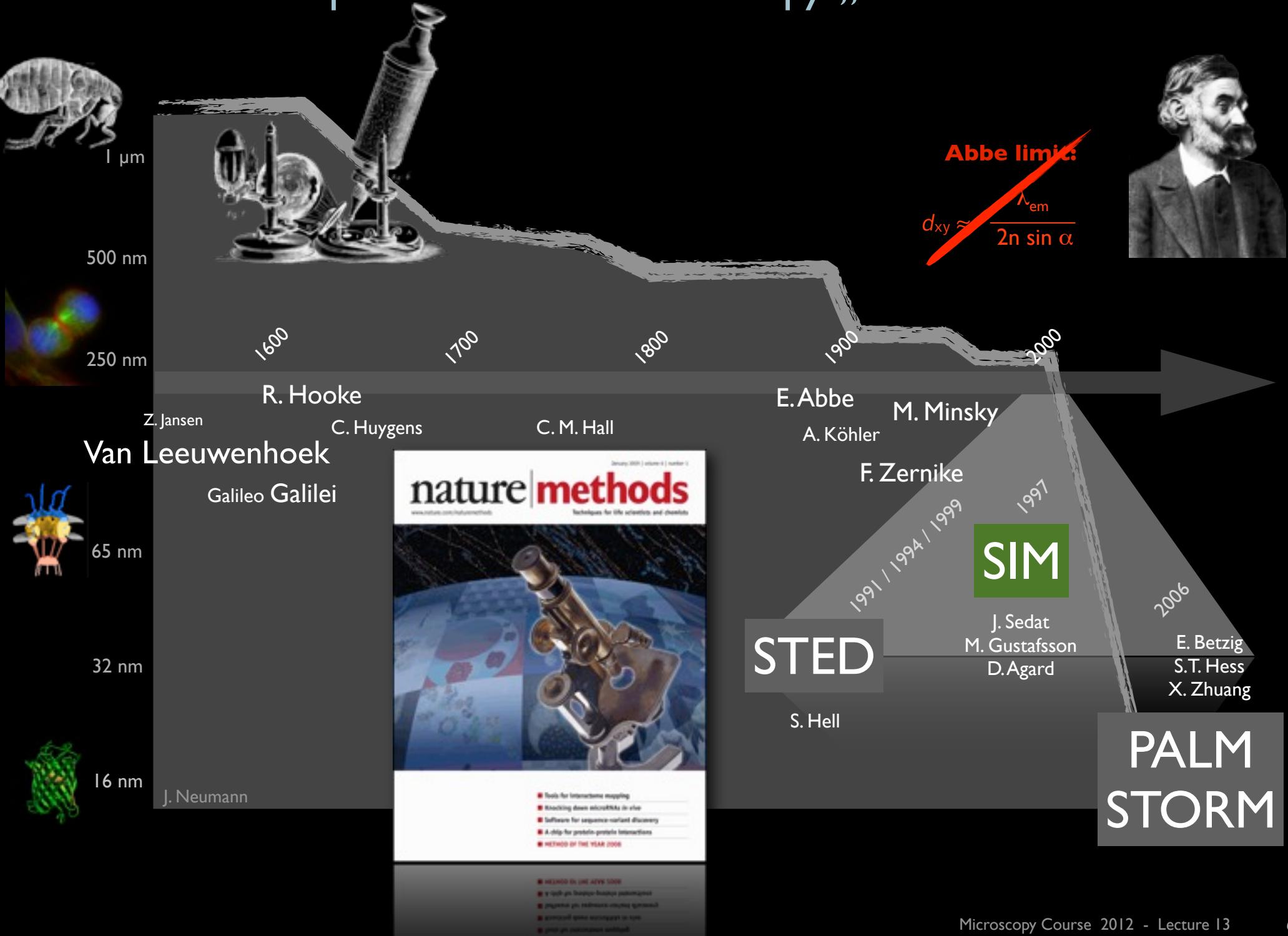
Effective resolution is worse!
(max. 250 nm lateral and $\leq 1 \mu\text{m}$ axial)

...improved to some extent by Confocal LSM or Deconvolution

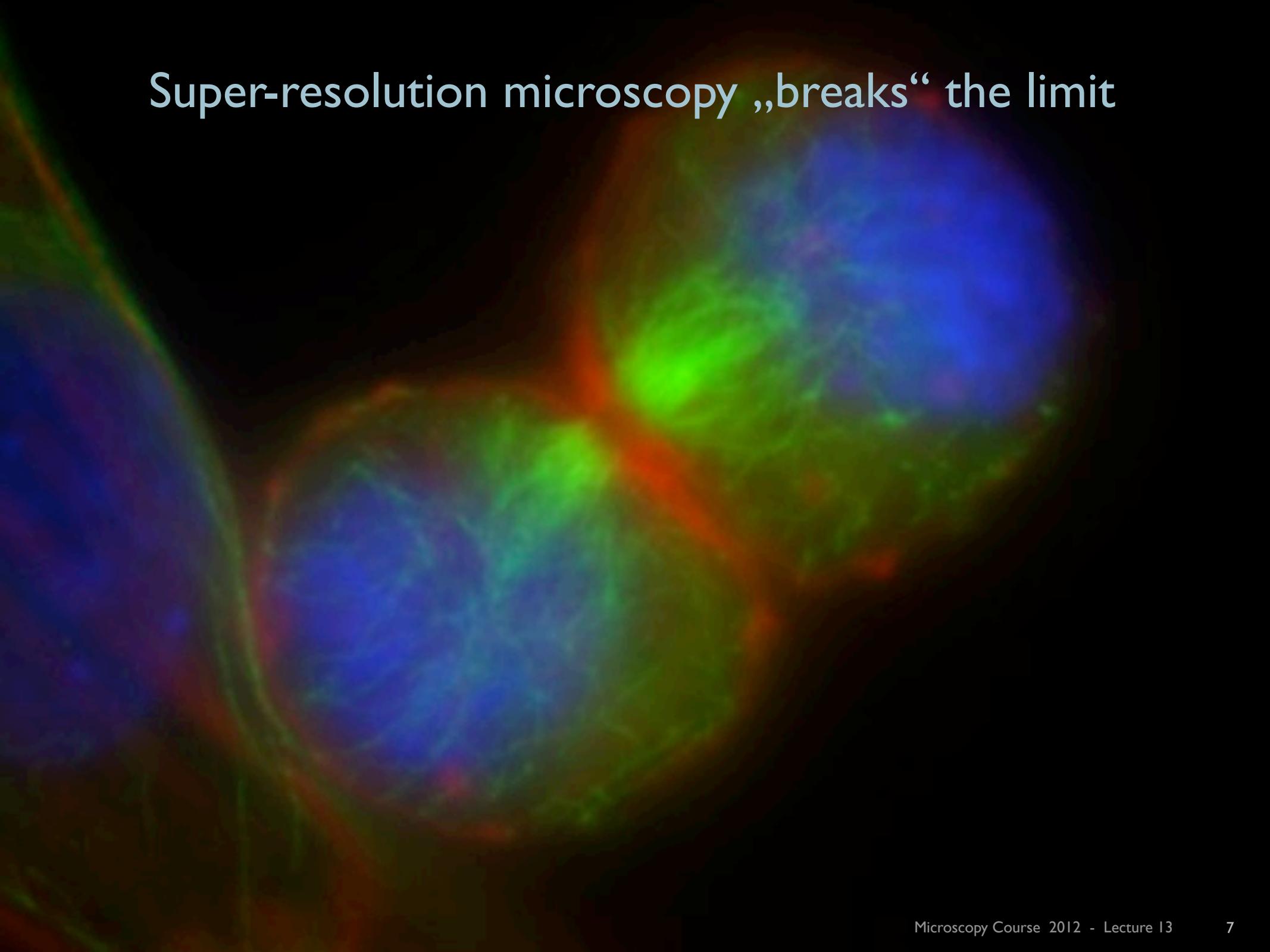
A very brief history of optical microscopy



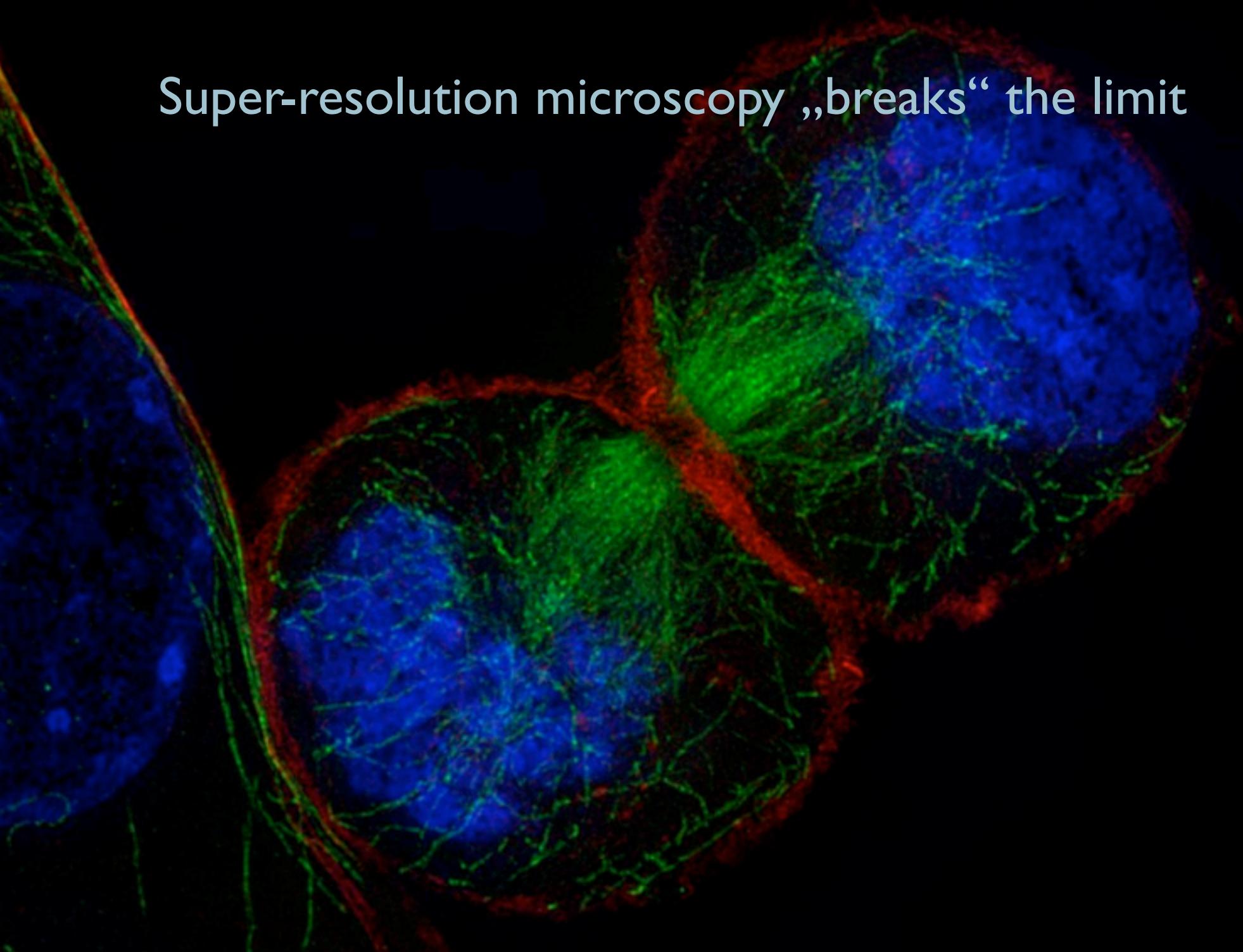
Super-resolution microscopy „breaks“ the limit



Super-resolution microscopy „breaks“ the limit

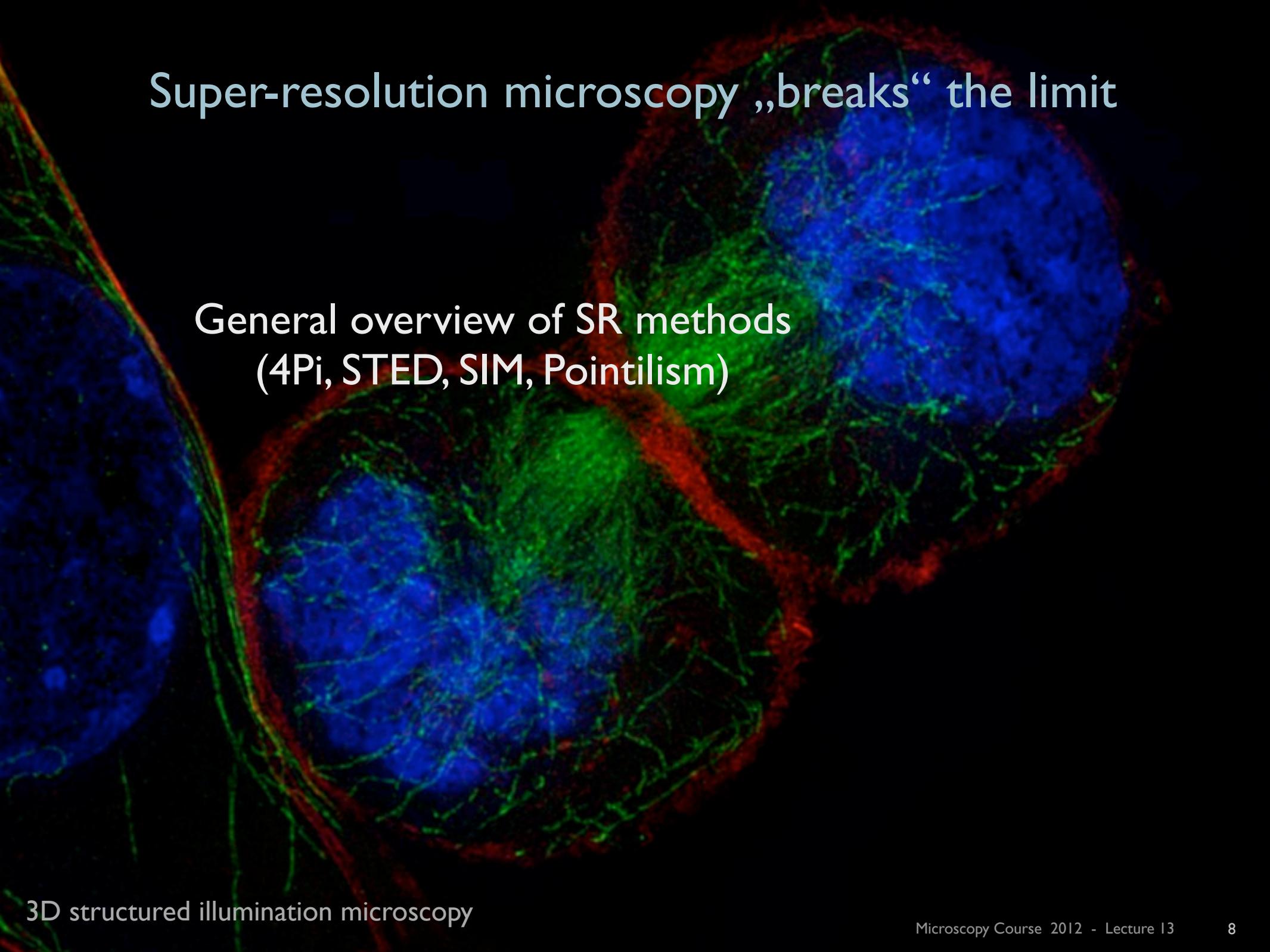


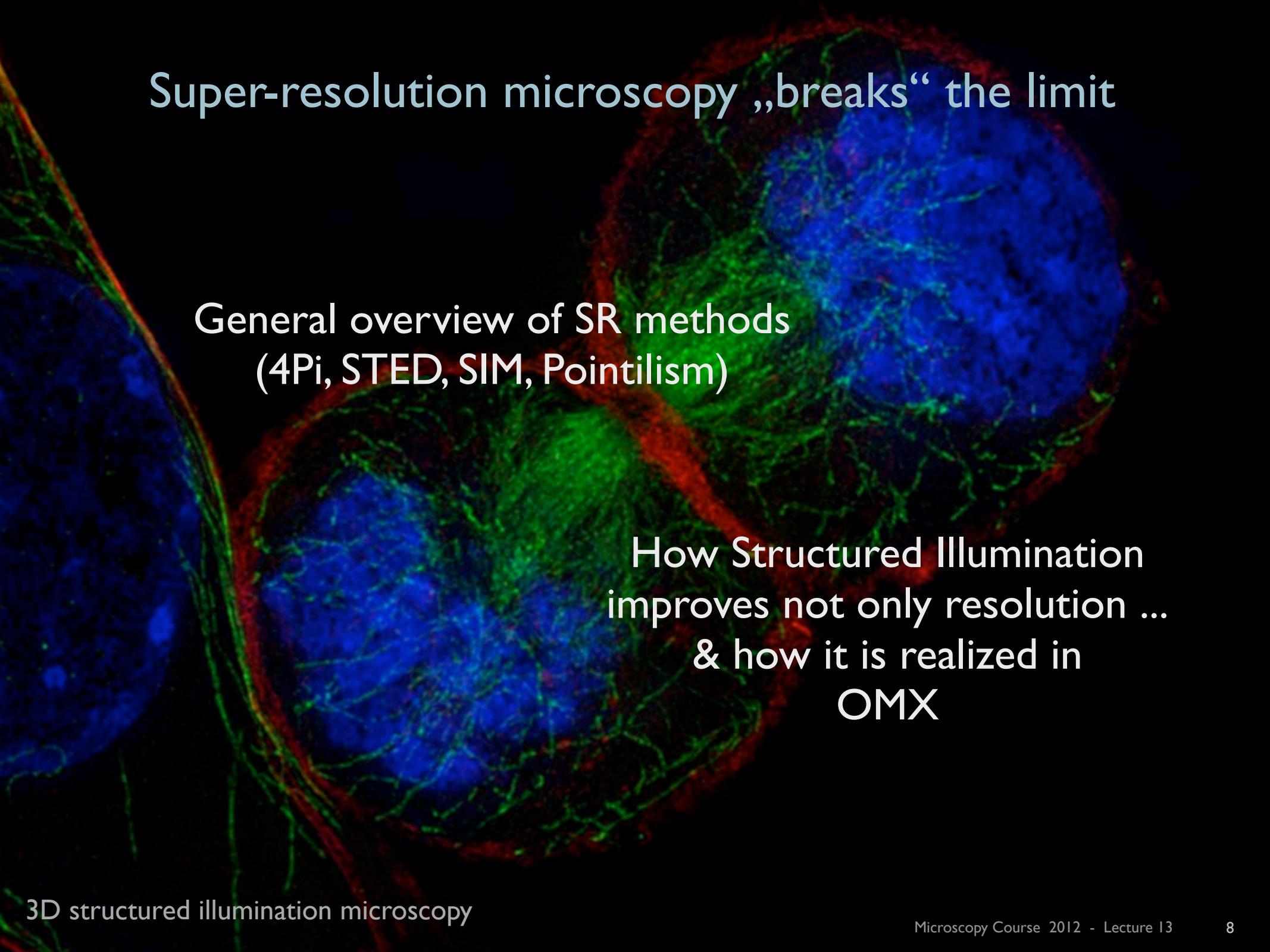
Super-resolution microscopy „breaks“ the limit



Super-resolution microscopy „breaks“ the limit

General overview of SR methods
(4Pi, STED, SIM, Pointilism)





Super-resolution microscopy „breaks“ the limit

General overview of SR methods
(4Pi, STED, SIM, Pointilism)

How Structured Illumination
improves not only resolution ...
& how it is realized in
OMX

Optical super-resolution microscopy methods

Principle	Near-field				Far-field			
	Small aperture scanning (no lens)	Evanescence wave illumination	Wide-field + deconvolution	Confocal laser scanning	Moiré effect with structured illumination	PSF shaping with saturated emission depletion	Photoswitching and localization of single molecules (pointillism)	
Acronym	SNOM/NSOM	TIRFM	CLSM	SIM (HELM, PEM) 3D-SIM	SSIM (SPEM)	STED/CW-STED	PALM/FPALM/STORM/ dSTORM/PALMIRA	
Illumination-emission dependence	Linear	Linear	Linear	Linear	Linear	Non-linear	Non-linear	Linear
Detector	Scanning PMT/APD	Wide-field CCD/CMOS	Wide-field CCD/CMOS	Scanning PMT/APD	Wide-field CCD/CMOS	Wide-field CCD/CMOS	Scanning PMT/APD	Wide-field CCD/CMOS
XY-resolution	20–120 nm	200–300 nm	180–250 nm	180–250 nm	100–130 nm	50 nm	20–100 nm	20–50 nm
Z-resolution	10 nm (nearfield range)	100 nm (nearfield range)	500–700 nm	500–700 nm	250–350 nm	N.D.	560 nm (CW-STED) to 700 nm (100 nm with z-phase mask)	100 nm (TIRF) 20–30 nm (3D-STORM, TIRF) 75 nm (BP-FPALM, in plane)
Serial z-sectioning	No	No	Yes	Yes	Yes	Yes	Yes	Yes
Z stack range	N.A.	N.A.	100 μm	100 μm	10–20 μm	N.A.	>20 μm	100 nm – few μm (BP-FPALM)
Dyes	Any	Any	Any	Any	Most conventional dyes (photostable)	Dyes require special characteristics	Dyes require special characteristics (CW-STED works with many conventional dyes)	Dyes require special characteristics
Simultaneous colors	2	3	>3	>3	3	1	2	2
Temporal resolution for 512 × 512 image	s-min	ms	ms	ms-s	ms-s	s-min	ms-min	s-min
Energy load/intensity	Low	Low	Low	Medium	Medium	High	Medium-high	Medium-high
Live-cell imaging	Yes	Yes	Yes	Yes	Restricted (2D-TIRF)	No	Restricted	Restricted
Postprocessing required	No	No	Yes	No	Yes 9–25 raw images per slice	Yes ~100 raw images per slice	No	Yes >1,000 raw images per slice
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Dual lens implementation			1P	4Pi	1S		4 Pi-STED/iso-STED	iPALM
Z-resolution			70 nm	80 nm	100 nm		20–100 nm	10 nm (depth ~200 nm)

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Serial z-sectioning Z stack range	No N.A.	No N.A.	Yes 100 µm	Yes 100 µm	Yes 10–20 µm	Yes N.A.	Yes >20 µm	Yes 100 nm – few µm (BP-FPALM)
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Z-resolution			70 nm	80 nm	100 nm		20–100 nm	10 nm (depth ~200 nm)

Optical super-resolution microscopy methods

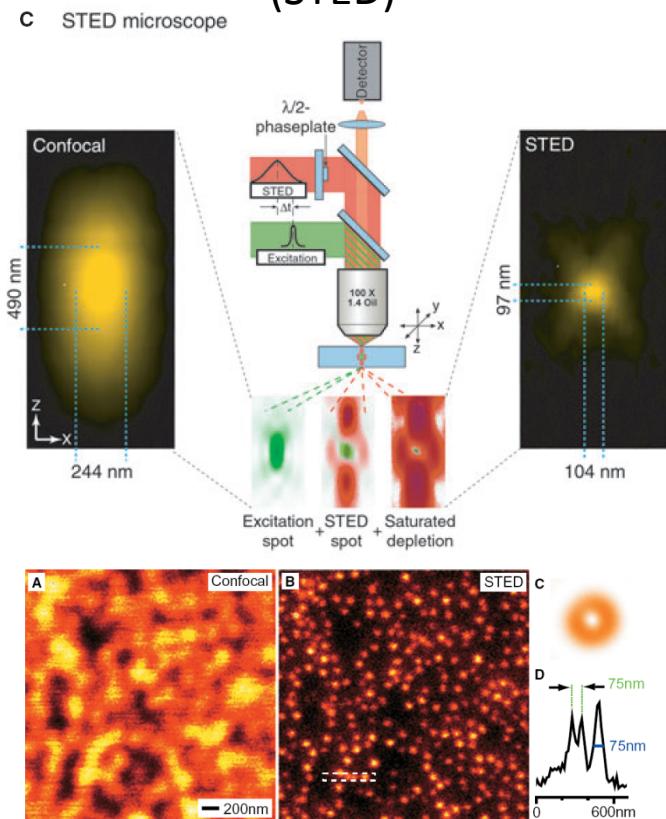
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Z-resolution			70 nm	80 nm	100 nm	20–100 nm		10 nm (depth ~200 nm)

„Gold standard“

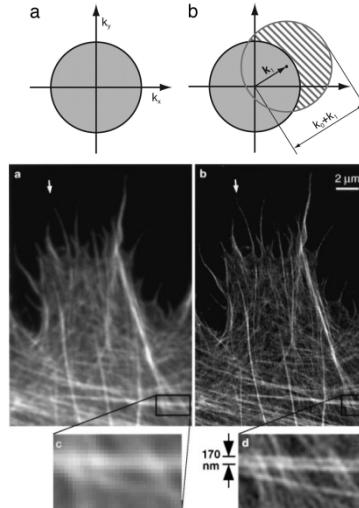
Super-resolution light microscopy: Imaging beyond Abbe's diffraction limit

$$\Delta x, \Delta y = \frac{\lambda}{2n \sin \alpha}$$

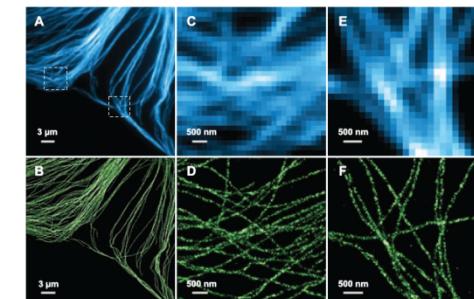
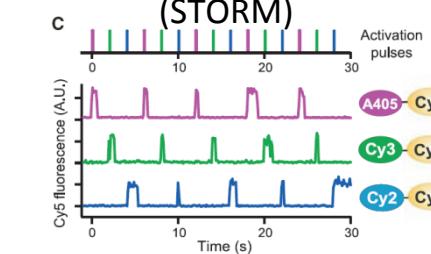
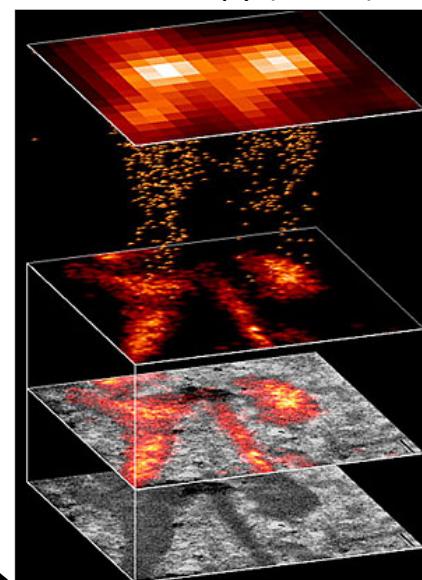
Stimulated emission depletion (STED)



Structured illumination



Localization microscopy (Pointilism) Photoactivation localization microscopy (PALM)



Milestones in super-resolution microscopy

1873: Resolution limit, E Abbe

:

:

:

1992: 4Pi Microscopy, SW Hell, E Stelzer

(1994: STED Microscopy, SW Hell)

1995: i5M Microscopy, M Gustaffson, J Sedat

1998: Diffraction grating, R Heintzmann, C Cremer

2000: STED Microscopy, SW Hell

2000: Structured illumination, M Gustaffson

2006: PALM, E. Betzig, H. Hess

2006: FPALM, S. Hess

2006: STORM, X. Zhuang

2008: 3D SIM, M Gustaffson, J Sedat

2008: 3D STORM, X. Zhuang

2008: Biplane FPALM, S Hess, J Bewersdorf

2008: Nature Methods: Method of the year

2009: 21st Nature Milestone for light microscopy

:

:

:

axial resolution

lateral resolution

3D capability

2003: Leica 4Pi (2P)

2006: Leica TCS STED

2009: DeltaVision OMX 3D-SIM

2009: Zeiss Elyra PALM/SIM

2009: Leica CW STED

2010: Nikon N-SIM/N-STORM

2012: OMX Blaze



4Pi Microscopy

(S. Hell)

- Phase and wave front corrected interferometer to generate counter propagating coherent wavefronts
- Illumination and imaging from both sides,
- Confocal/multiphoton system for image acquisition

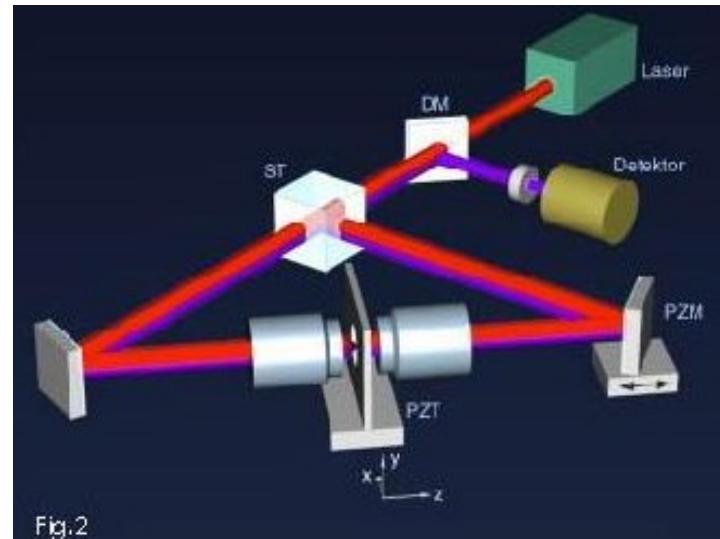


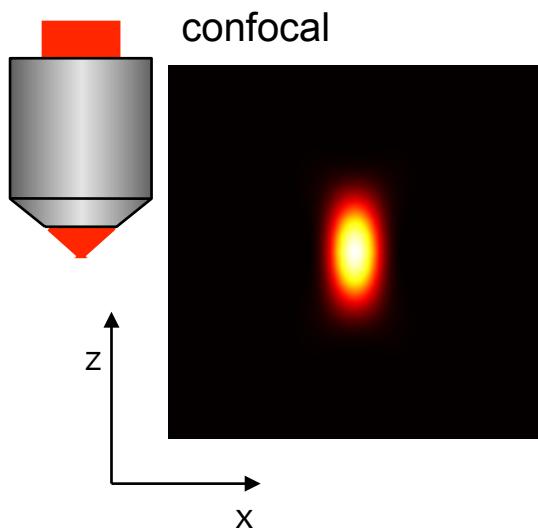
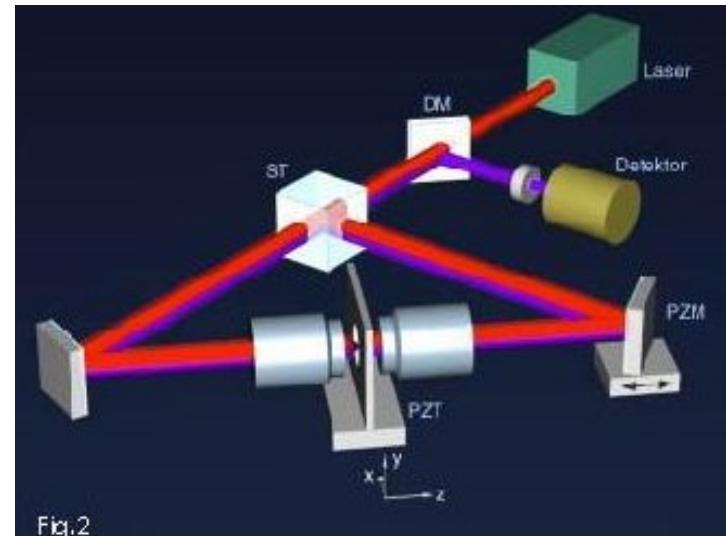
Fig.2

4Pi Microscopy



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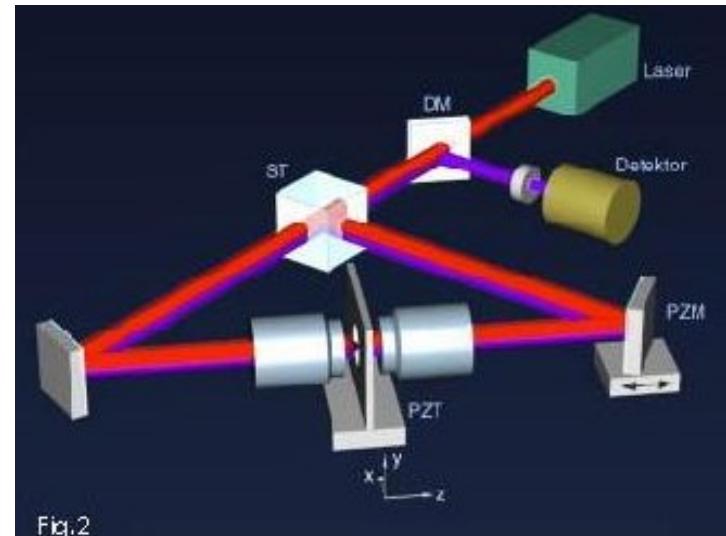
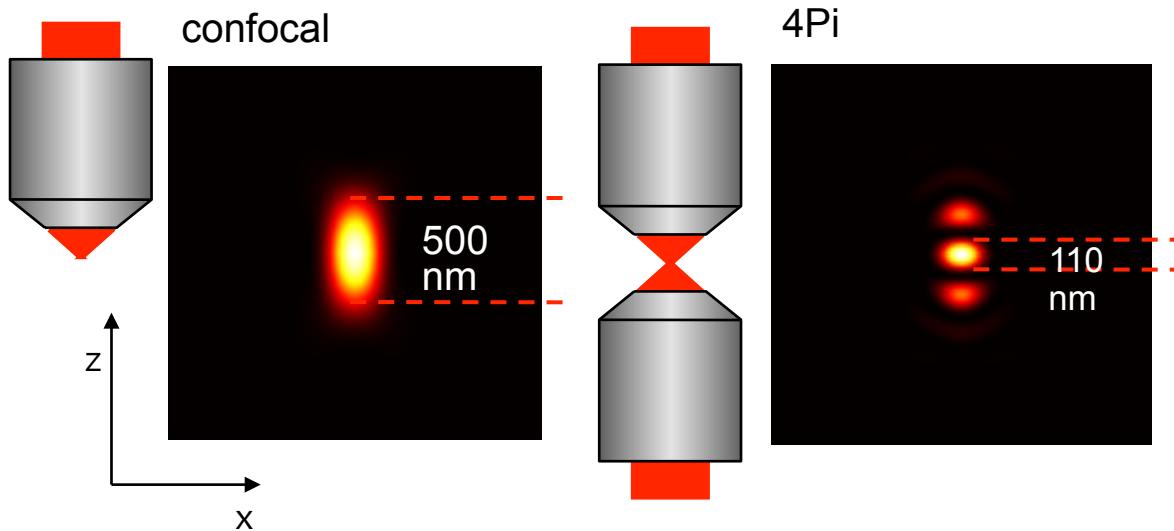


Fig.2

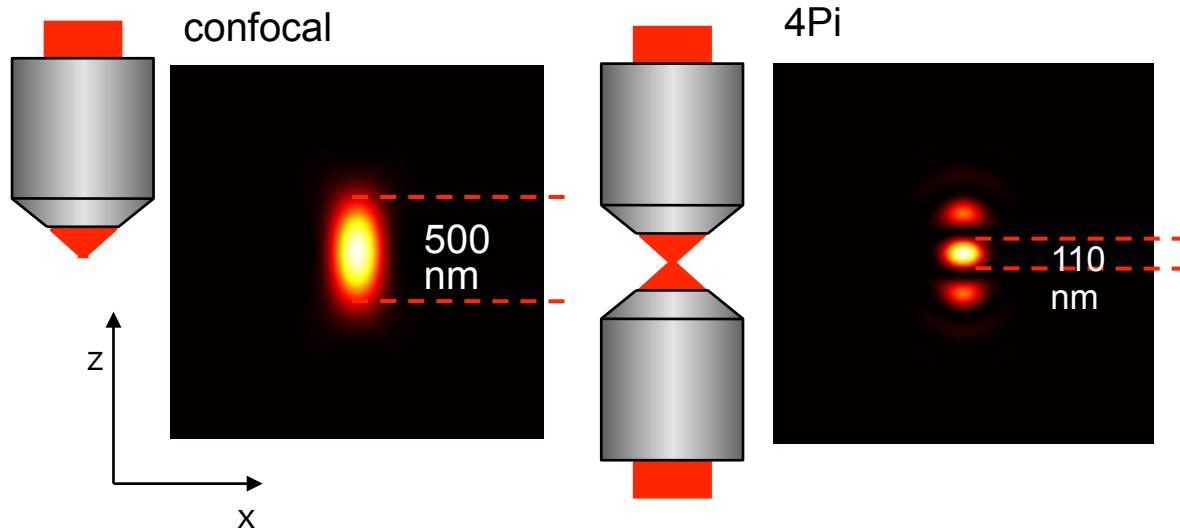
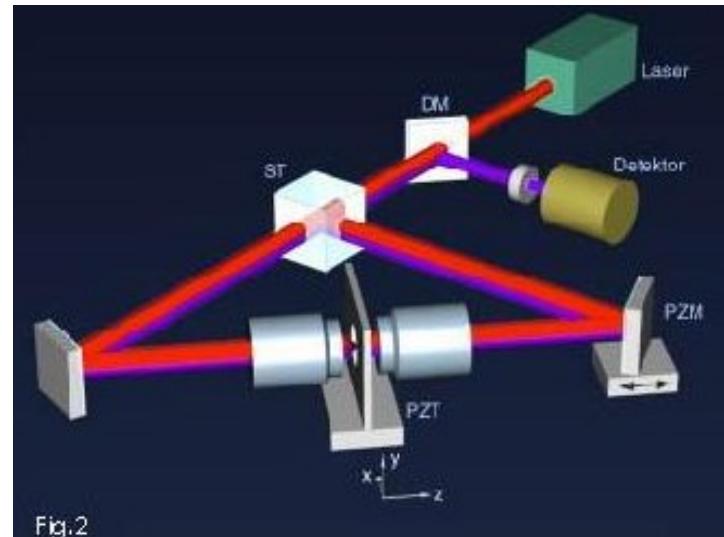


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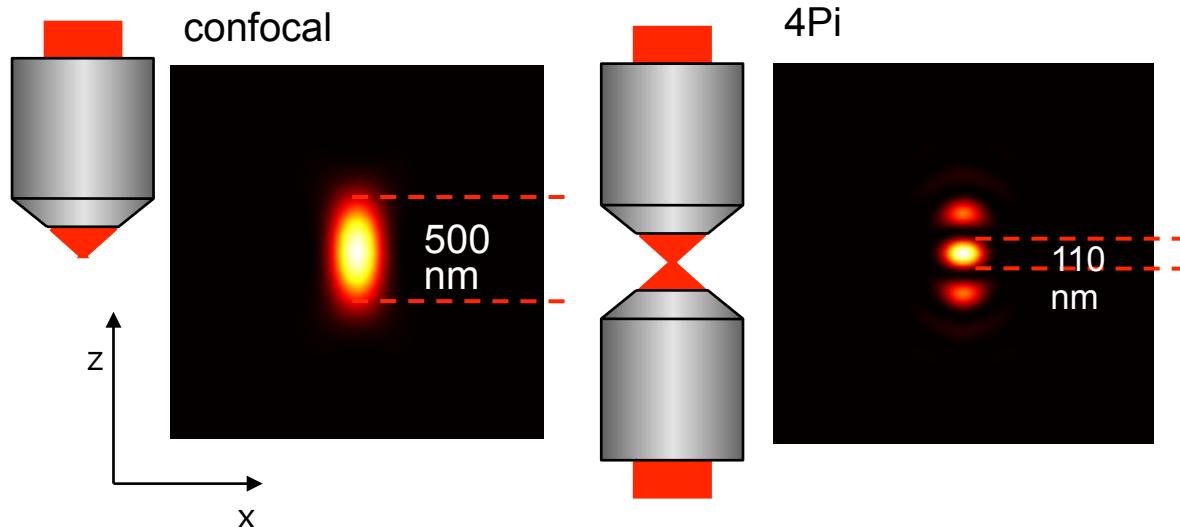
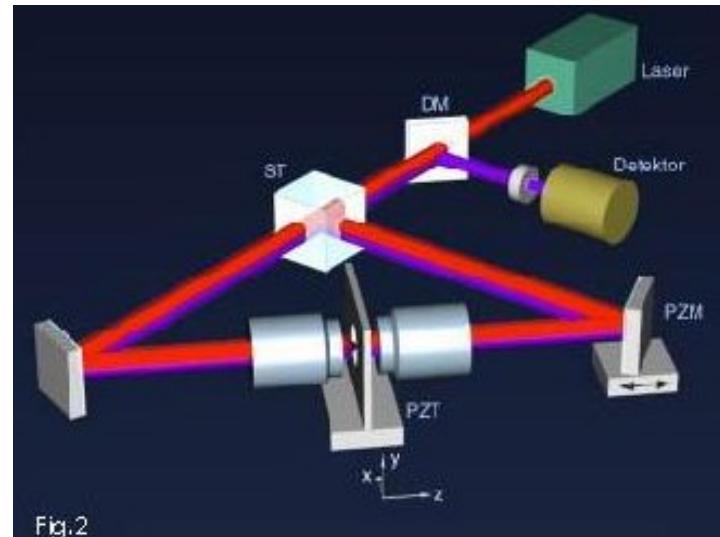
- constructive interference of excitation and emission light
- 5-8 times higher **axial resolution**: 110nm resolution @780 nm
- Side lobes can be eliminated by deconvolution

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Problem: special sample requirements and need for physicist(s) to operate

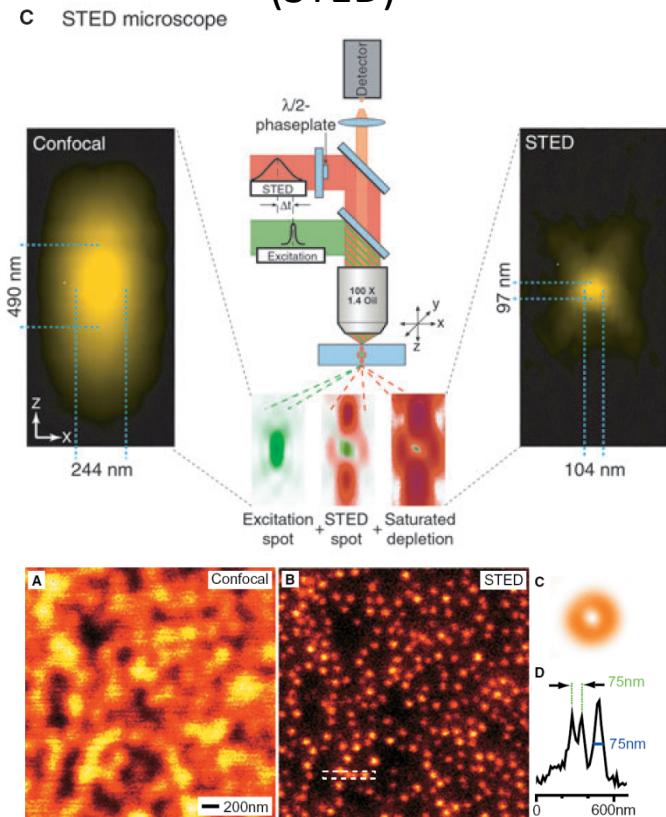
Optical super-resolution microscopy methods

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Live-cell imaging	Yes	Yes	Yes	Yes	Restricted (2D-TIRF)	No	Restricted	Restricted
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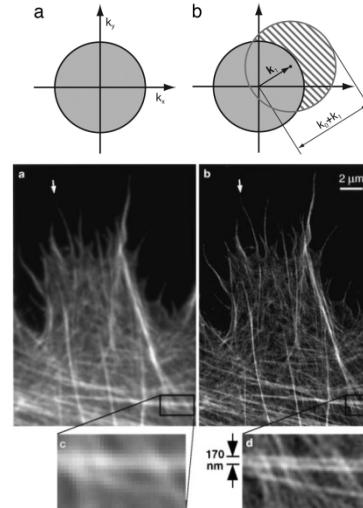
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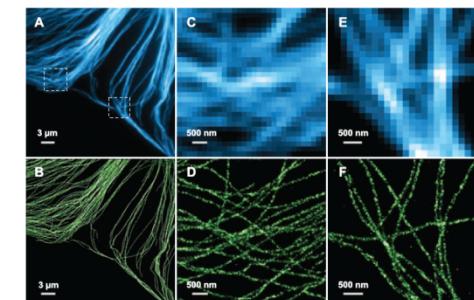
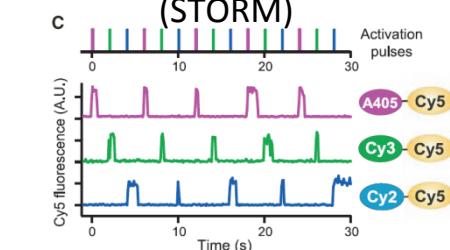
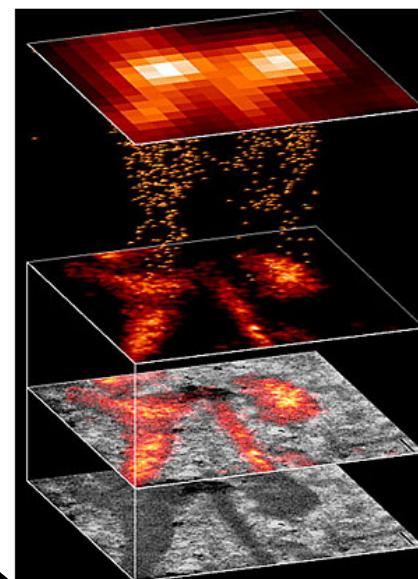
Stimulated emission depletion (STED)



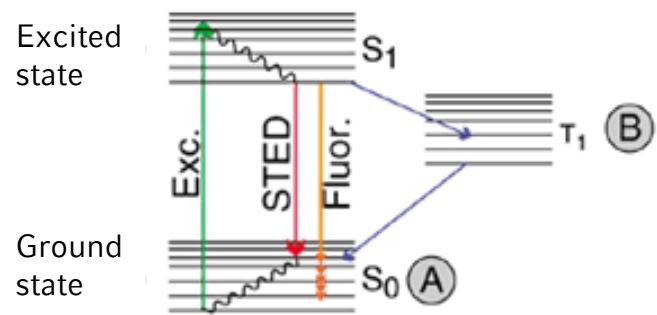
Structured illumination



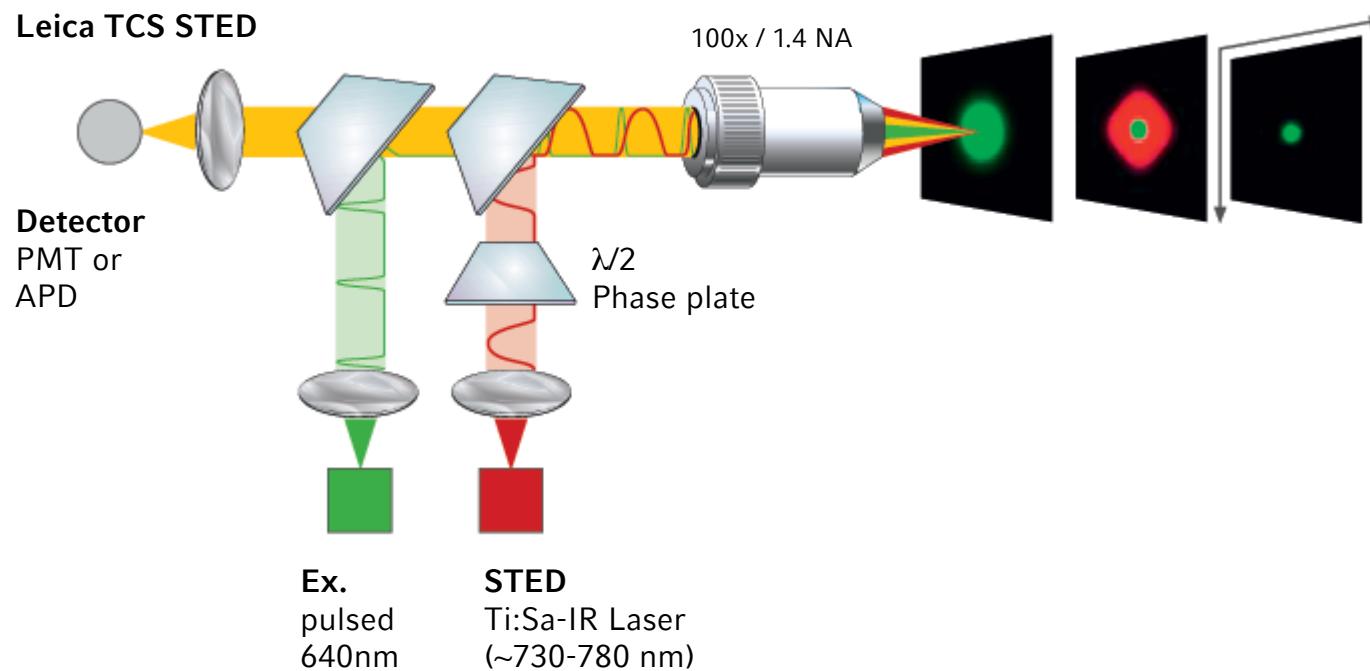
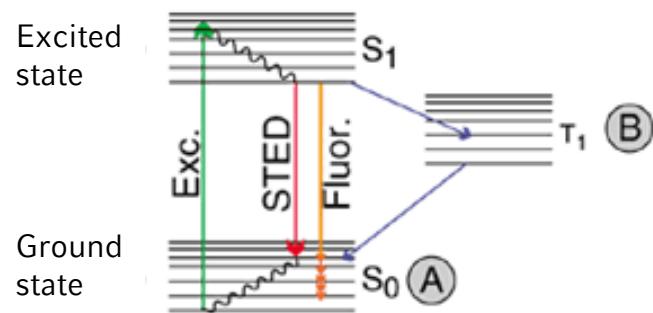
Localization microscopy (Pointilism) Photoactivation localization microscopy (PALM) Stochastic optical reconstruction microscopy (STORM)



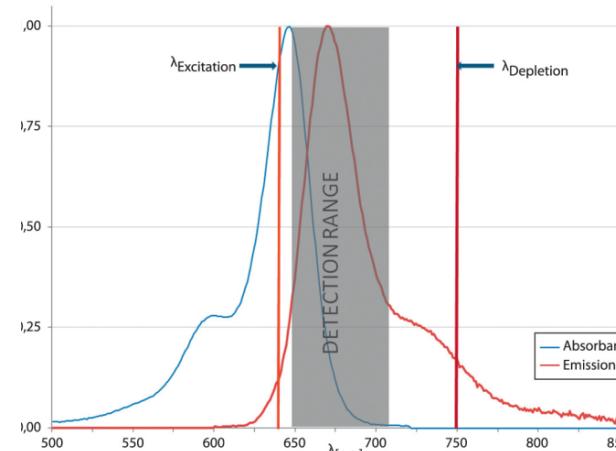
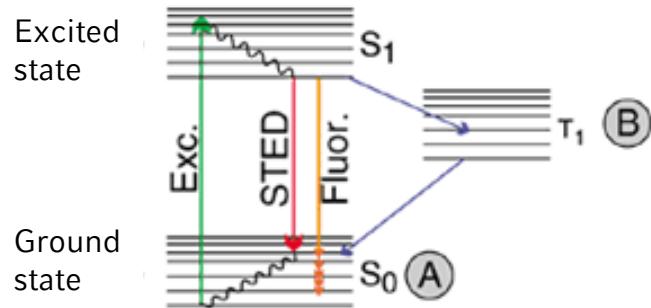
STED microscopy



STED microscopy

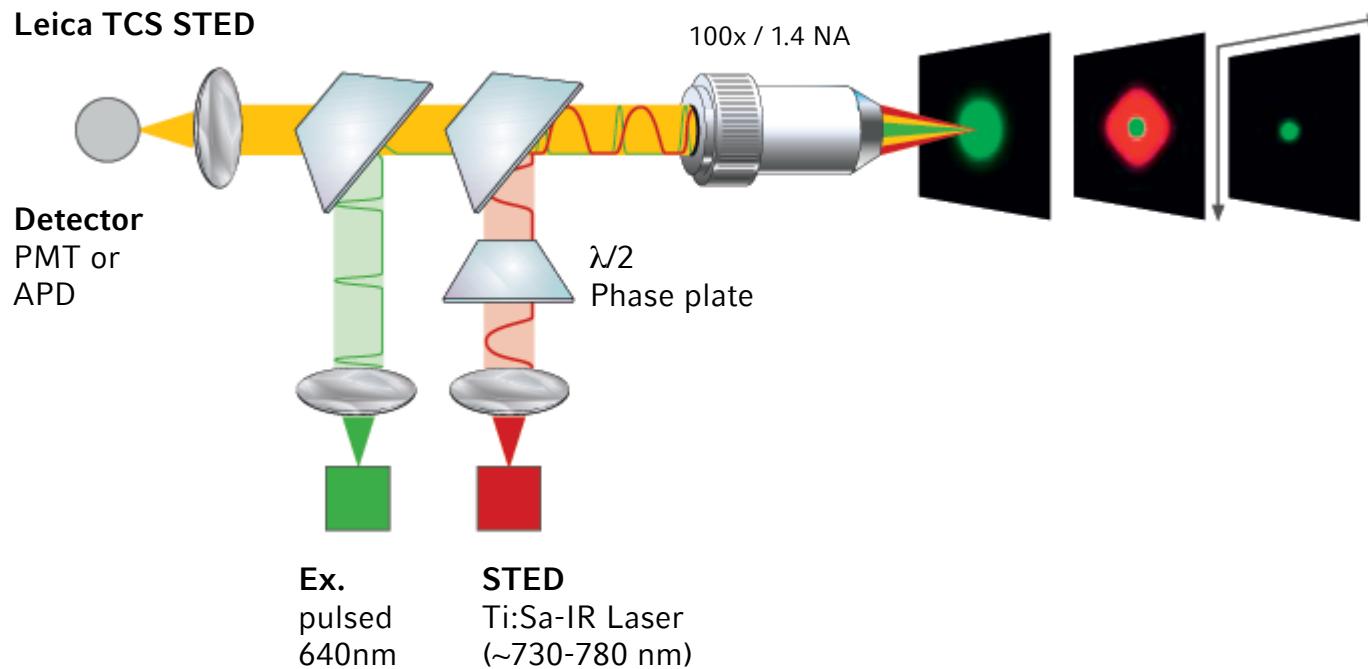


STED microscopy

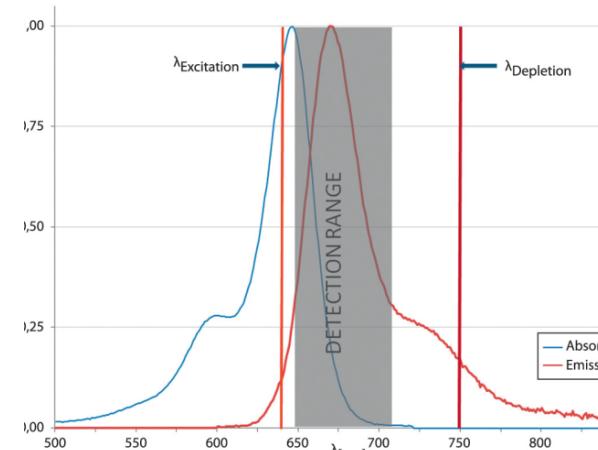
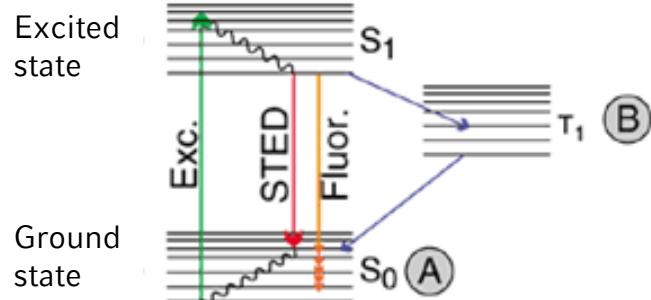


Best dyes:
ATTO 647N
ATTO 655

Leica TCS STED

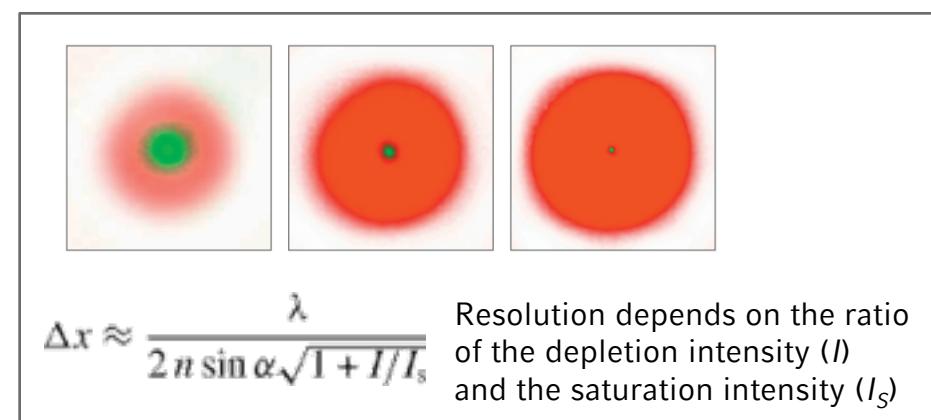
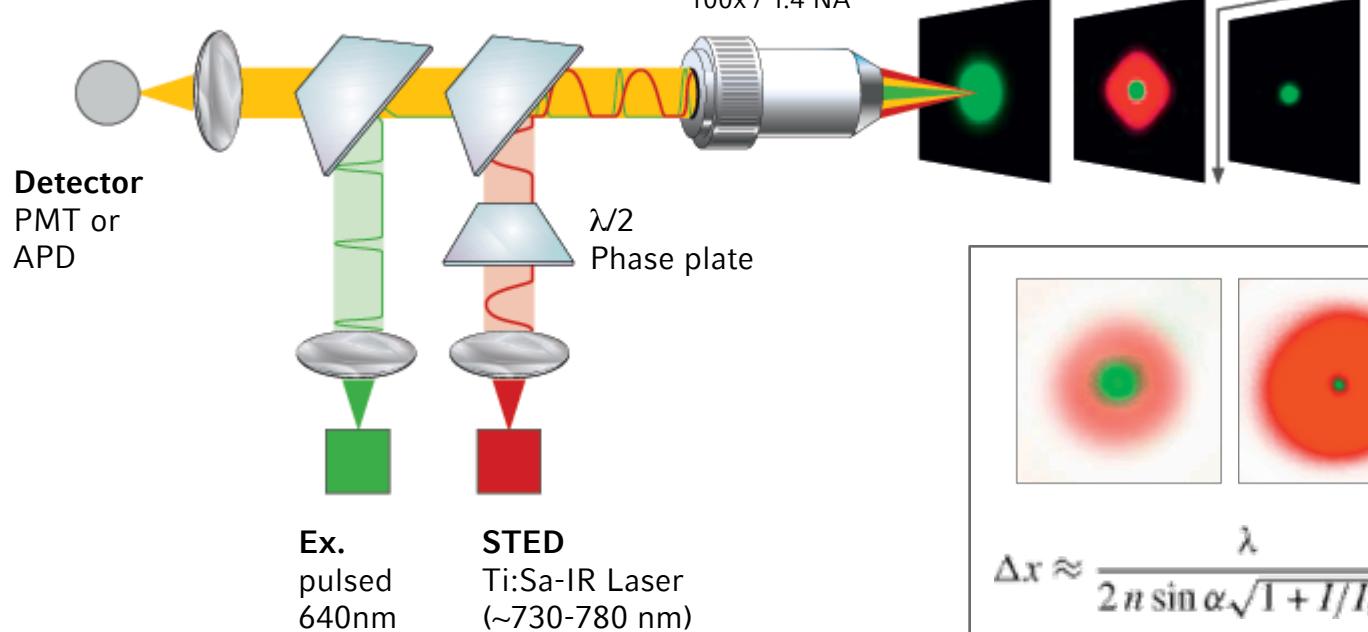


STED microscopy

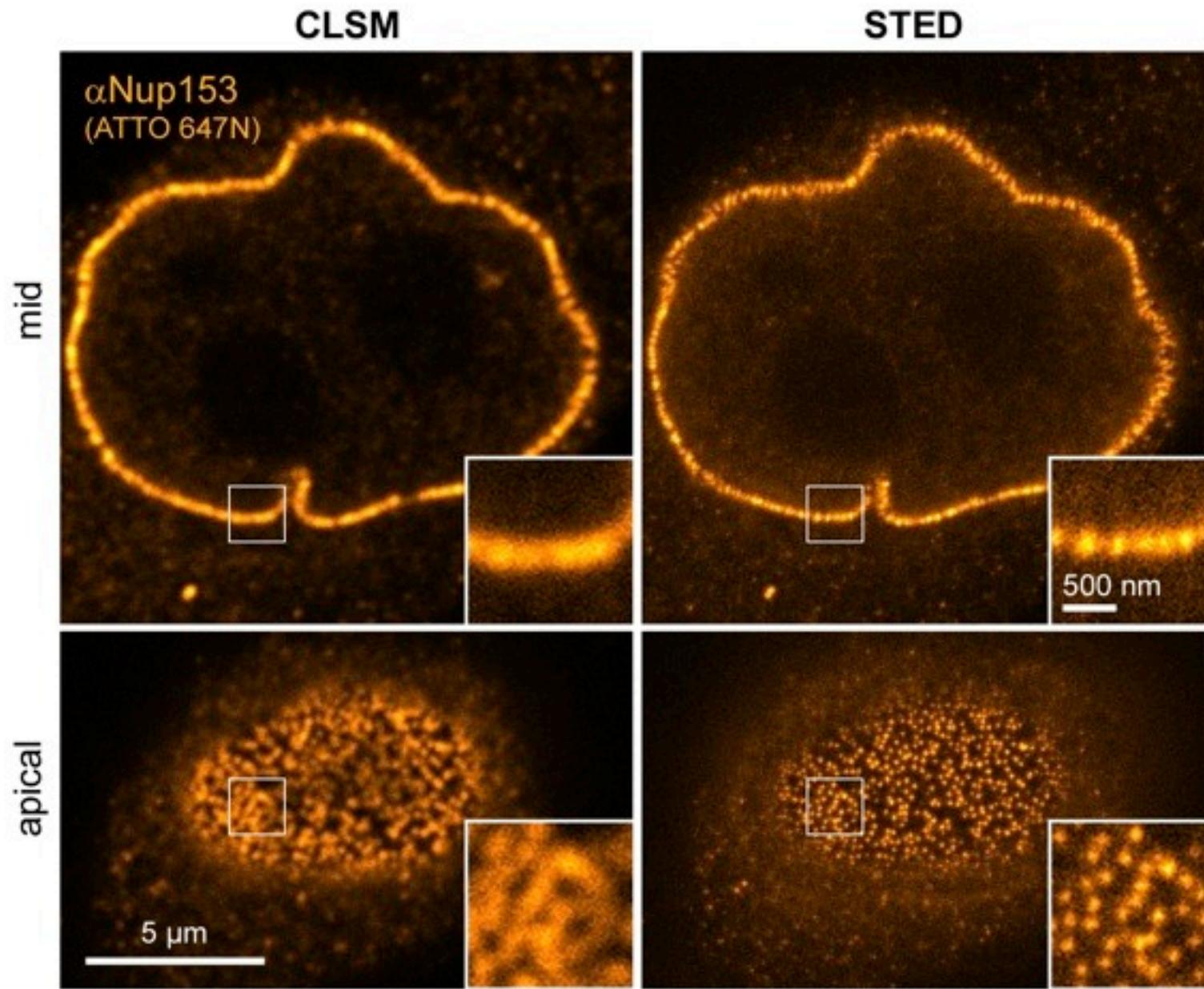


Best dyes:
ATTO 647N
ATTO 655

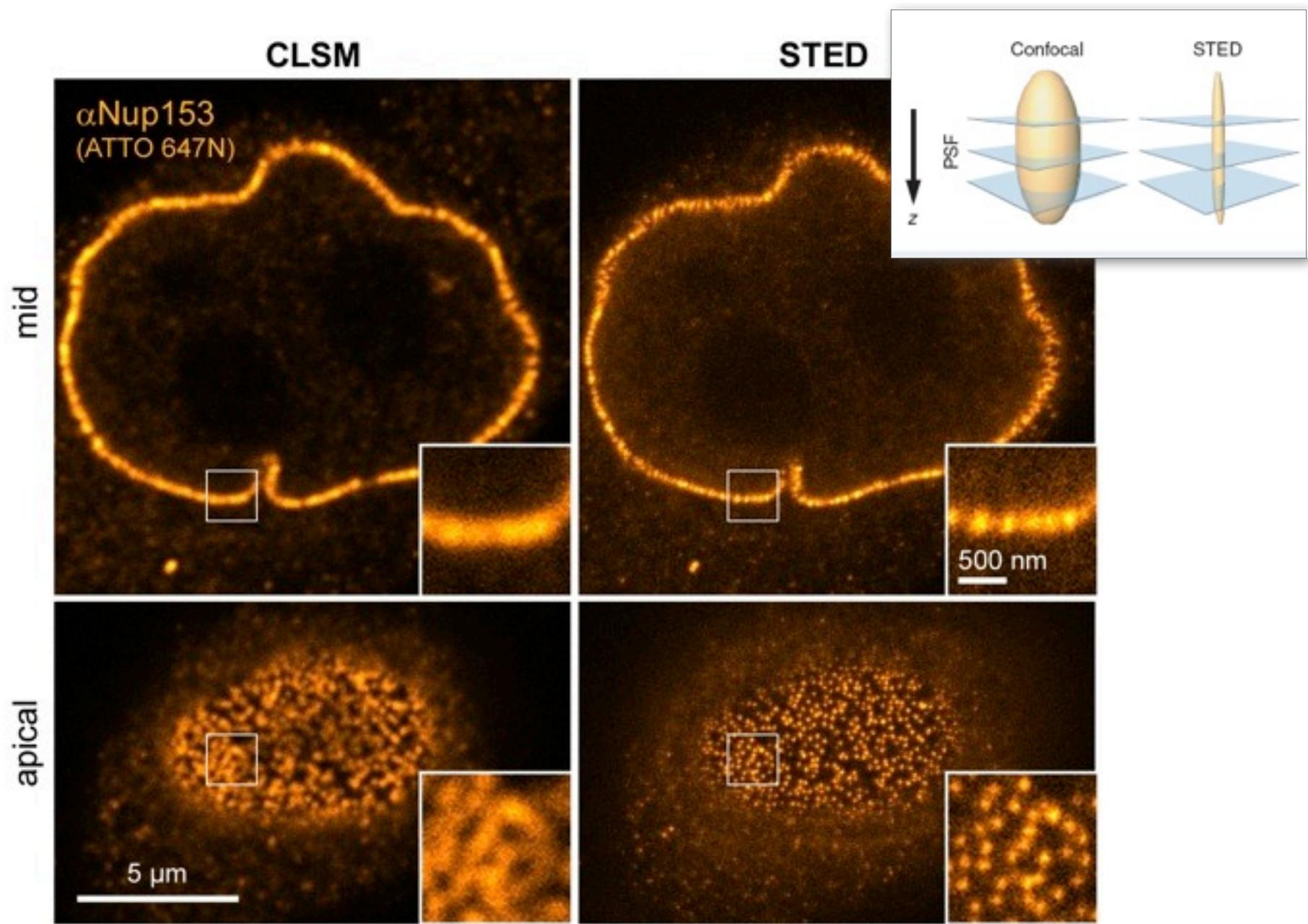
Leica TCS STED



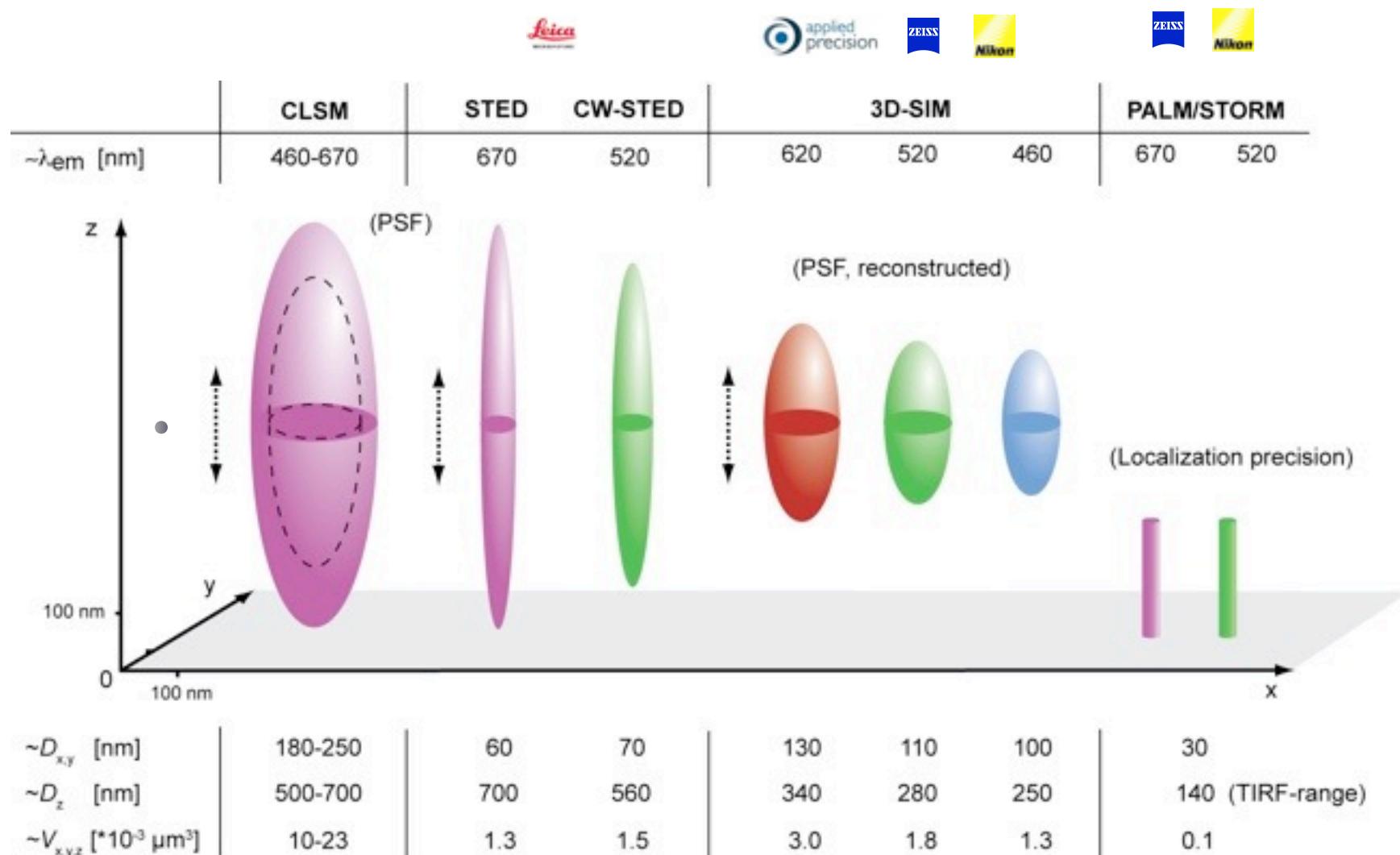
STED microscopy (Leica TCS)



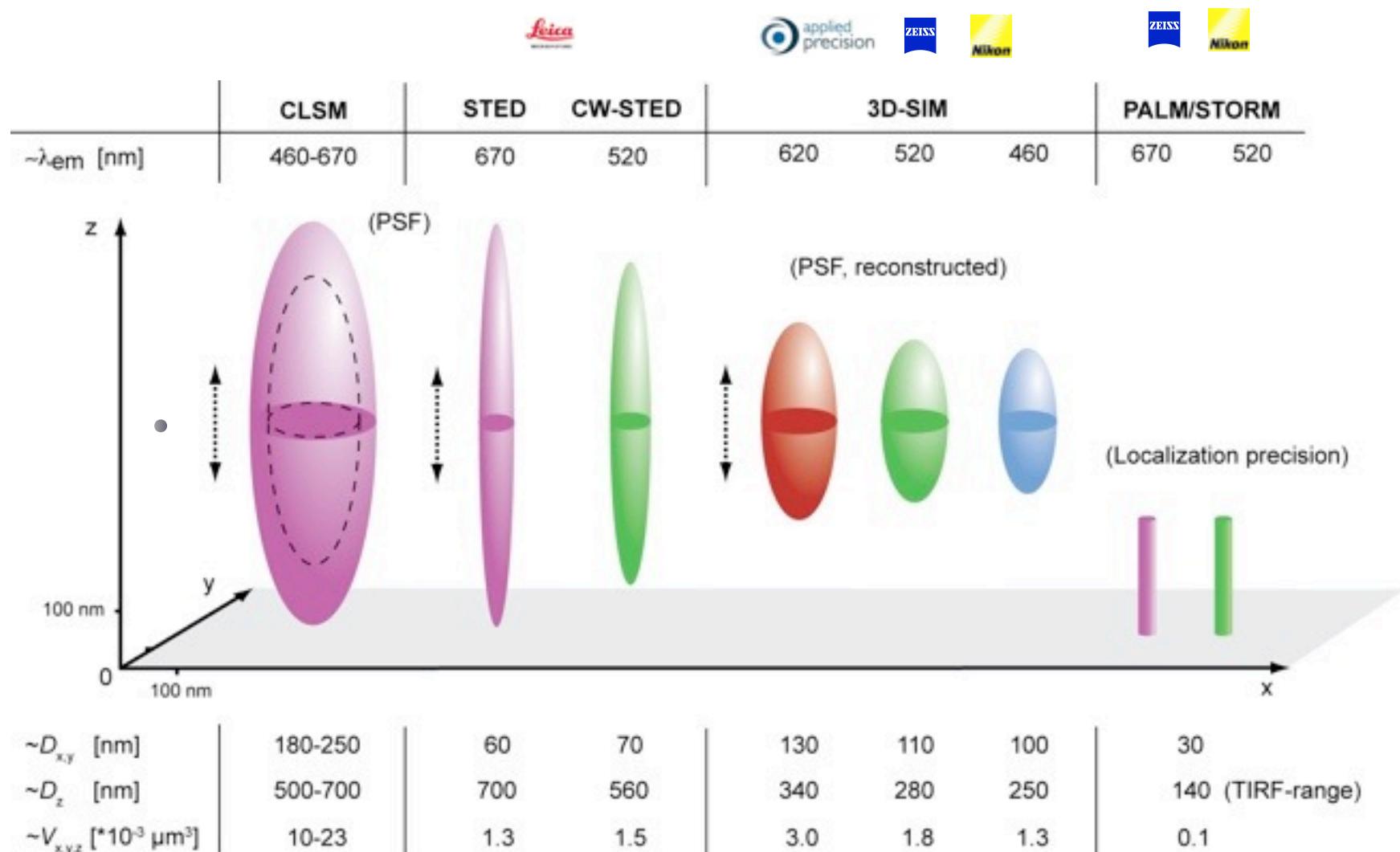
STED microscopy (Leica TCS)



Resolving power of current commercial setups

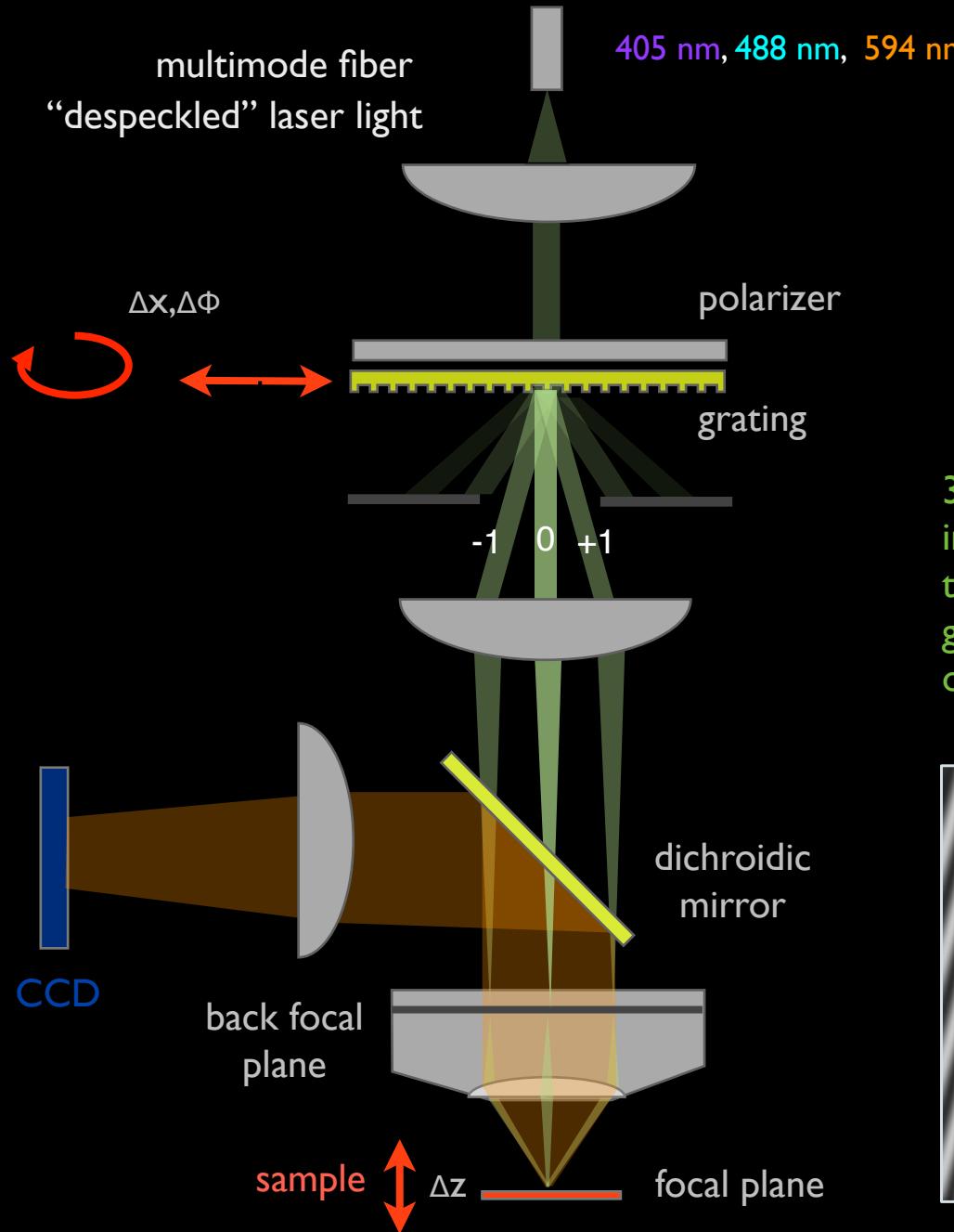


Resolving power of current commercial setups

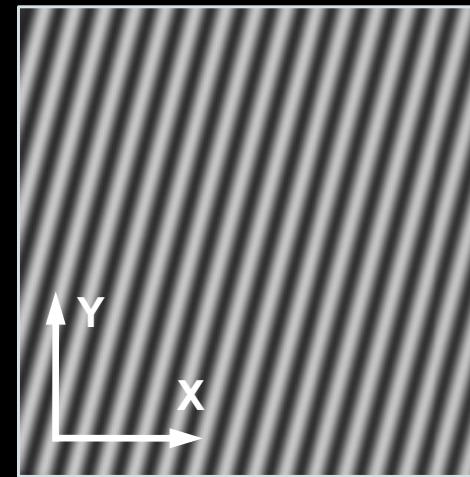


3D-SIM resolves ~8-fold smaller volumes than confocal laser scanning microscopy (CLSM)

Generating 3D-structured illumination

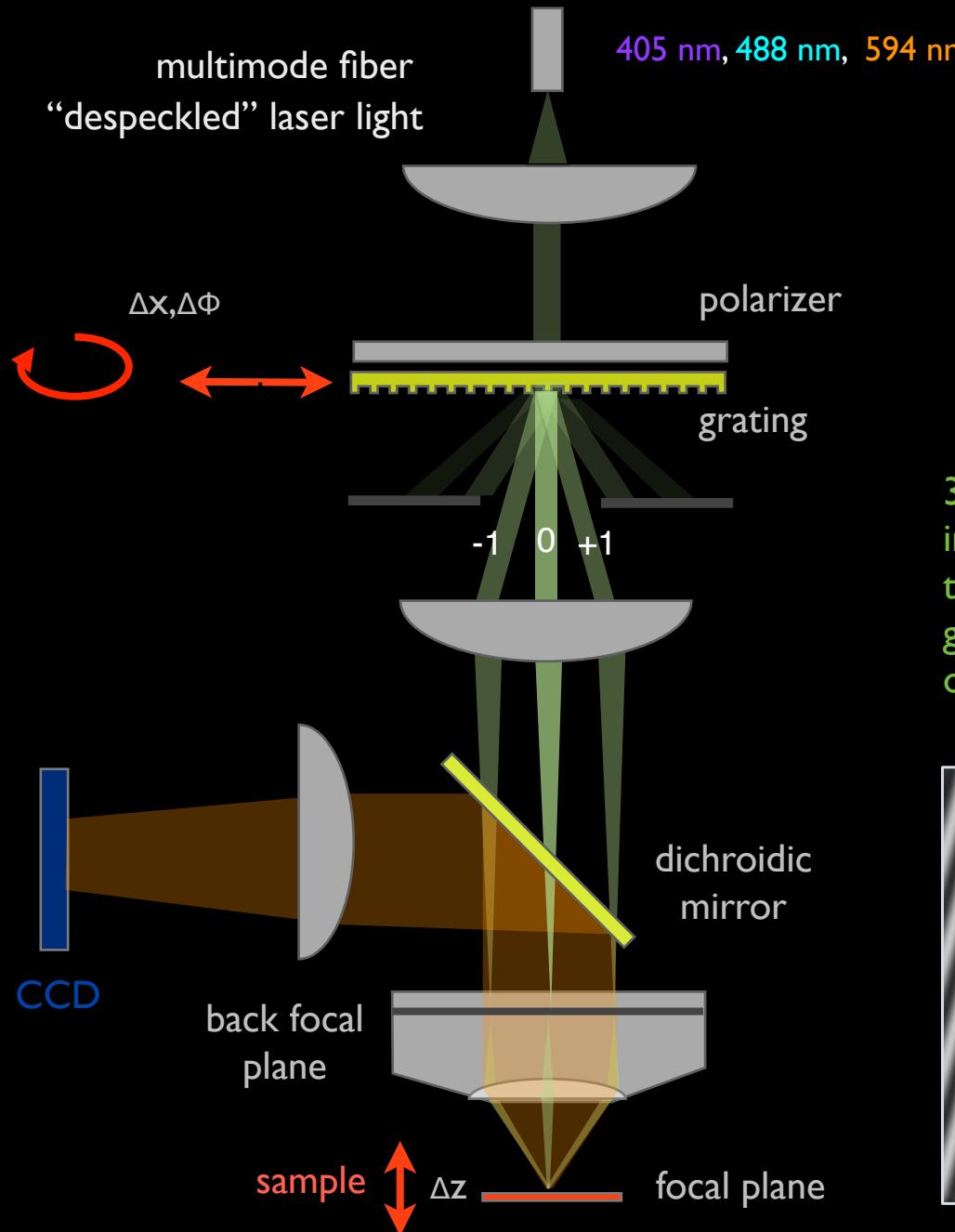


3 central diffracted beams
interfere on
the sample plane to
generate sinusoidal stripes
of ~ 220 nm width

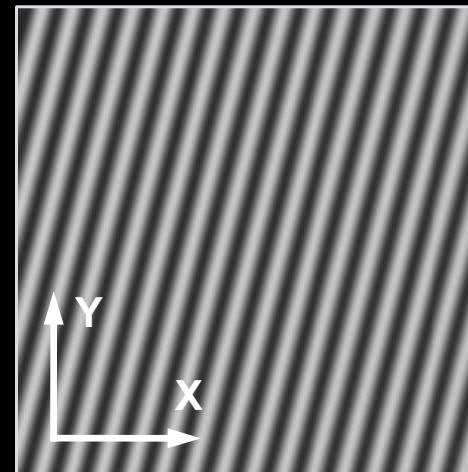


adapted from Gustafsson et al. (2008) *BiophysJ*, 94

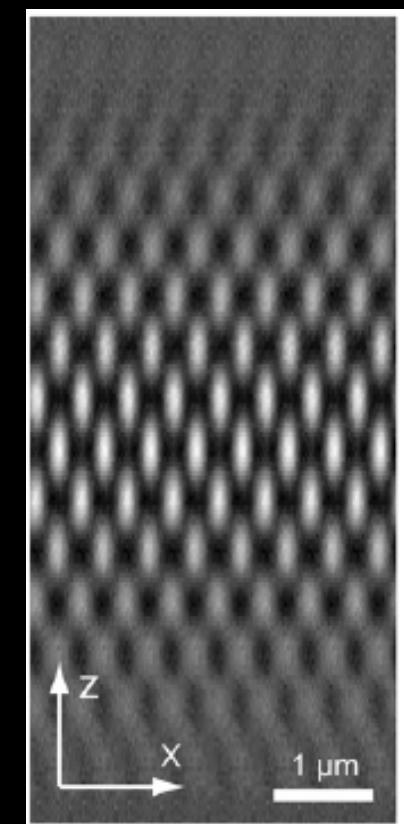
Generating 3D-structured illumination



3 central diffracted beams
interfere on
the sample plane to
generate sinusoidal stripes
of ~ 220 nm width



axial modulation



adapted from Gustafsson et al. (2008) *Biophys J*, 94

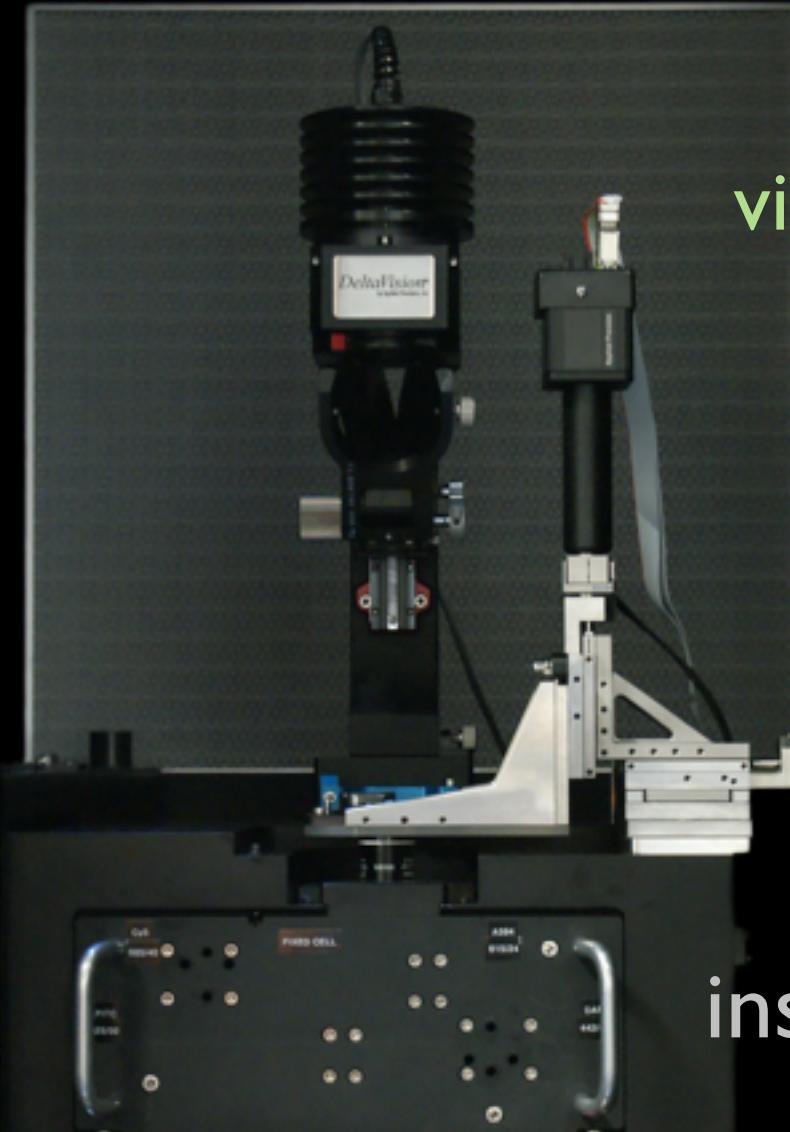
OMX: Housing

Dust filter

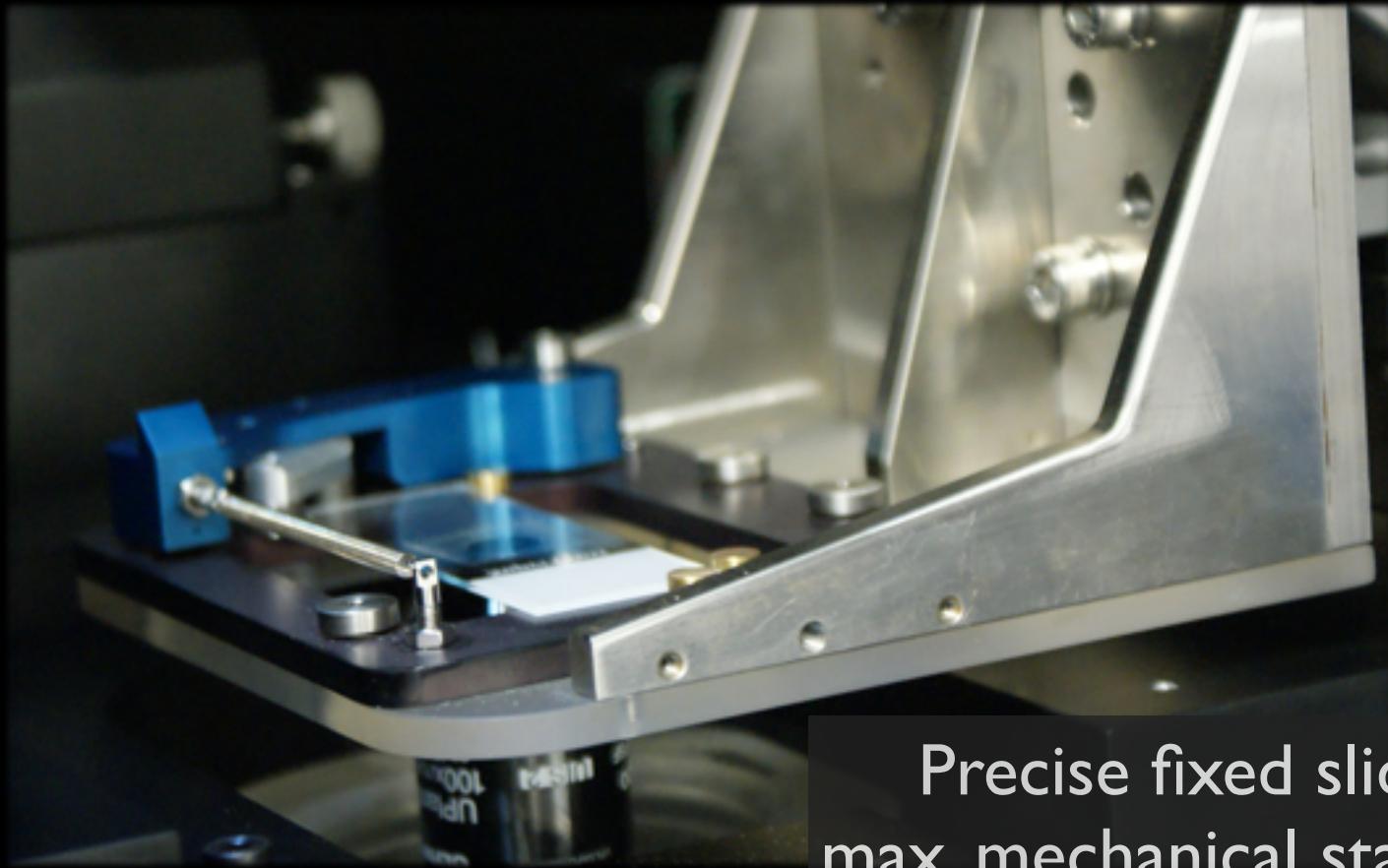
vibration-cushioned
table & housing

Optical filters

inside ?

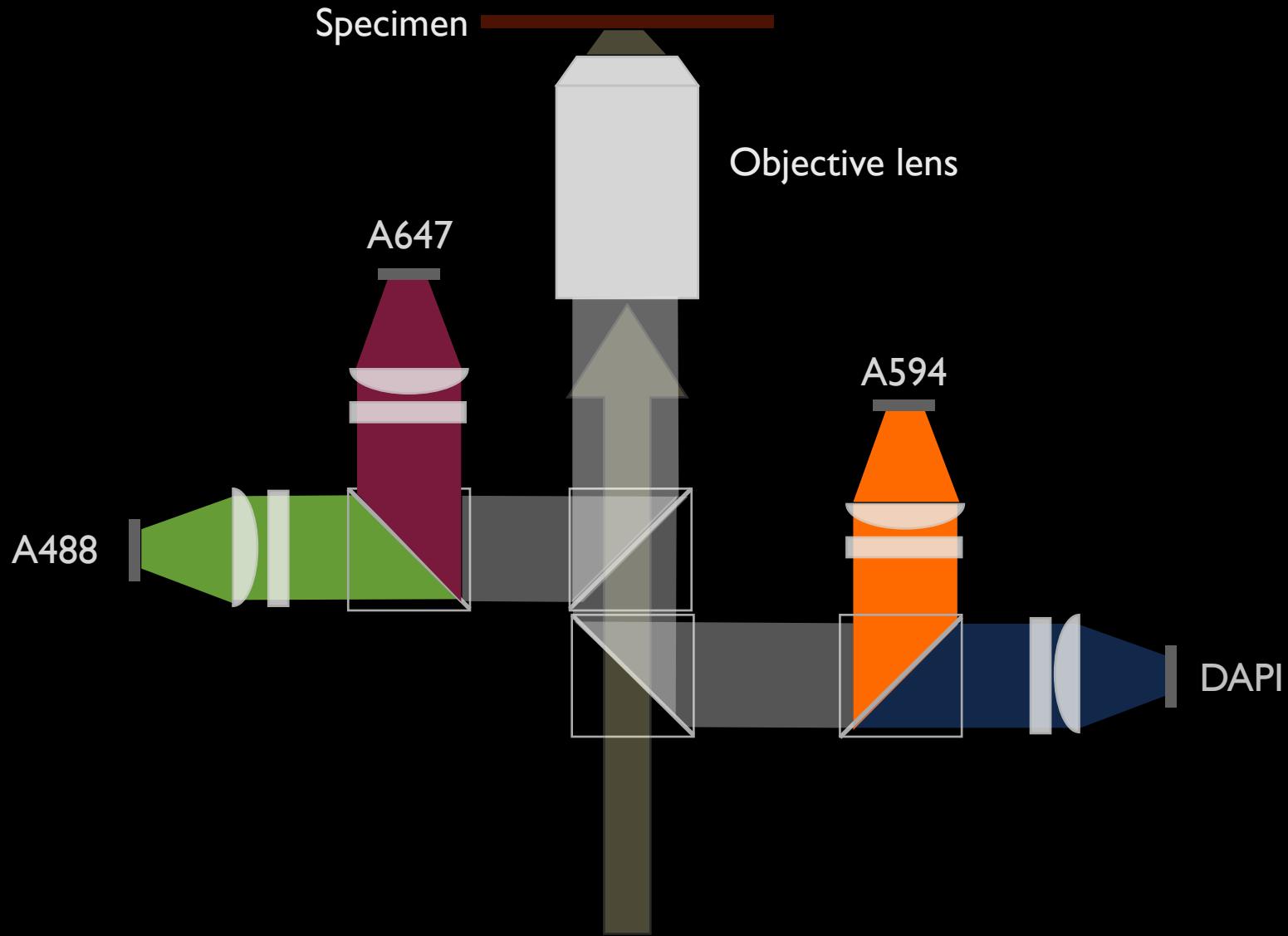


OMX: Stage

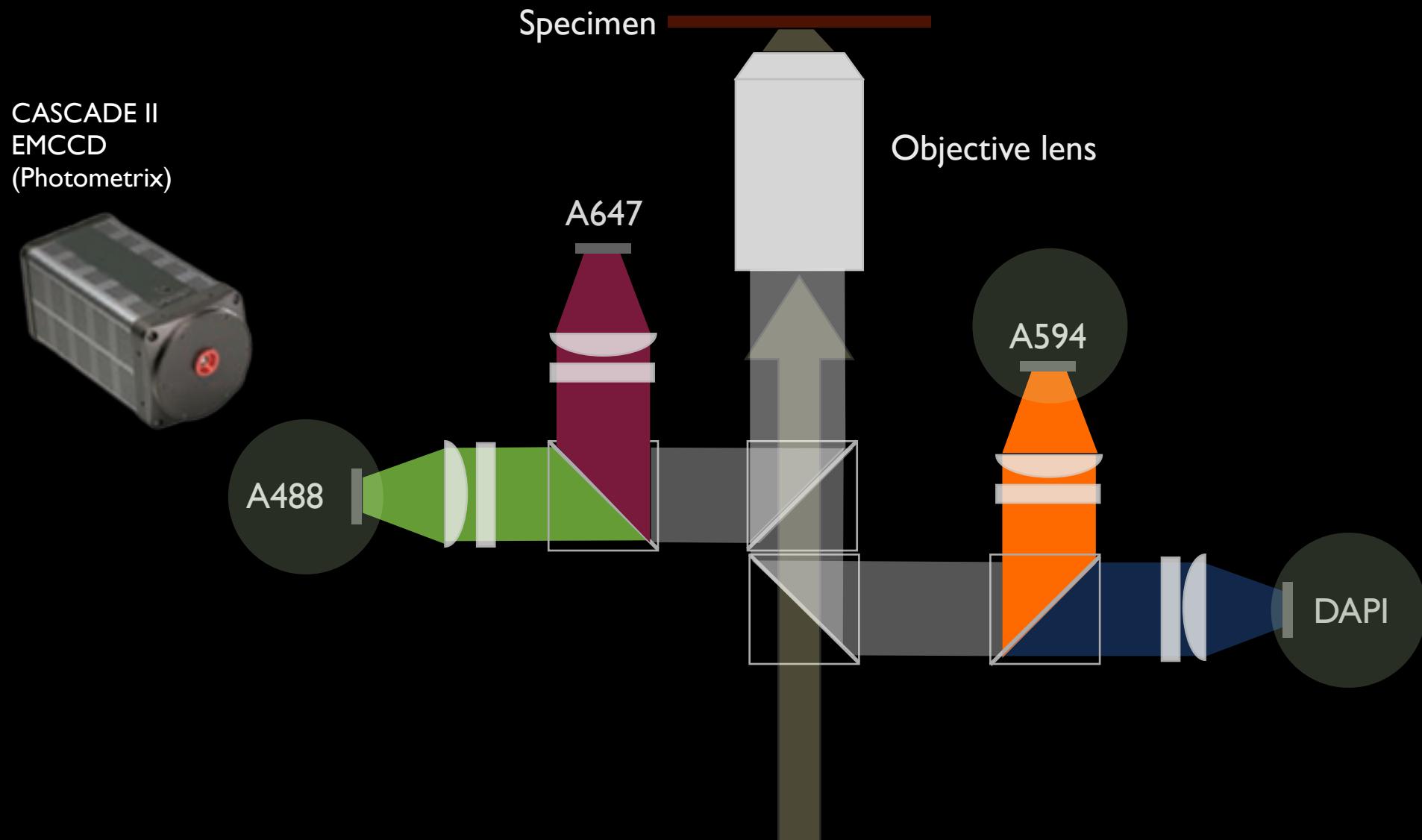


Precise fixed slide
max. mechanical stability
low thermal drift

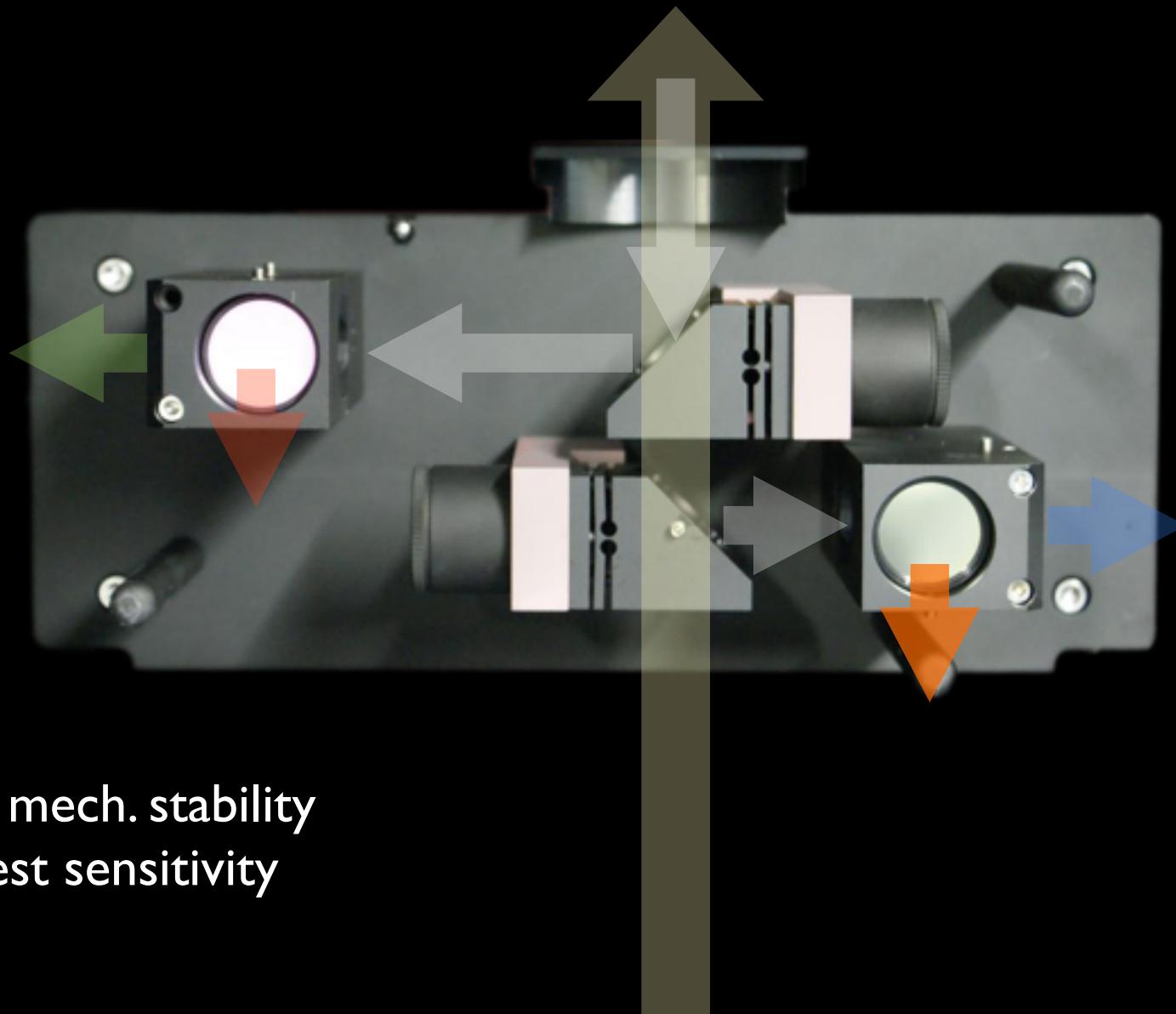
OMX: Filter Drawer Design



OMX: Filter Drawer Design

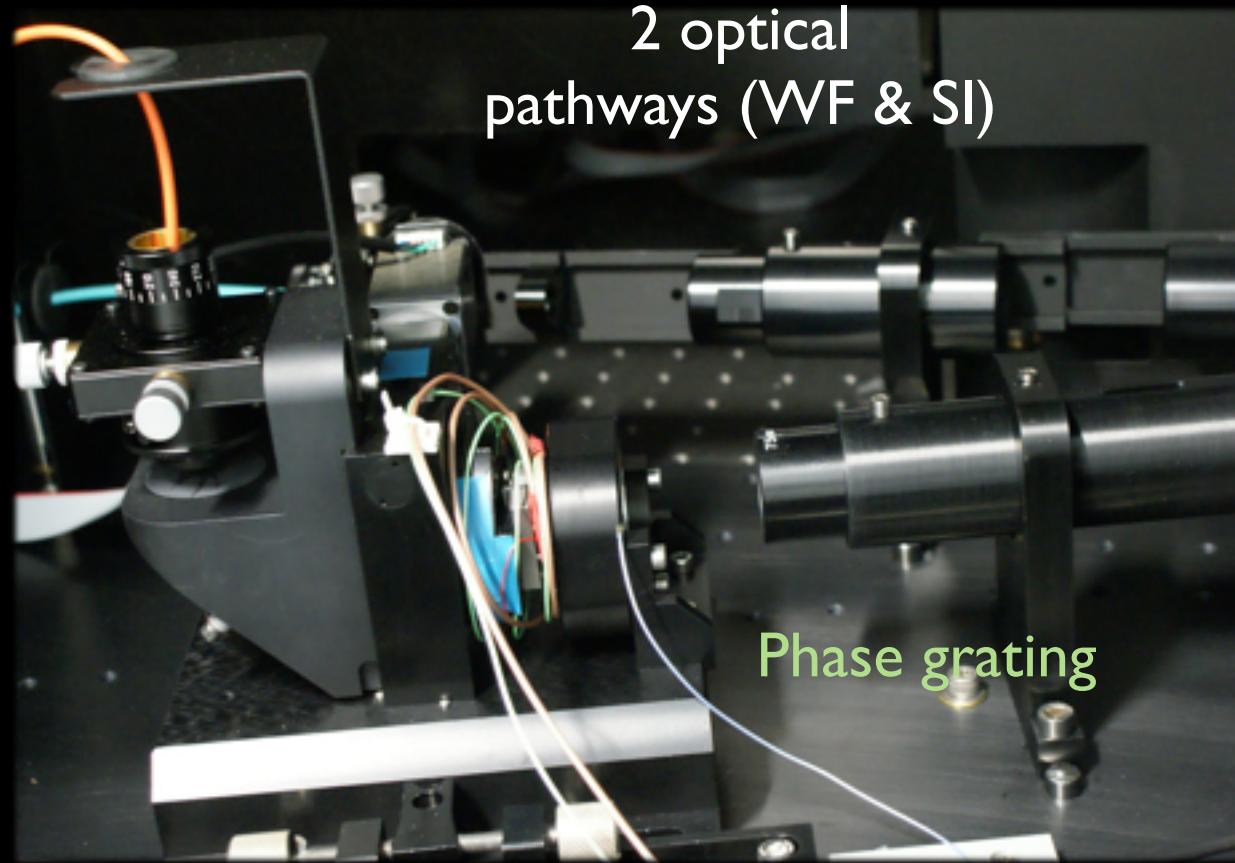


OMX: Filter Drawer Design

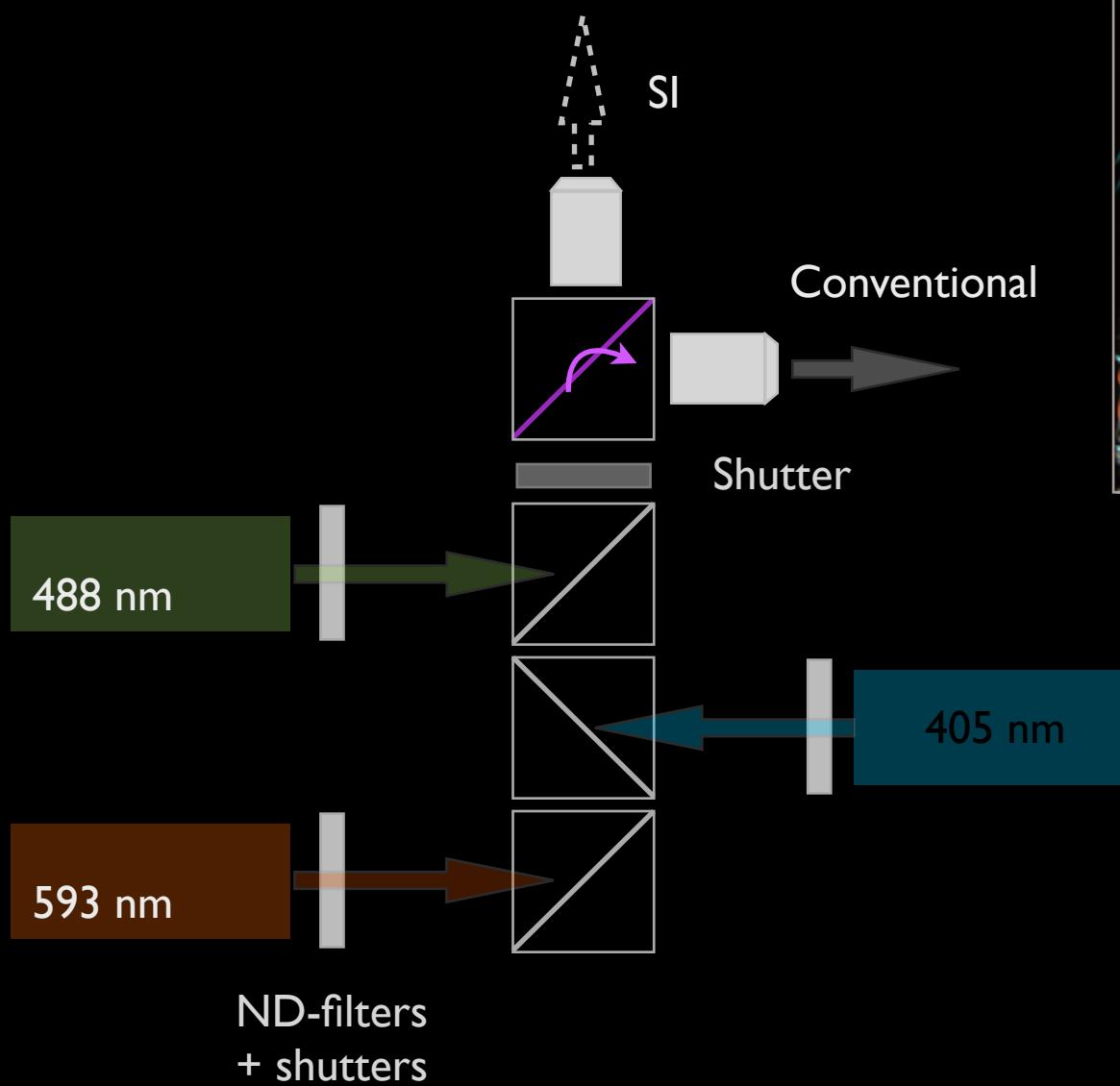


max. mech. stability
highest sensitivity

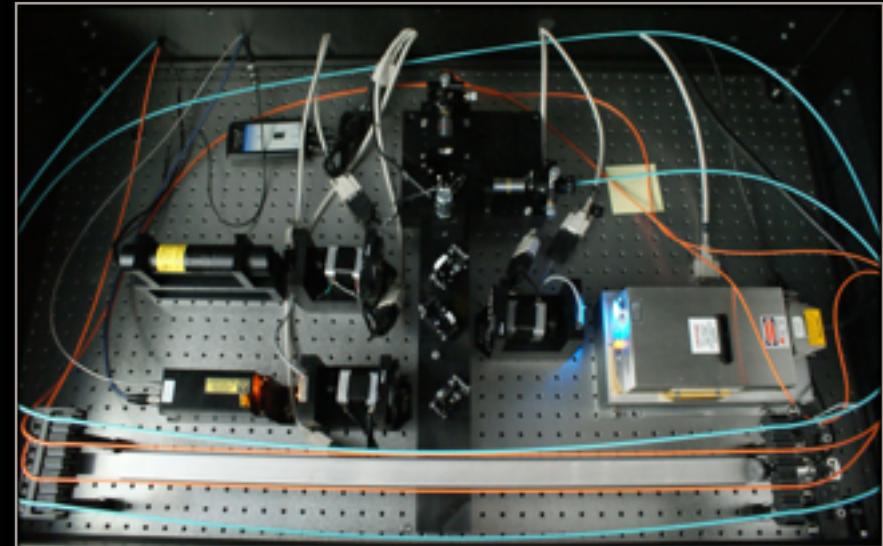
OMX: Dual illumination pathways



OMX: Laser unit



extendible / adaptable bread-board setup

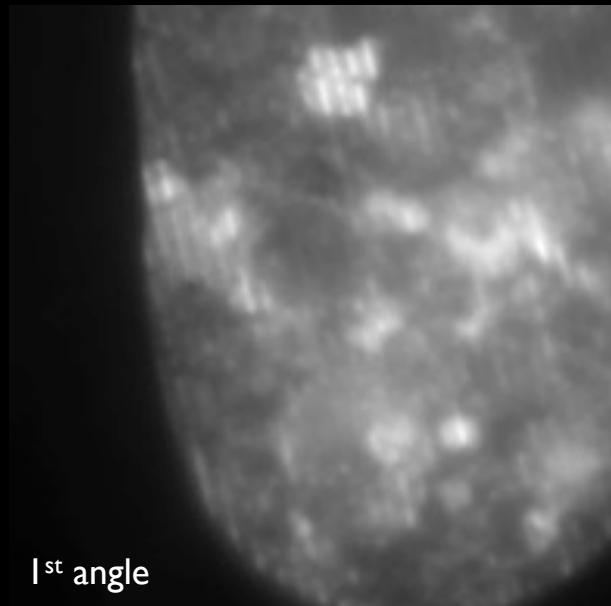


OMX: Electronics rack



3D-SIM image acquisition and reconstruction

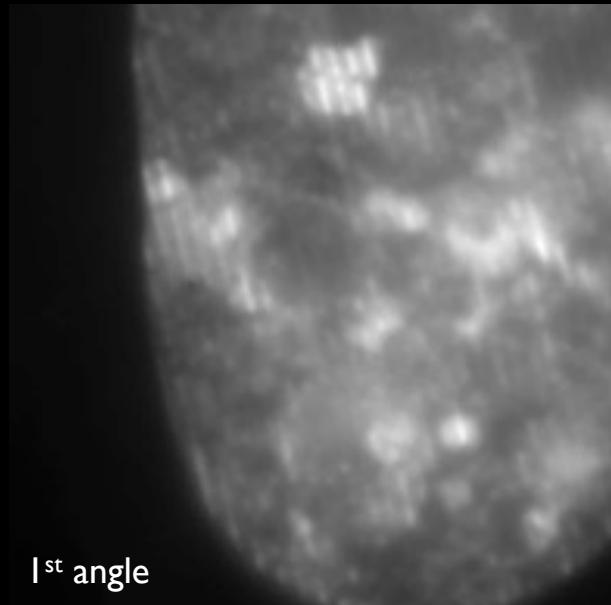
5 phases, 3 stacks



1st angle

3D-SIM image acquisition and reconstruction

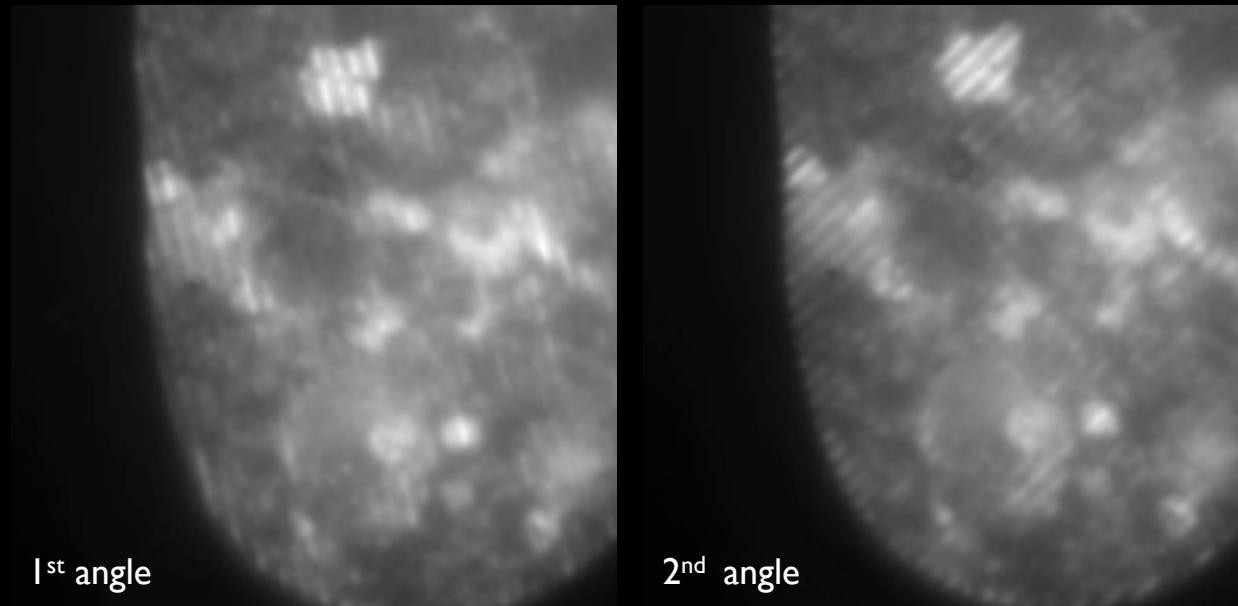
5 phases, 3 stacks



1st angle

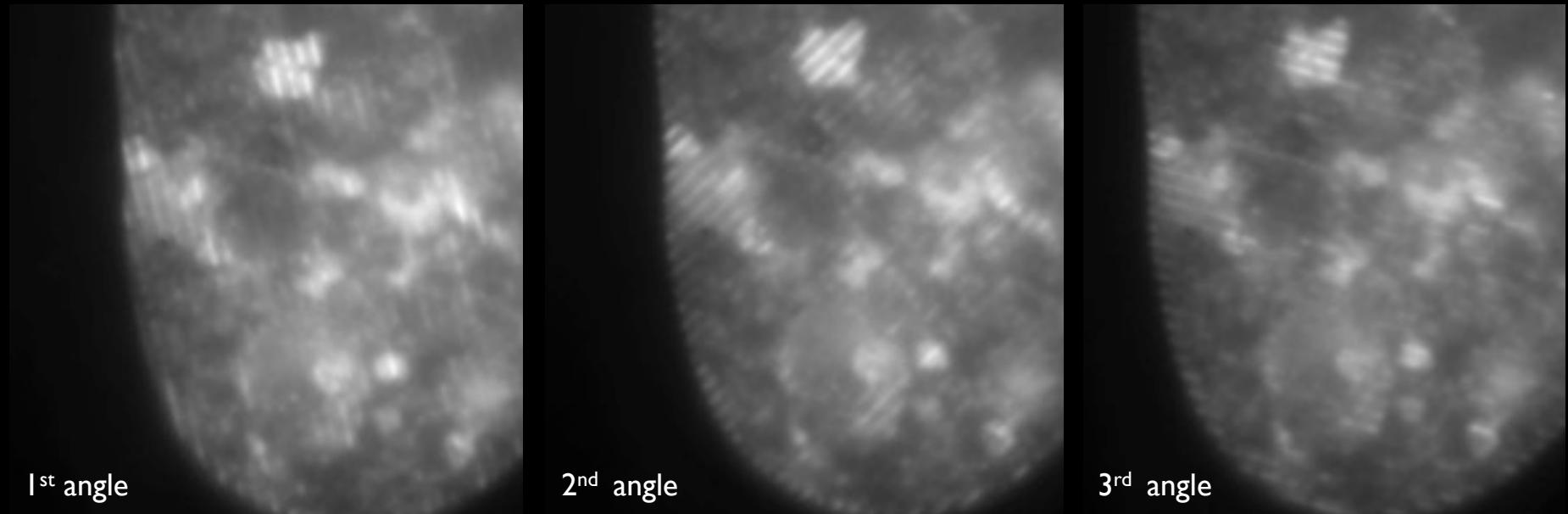
3D-SIM image acquisition and reconstruction

5 phases, 3 stacks



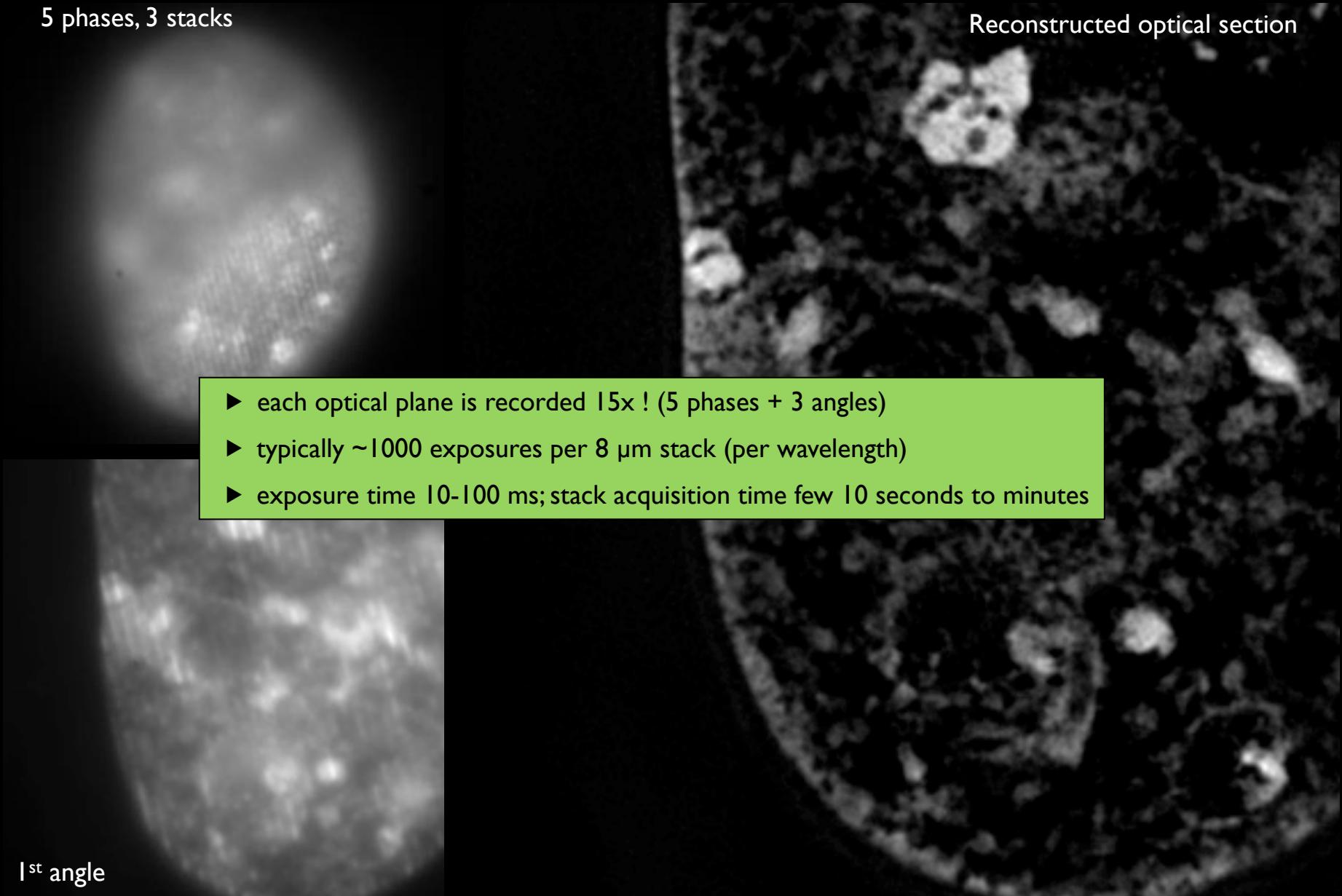
3D-SIM image acquisition and reconstruction

5 phases, 3 stacks

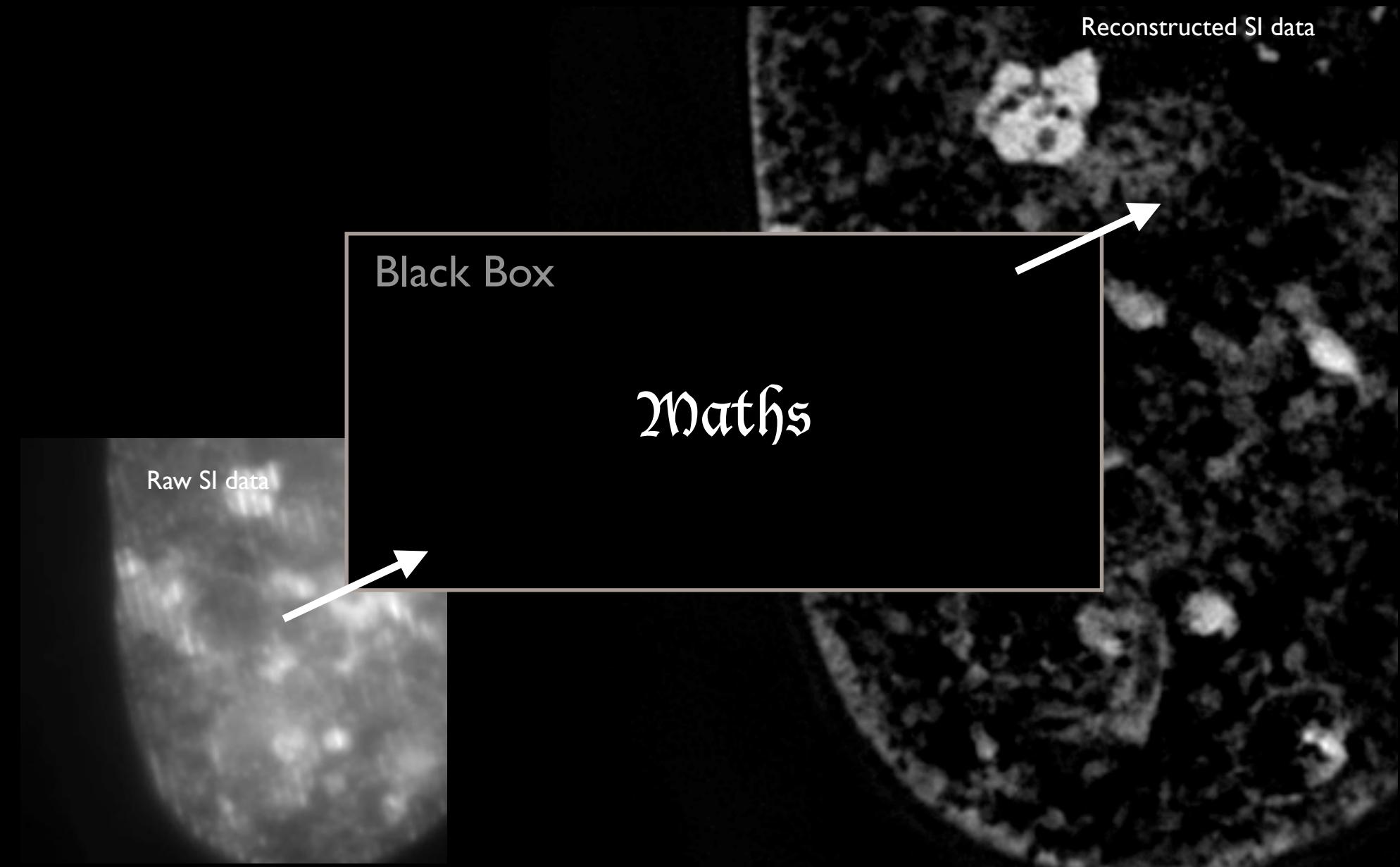


3D-SIM image acquisition and reconstruction

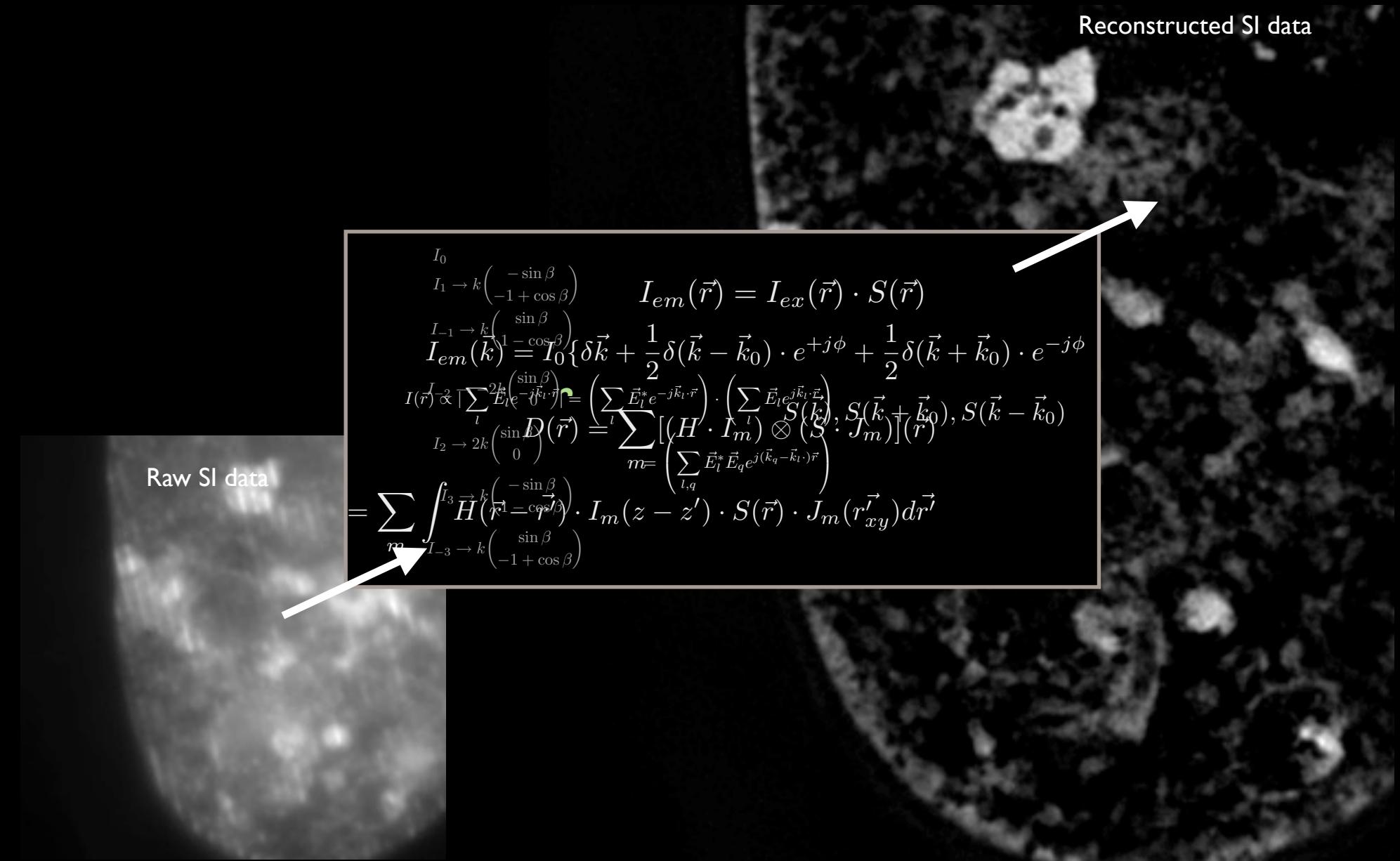
5 phases, 3 stacks



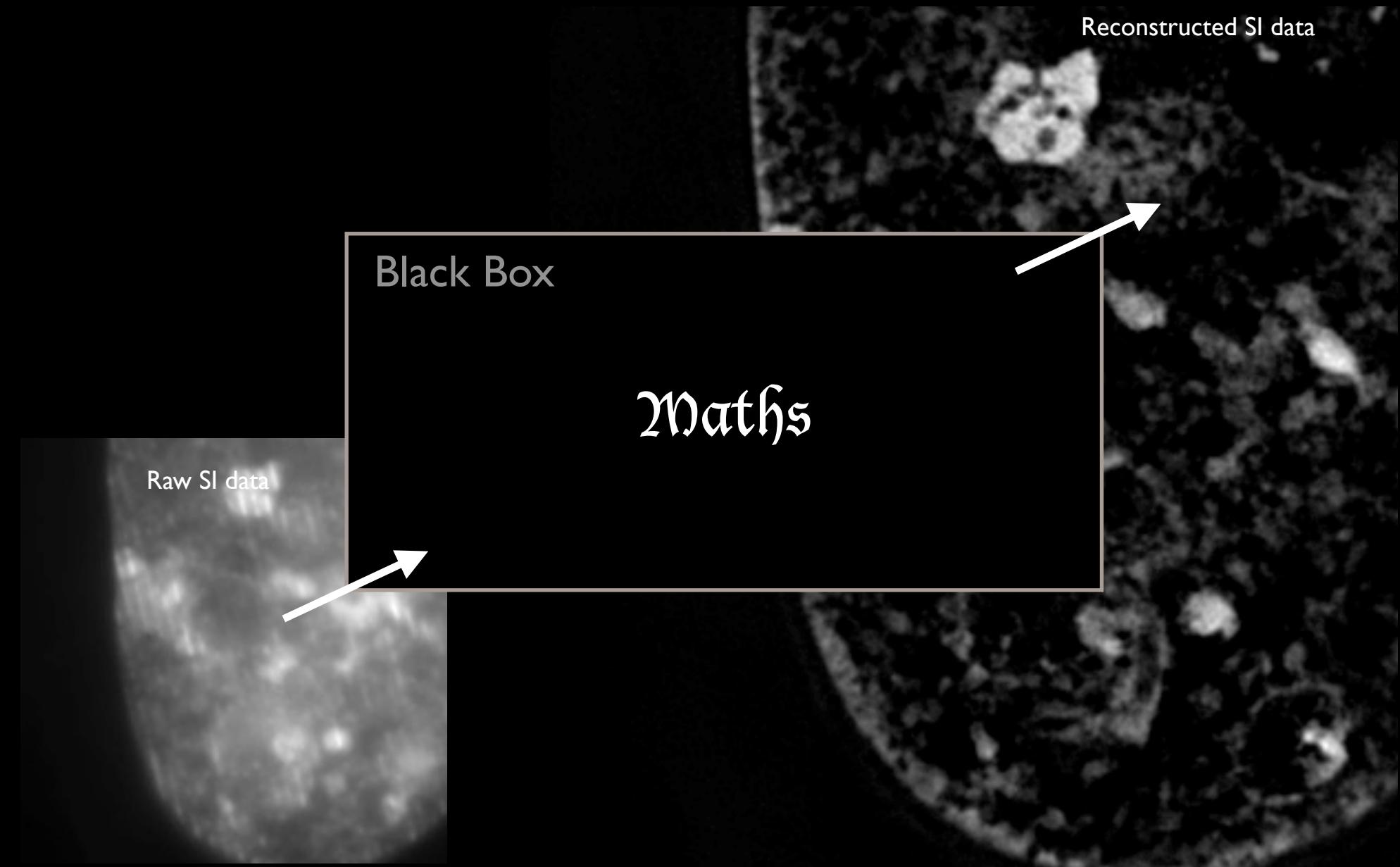
3D-SIM image acquisition and reconstruction



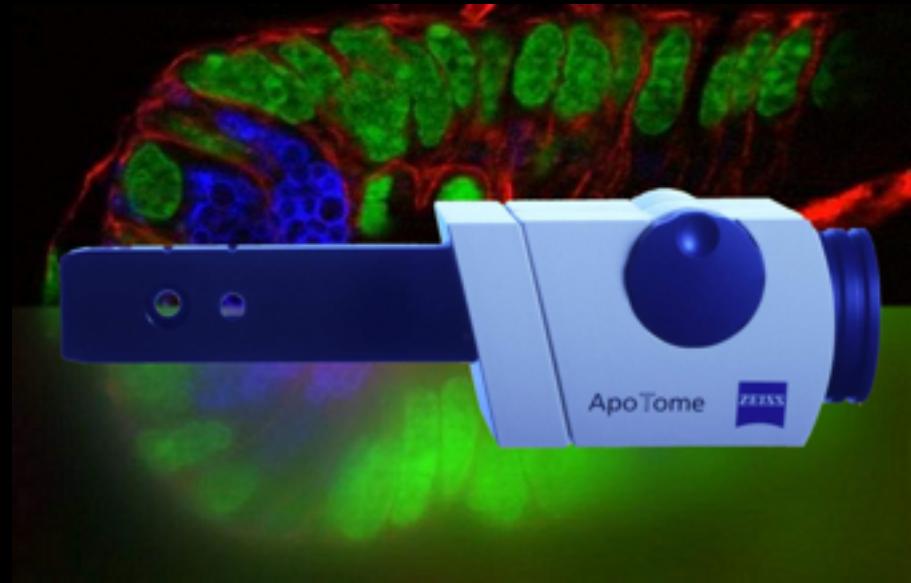
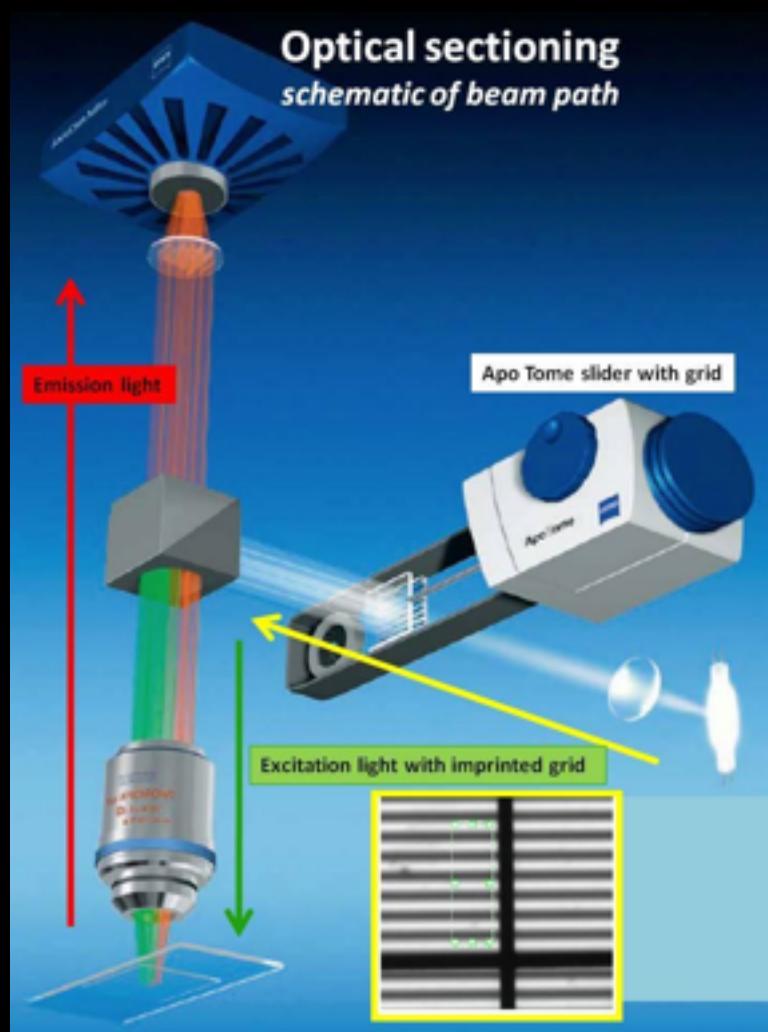
3D-SIM image acquisition and reconstruction



3D-SIM image acquisition and reconstruction



Apotome uses coarse SI to remove out-of-focus blur

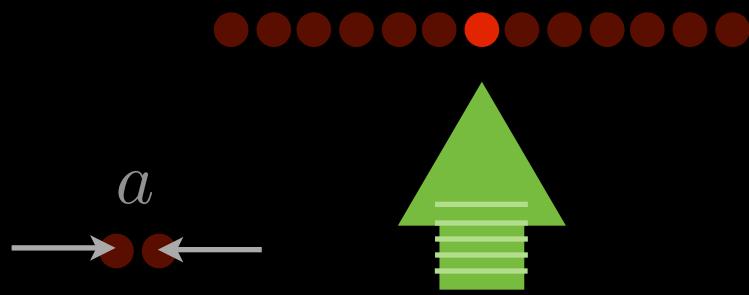


„Poor man's confocal“
No super-resolution!

The basic principle: Abbe's view

Sample = Structure

→ Periodicity

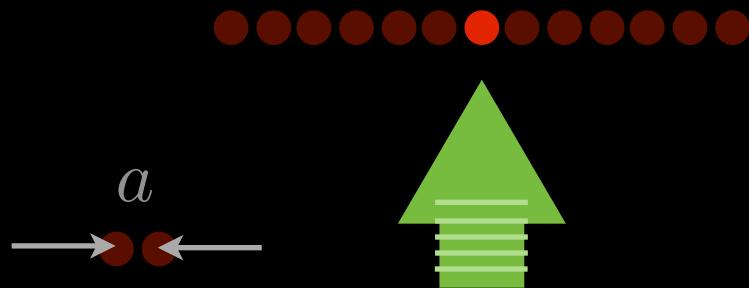


http://de.wikipedia.org/wiki/Ernst_Abbe

The basic principle: Abbe's view

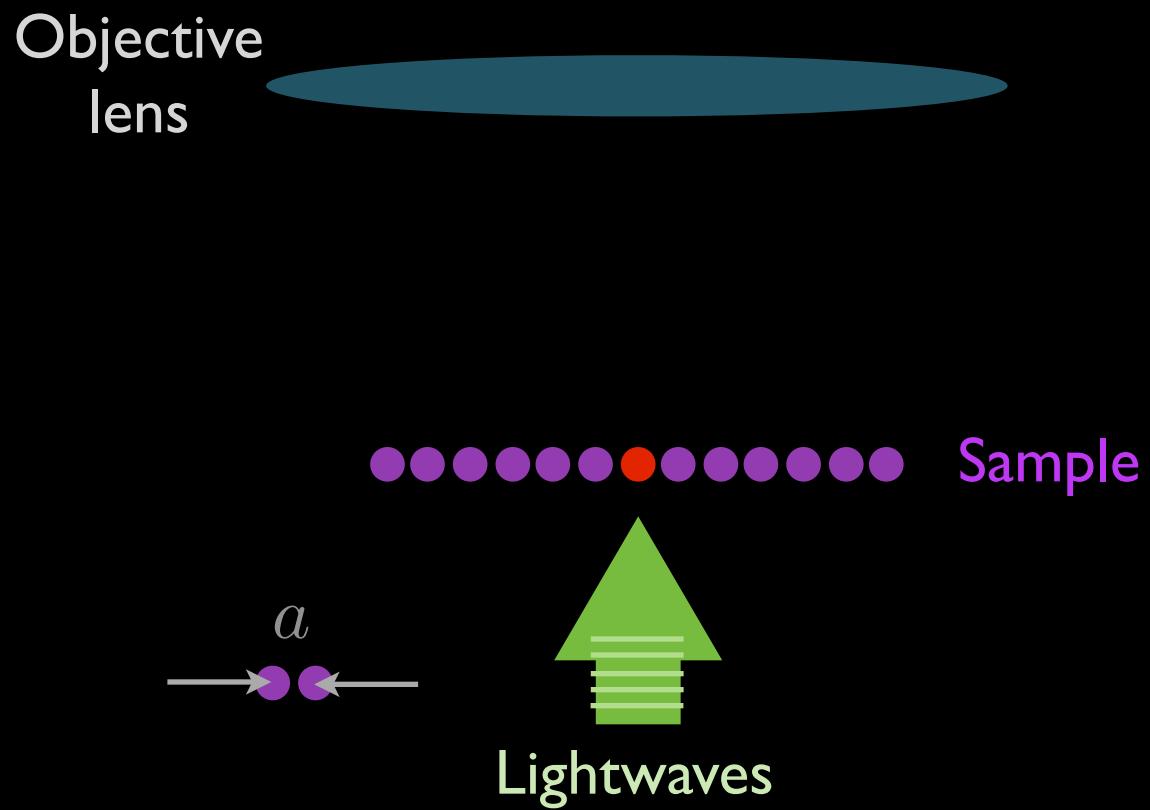
Sample = Structure

→ Periodicity

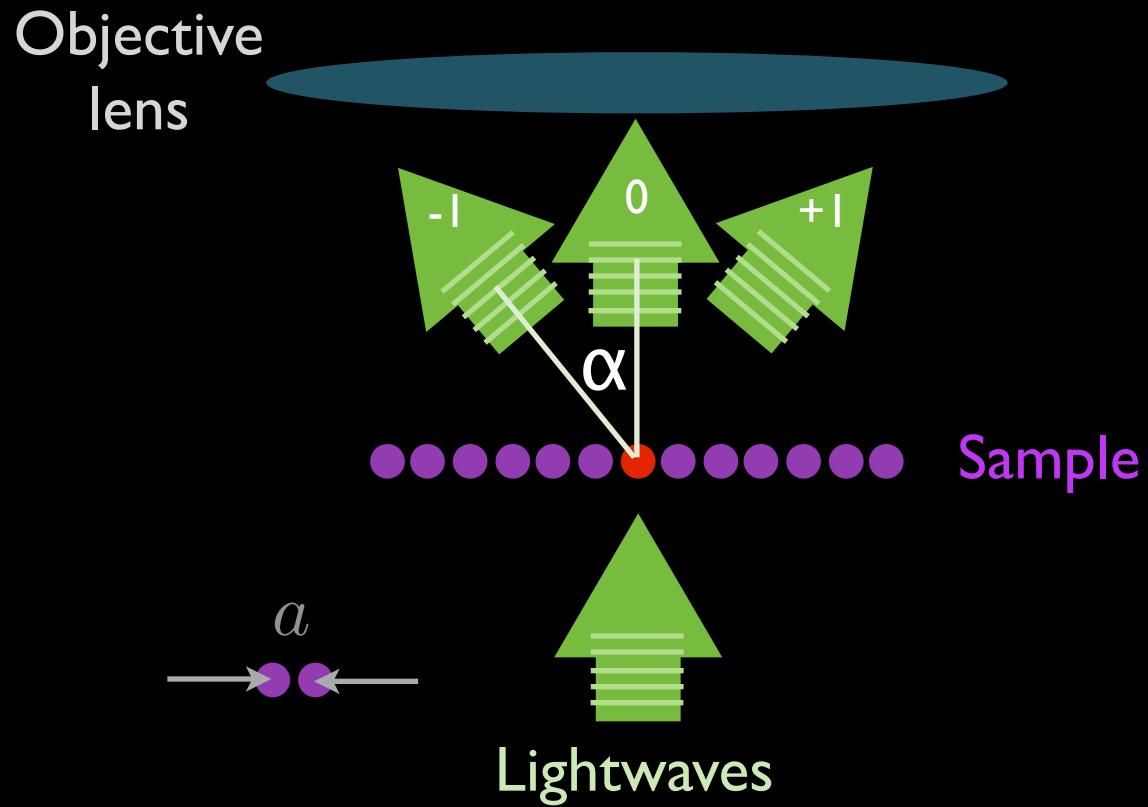


http://de.wikipedia.org/wiki/Ernst_Abbe

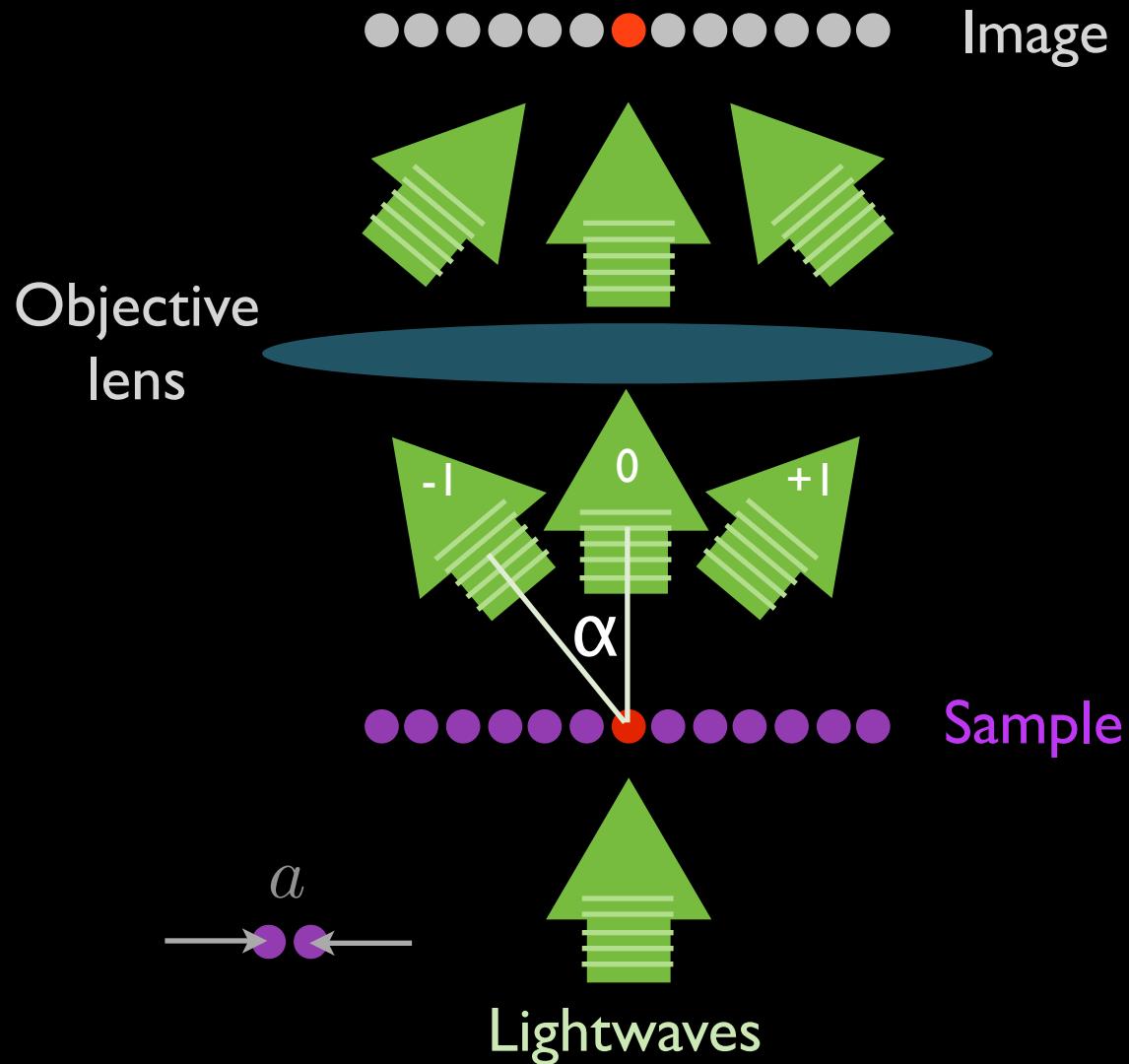
The basic principle: Abbe's view



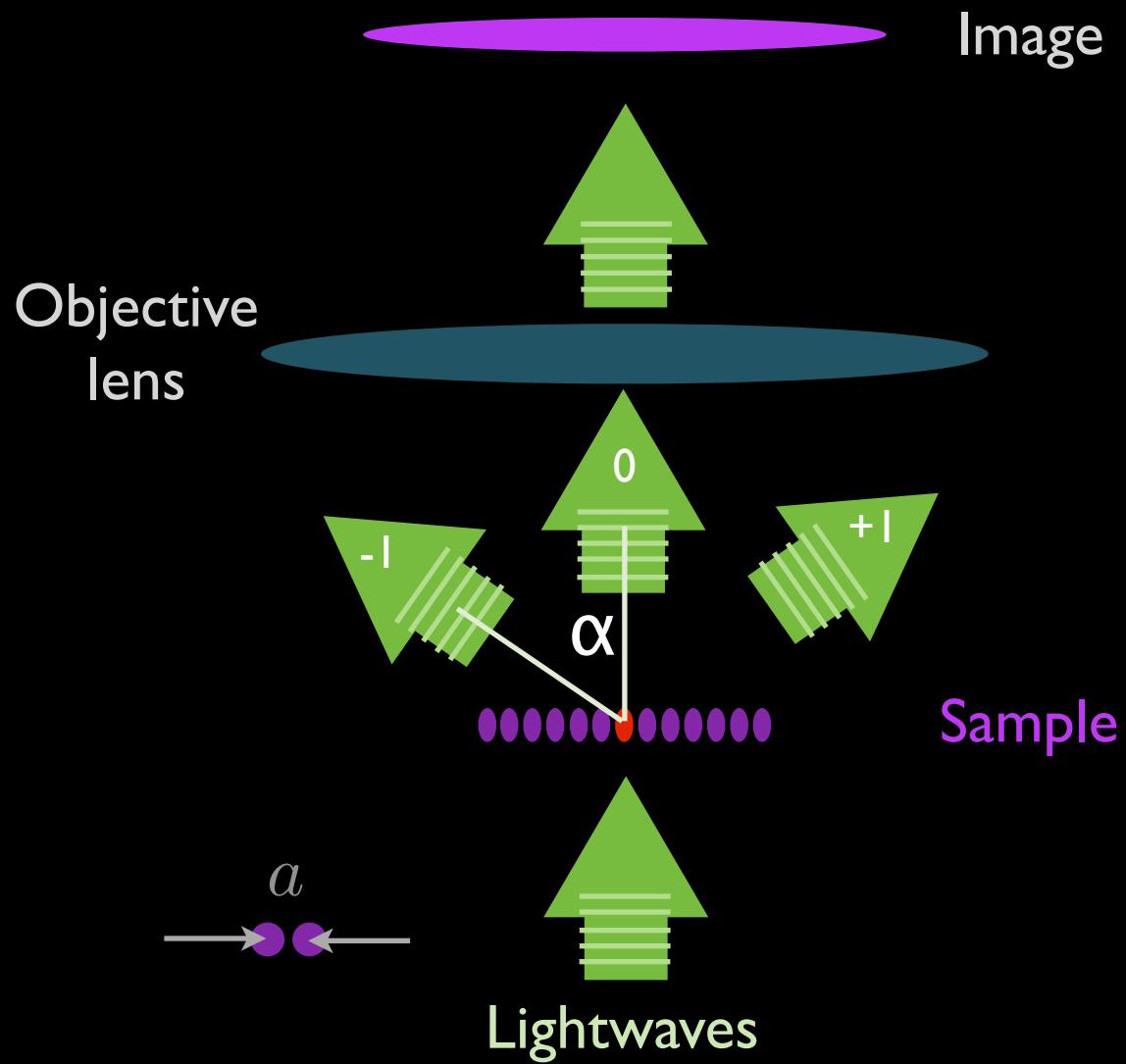
The basic principle: Abbe's view



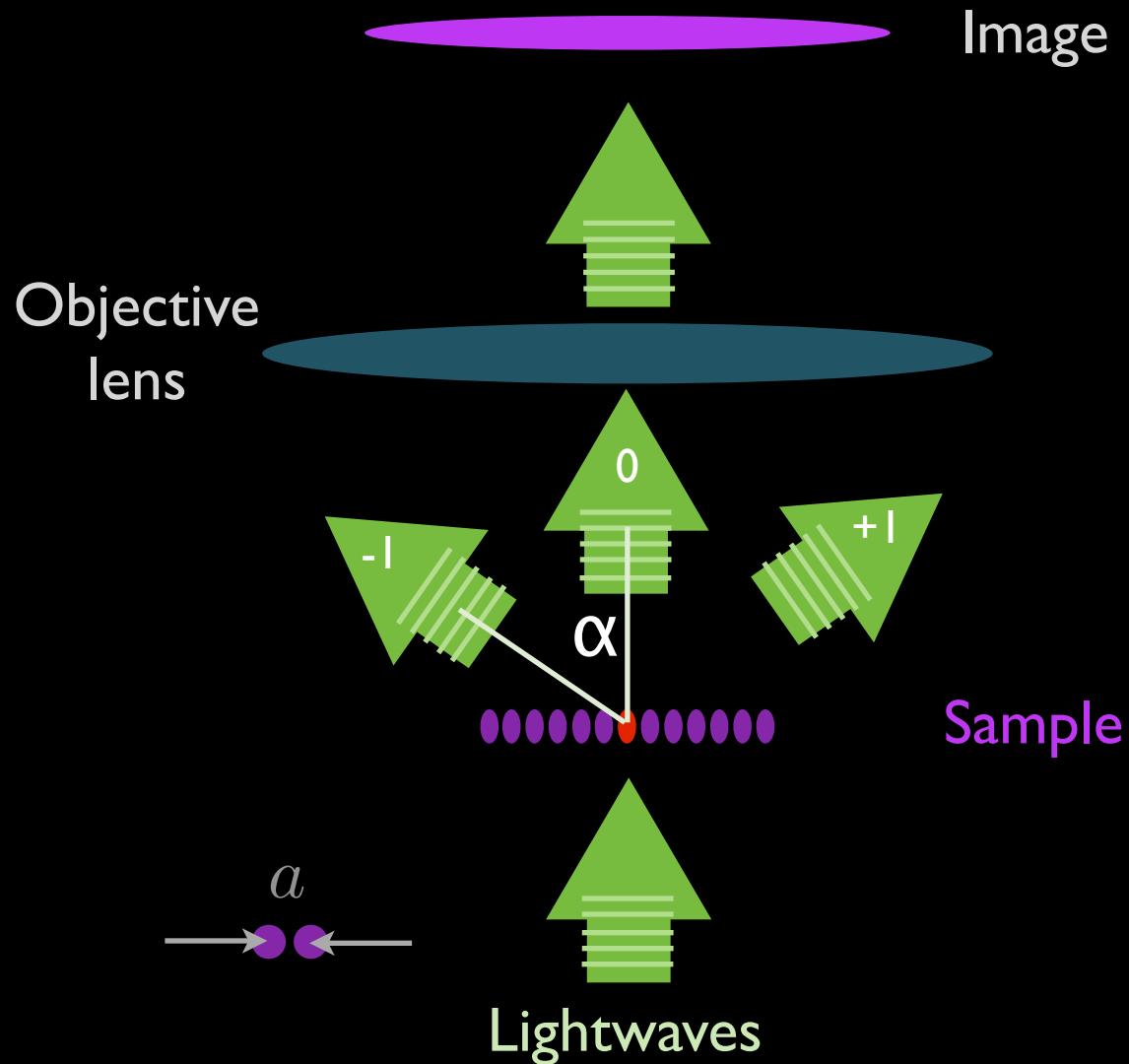
The basic principle: Abbe's view



The basic principle: Abbe's view



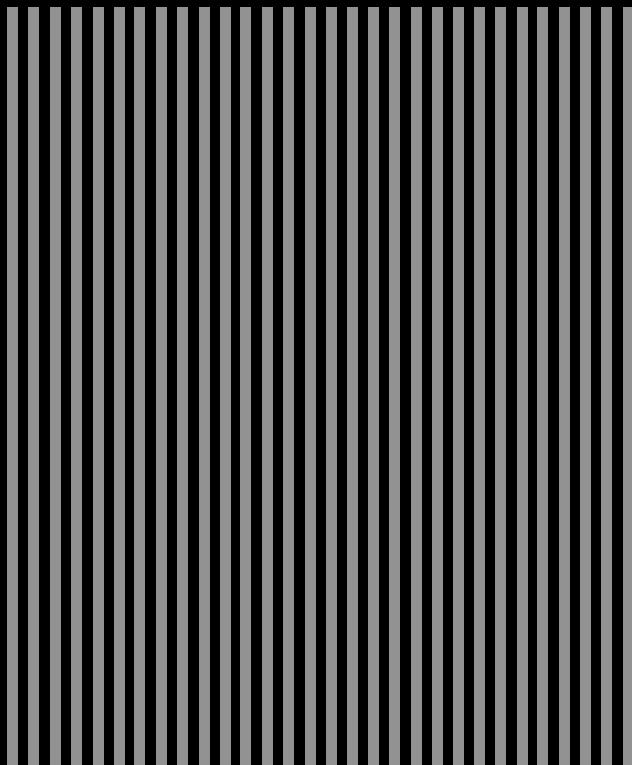
The basic principle: Abbe's view



highest frequencies
(biggest α)
→
smallest structures

The basic SI principle: Moiré fringes

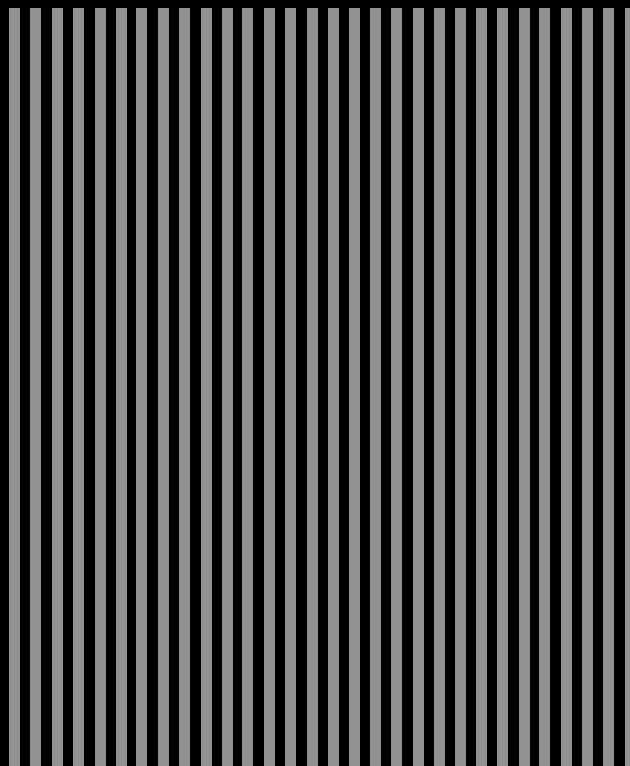
$$f_l = 30 \text{ Stripes} / 300 \text{ Pixels} = 0.1 \text{ S/P}$$



Illumination with known
periodicity

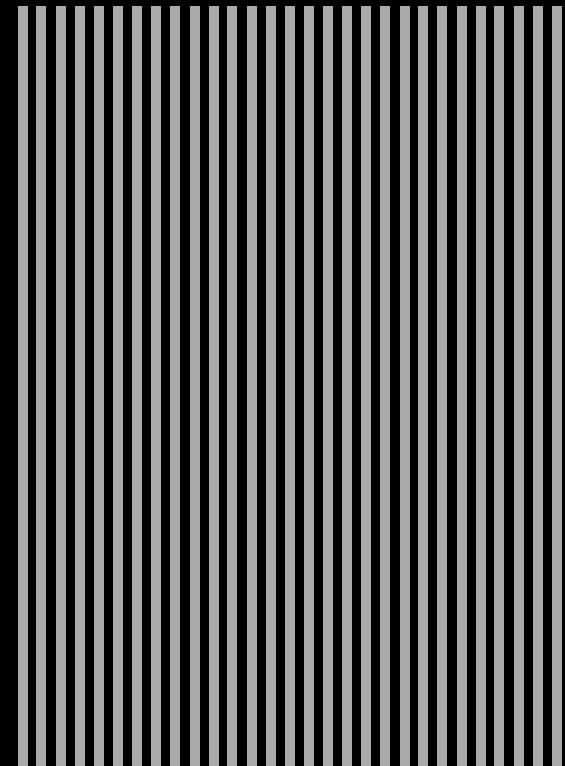
The basic SI principle: Moiré fringes

$$f_1 = 30 \text{ Stripes} / 300 \text{ Pixels} = 0.1 \text{ S/P}$$



Illumination with known
periodicity

$$f_2 = 30 \text{ Stripes} / 270 \text{ Pixels} = 0.11 \text{ S/P}$$



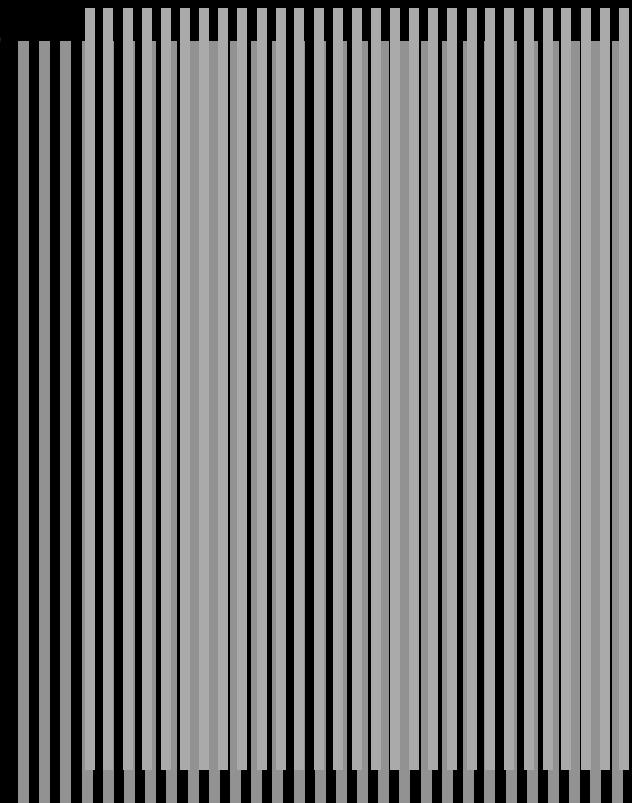
SAMPLE with
“unknown” periodicity

The basic SI principle: Moiré fringes

$$f_1 = 30 \text{ Stripes} / 300 \text{ Pixels} = 0.1 \text{ S/P}$$

$$f_2 = 30 \text{ Stripes} / 270 \text{ Pixels} = 0.11 \text{ S/P}$$

$$\Delta f = 0.011 \text{ S/P}$$



Illumination with known
periodicity

SAMPLE with
“unknown” periodicity

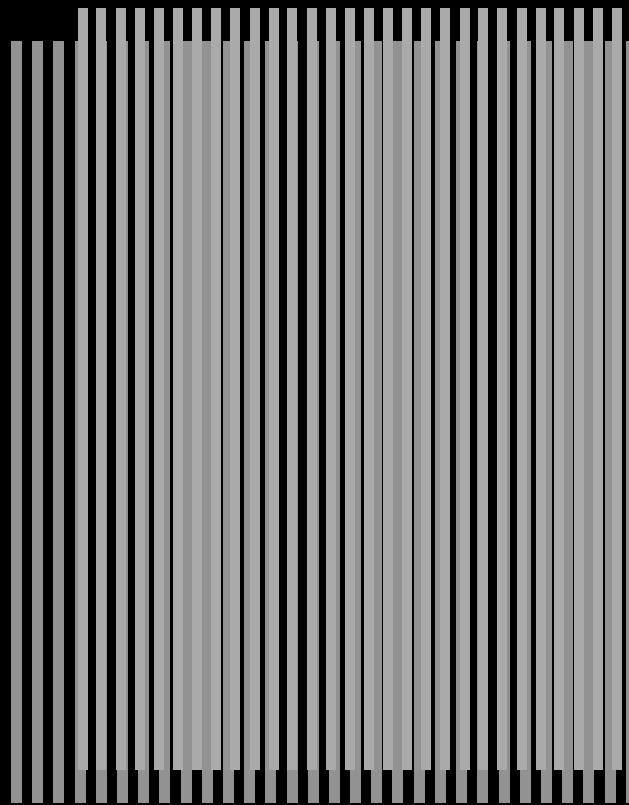
The basic SI principle: Moiré fringes

$$f_1 = 30 \text{ Stripes} / 300 \text{ Pixels} = 0.1 \text{ S/P}$$

$$f_2 = 30 \text{ Stripes} / 270 \text{ Pixels} = 0.11 \text{ S/P}$$

MOIRE-PATTERNS are generated by “multiplication” SAMPLE PERIODICITY can be calculated!

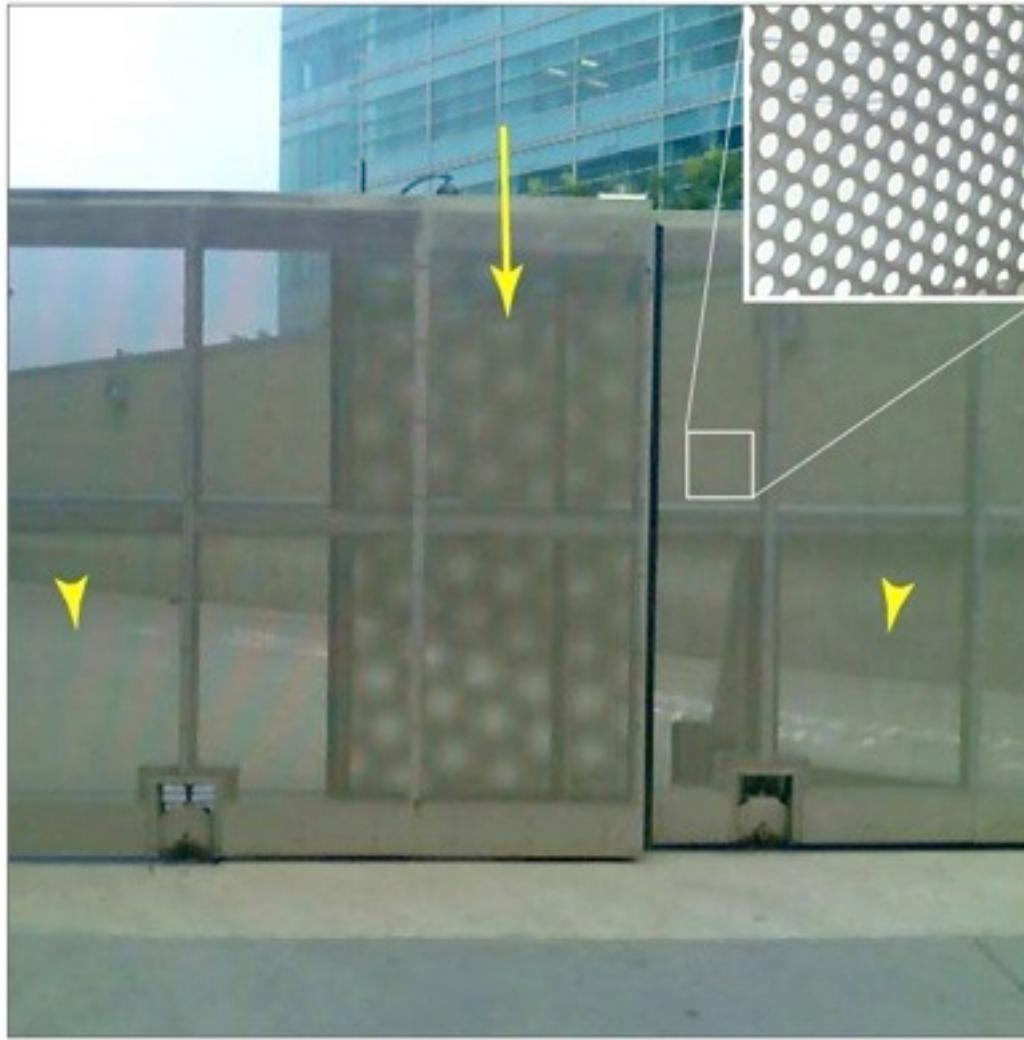
$$\Delta f = 0.011 \text{ S/P}$$



Illumination with known periodicity

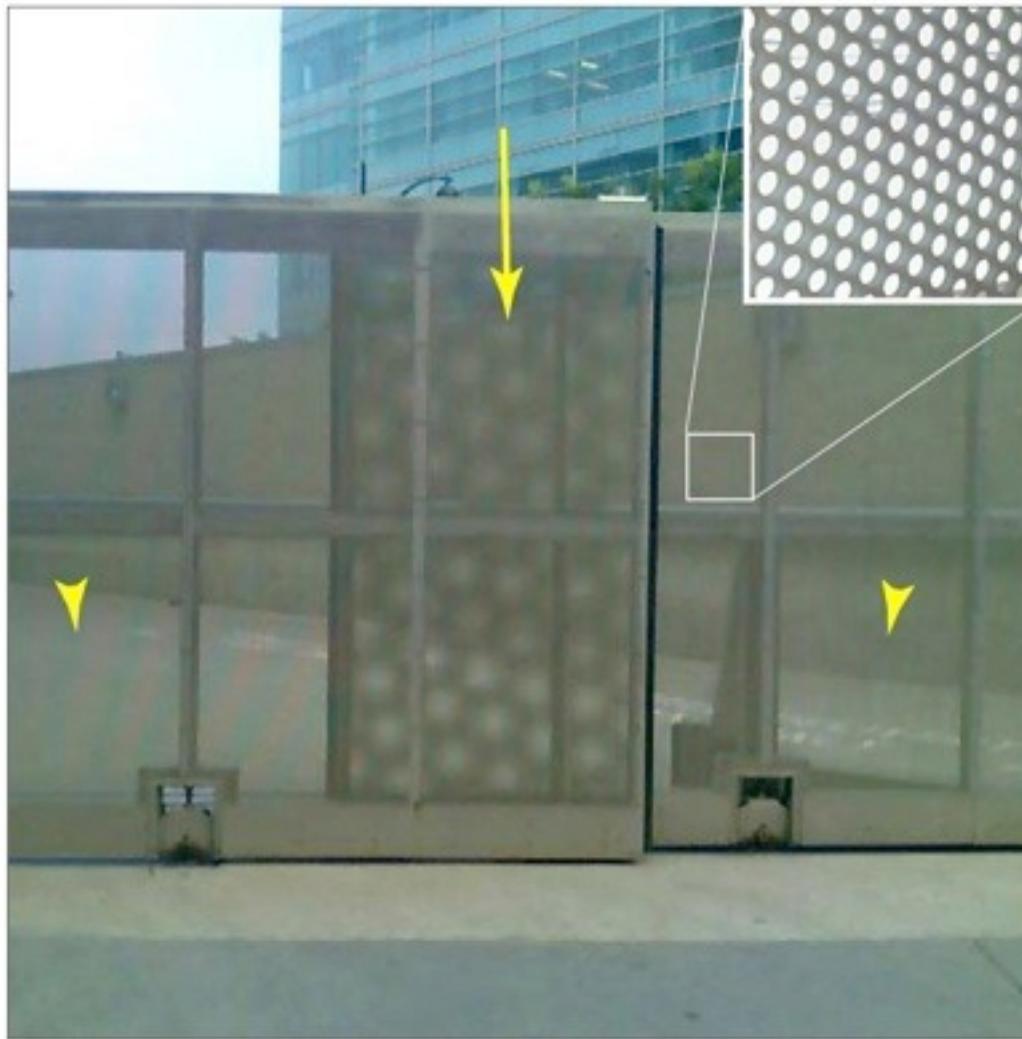
SAMPLE with “unknown” periodicity

The basic SI principle: Moiré fringes



high frequency information
is shifted/encoded to a
lower frequency, that can
be resolved.

The basic SI principle: Moiré fringes



high frequency information
is shifted/encoded to a
lower frequency, that can
be resolved.

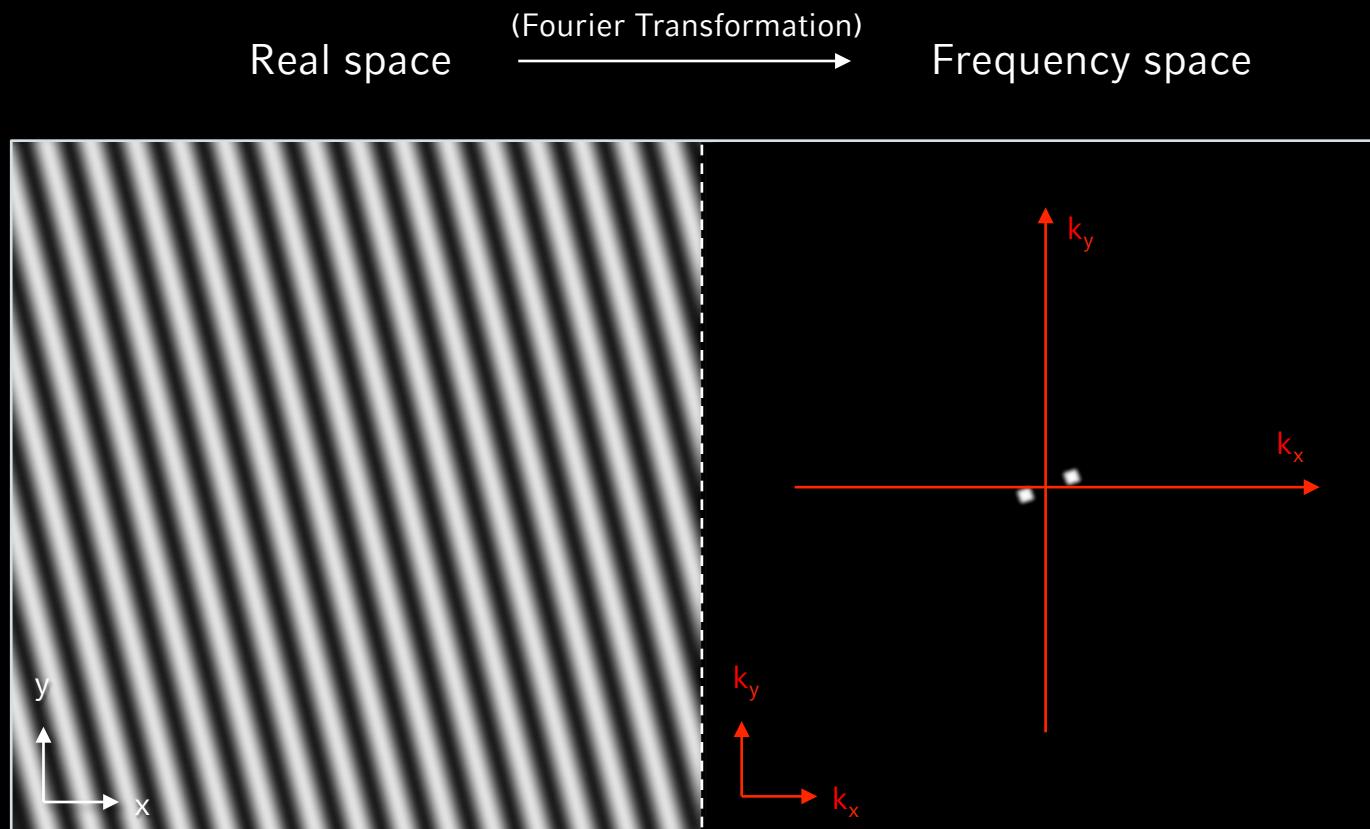
Fourier transform of
the measured image

unknown structure

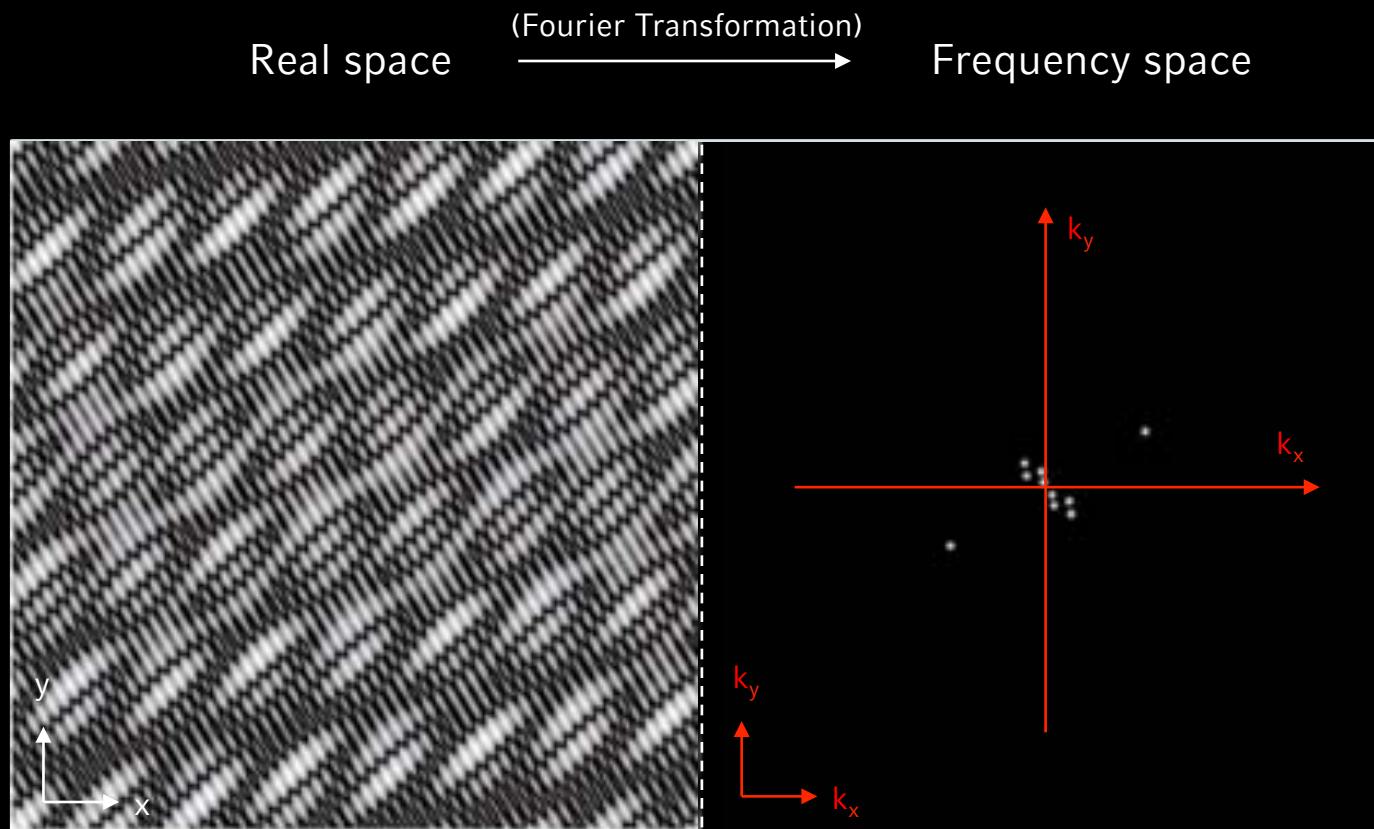
$$F\{f \times g\} = F\{f\} \otimes F\{g\} \quad \longrightarrow \quad F\{f\} = F\{f \times g\} \otimes^{-1} F\{g\}$$

Known illumination function

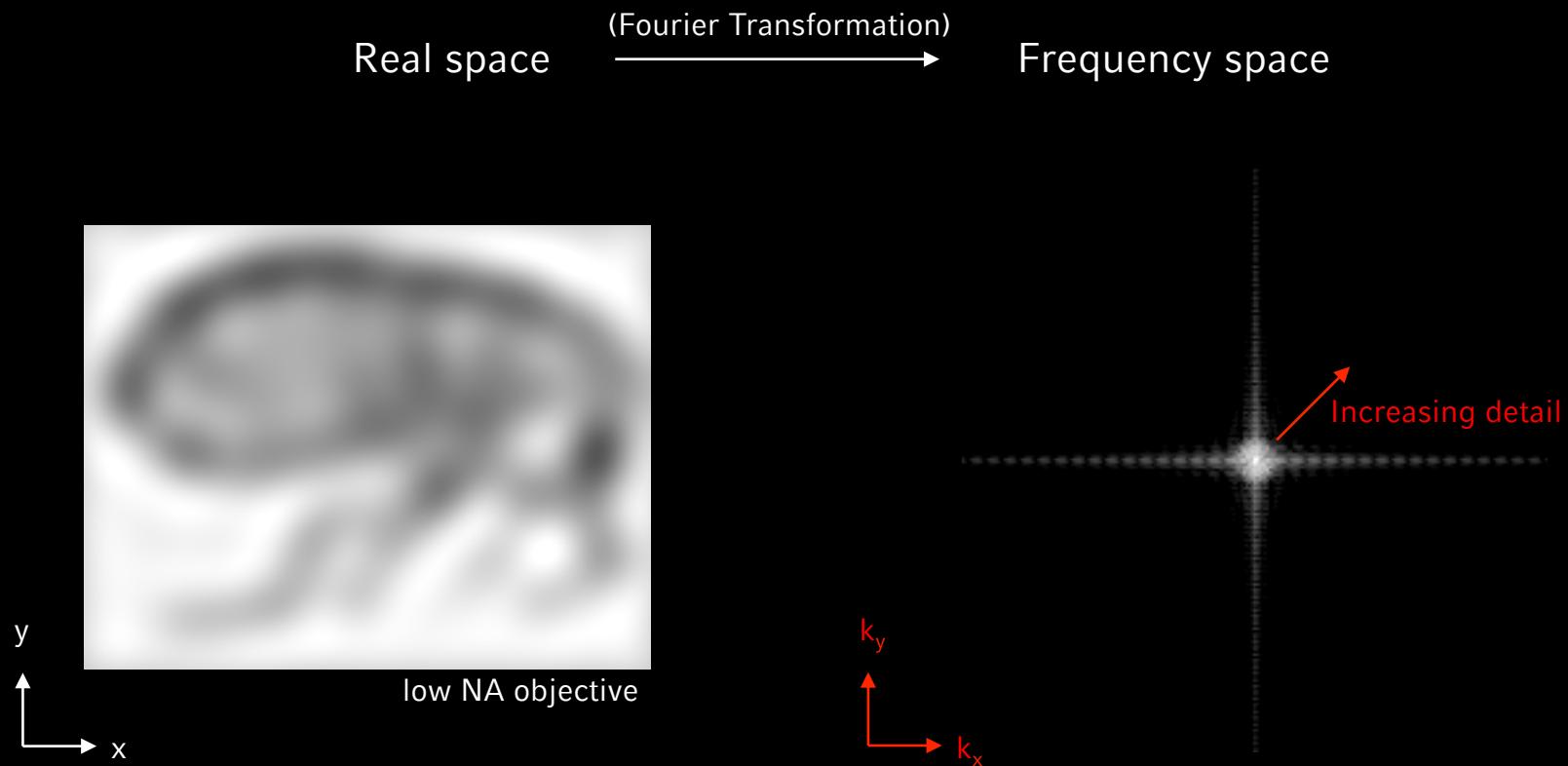
SI image reconstruction in Fourier space



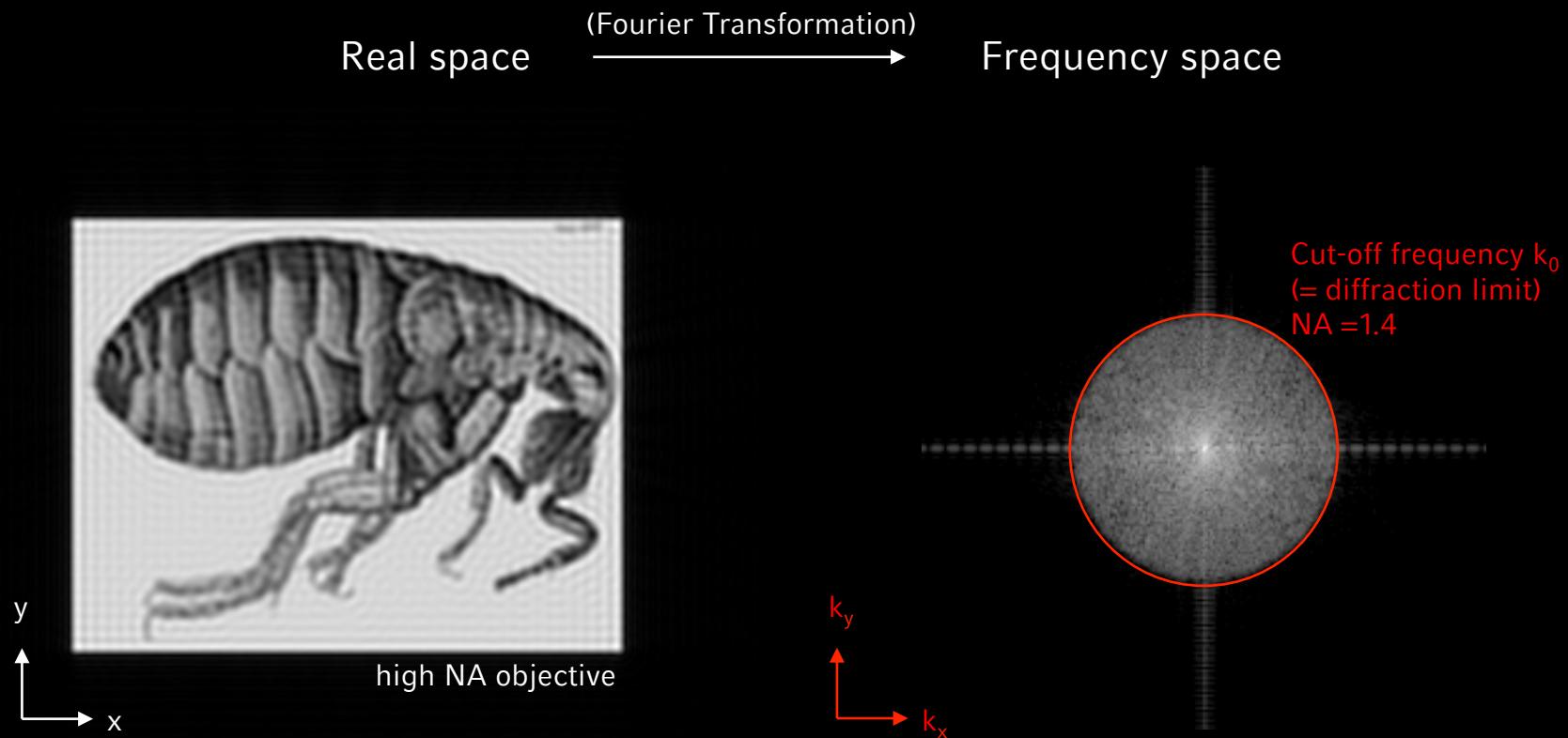
SI image reconstruction in Fourier space



SI image reconstruction in Fourier space

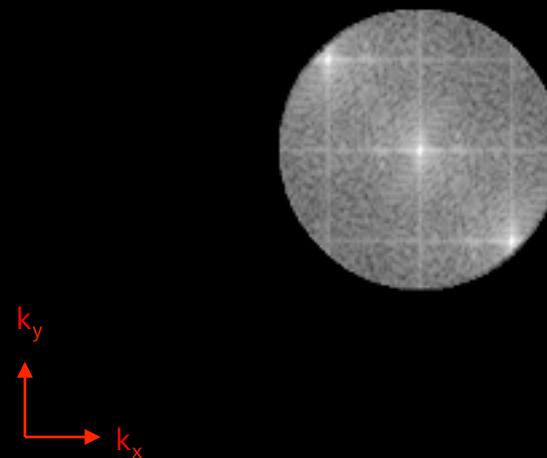
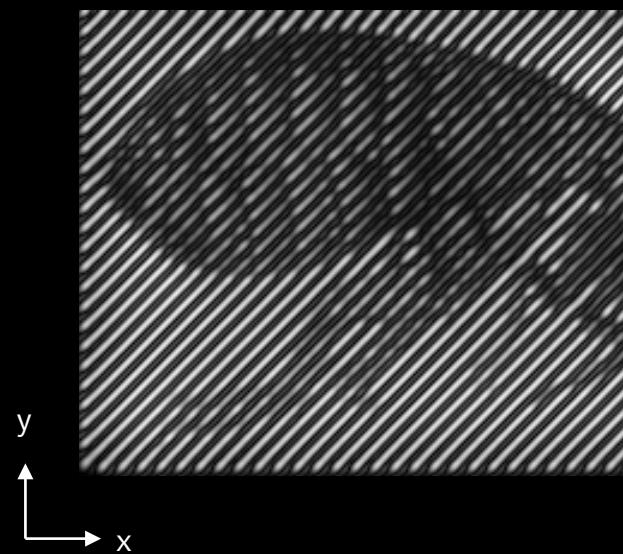


SI image reconstruction in Fourier space



SI image reconstruction in Fourier space

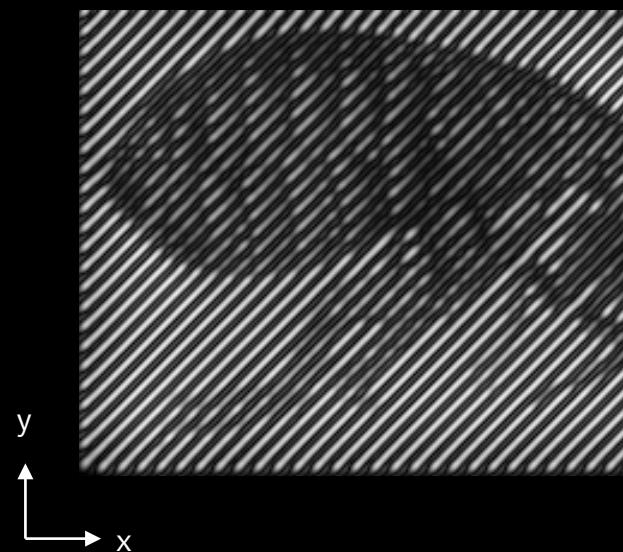
Real space $\xrightarrow{\text{(Fourier Transformation)}}$ Frequency space



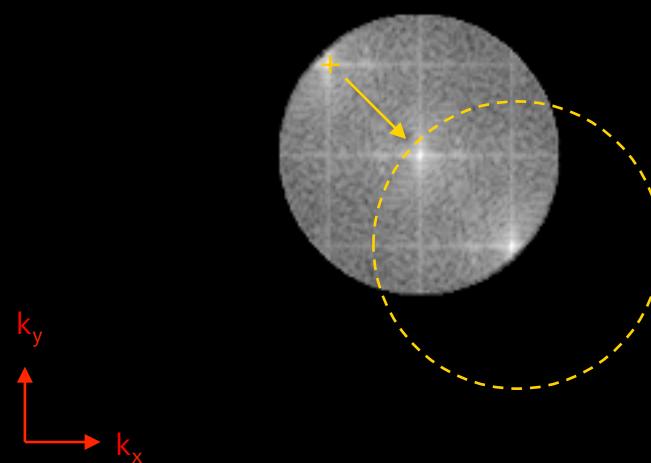
Illumination with known
periodicity

SI image reconstruction in Fourier space

Real space $\xrightarrow{\text{(Fourier Transformation)}}$ Frequency space

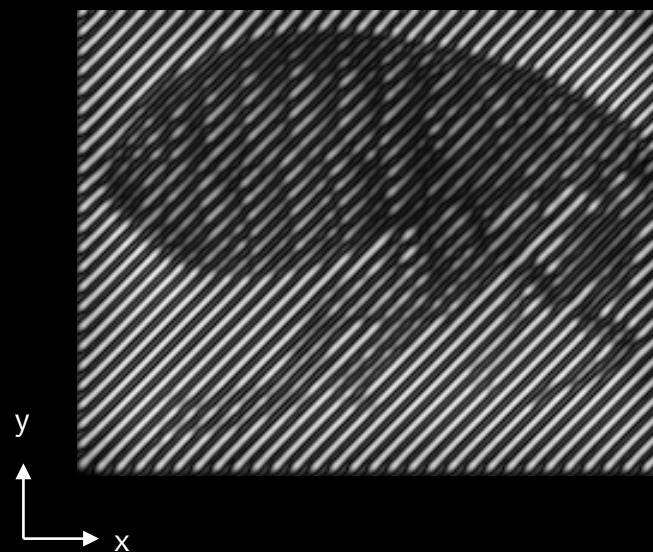


Illumination with known
periodicity

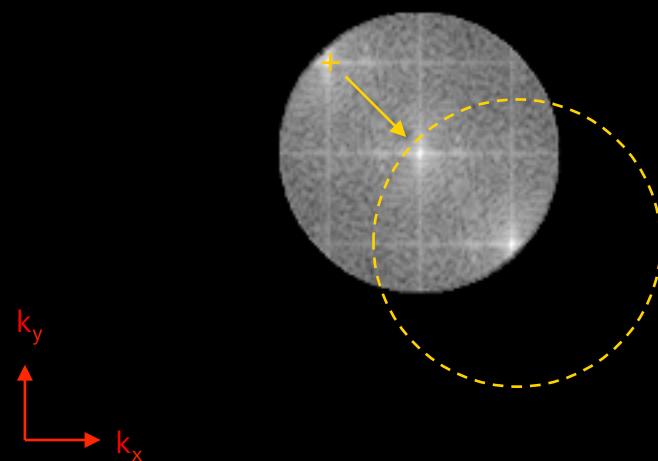


SI image reconstruction in Fourier space

Real space $\xrightarrow{\text{(Fourier Transformation)}}$ Frequency space



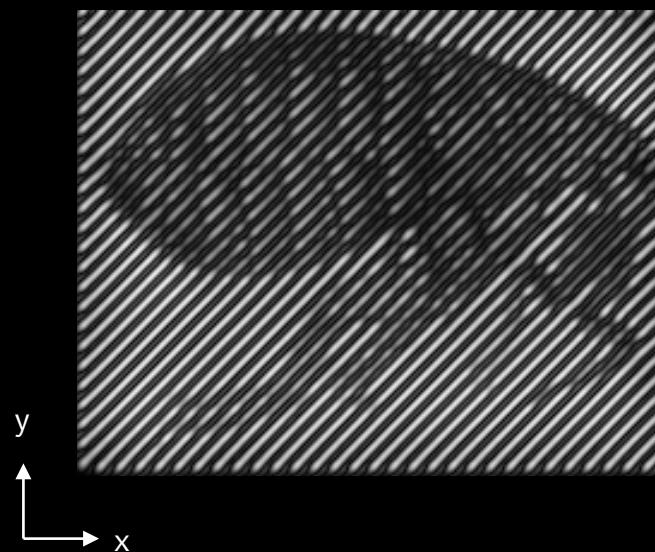
Illumination with known
periodicity



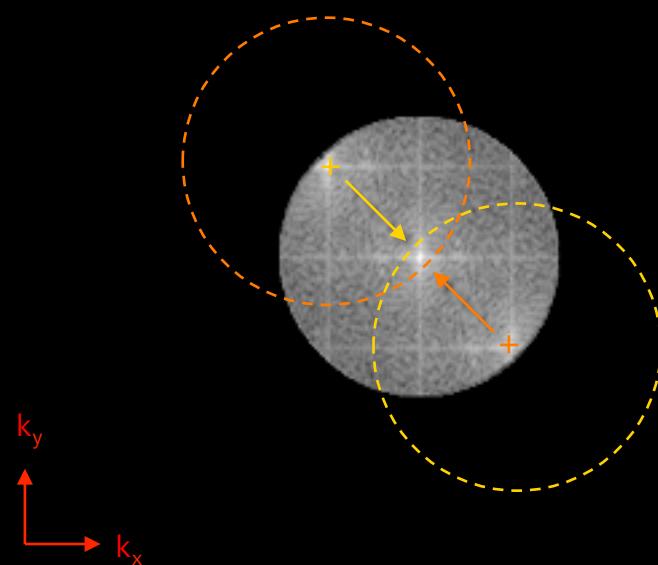
“New” information is
generated...

SI image reconstruction in Fourier space

Real space $\xrightarrow{\text{(Fourier Transformation)}}$ Frequency space

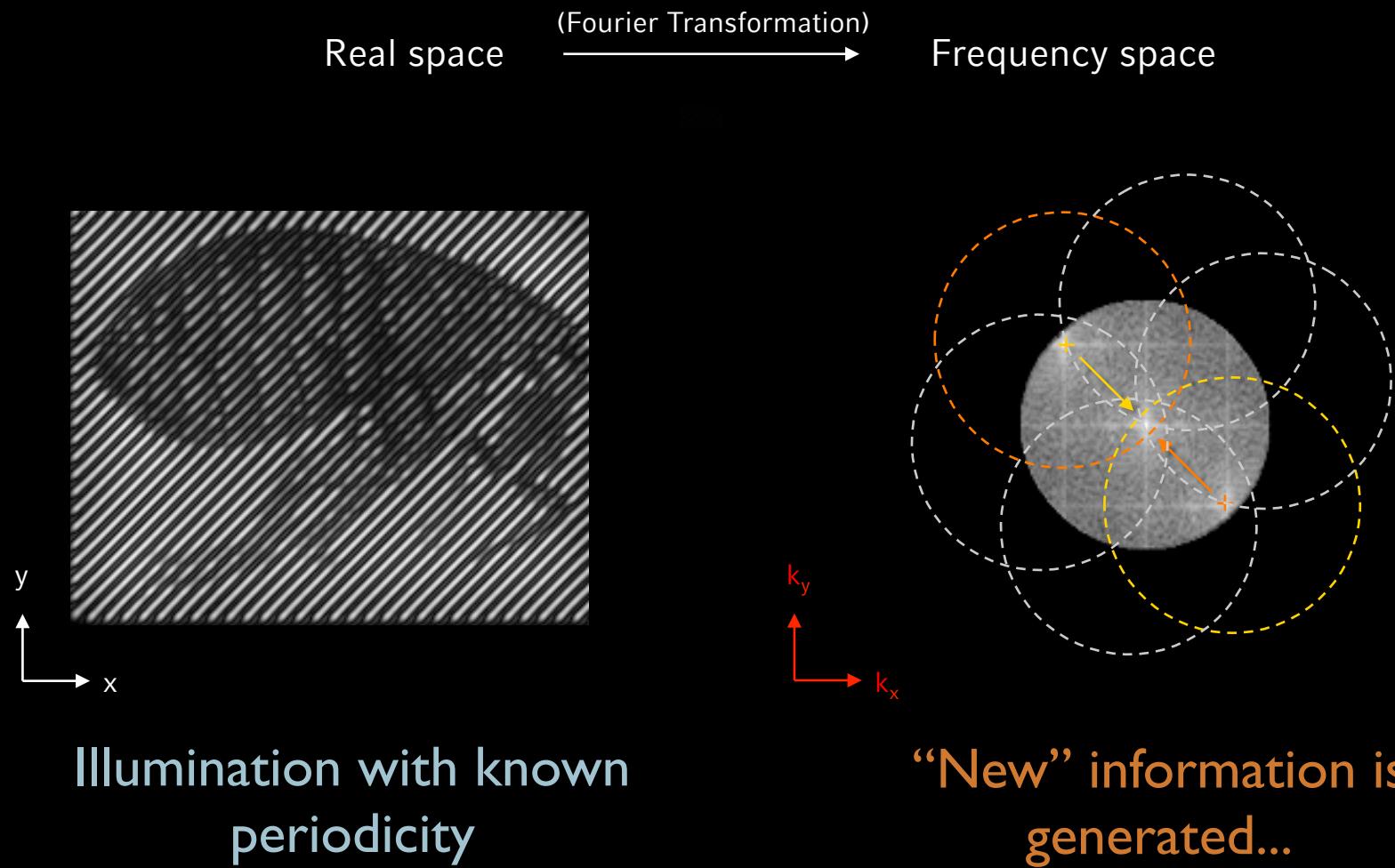


Illumination with known
periodicity

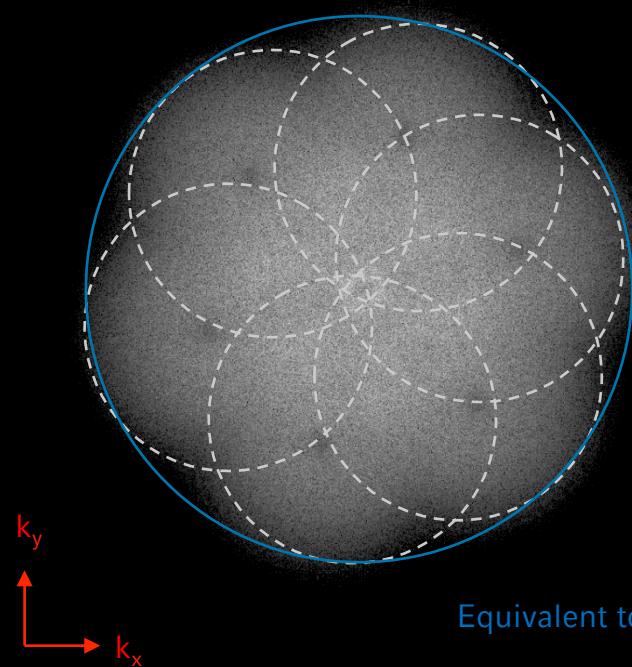
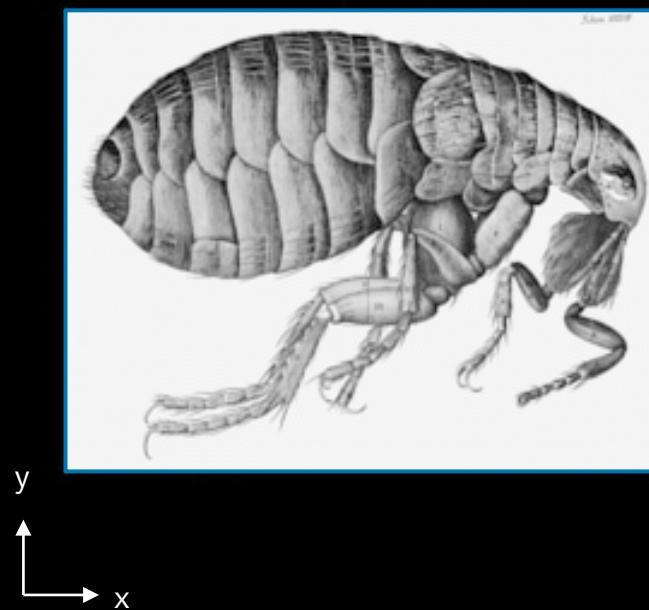
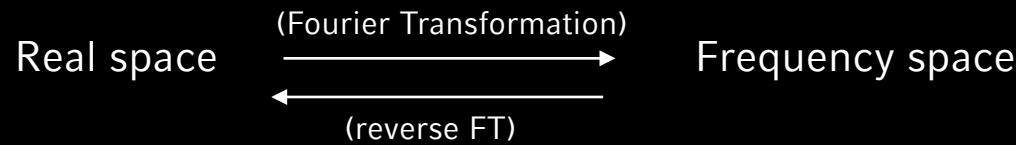


“New” information is
generated...

SI image reconstruction in Fourier space

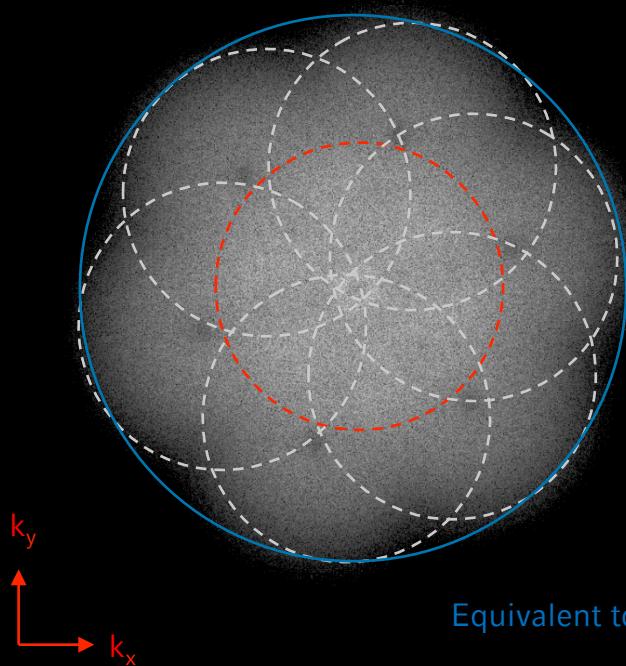
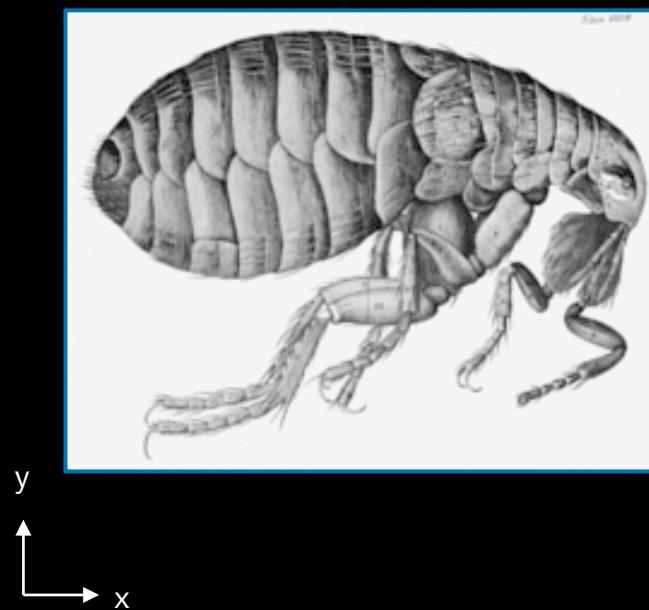
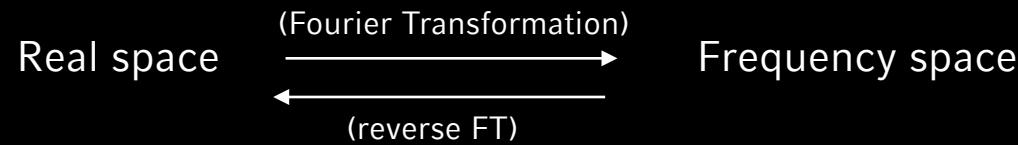


SI image reconstruction in Fourier space



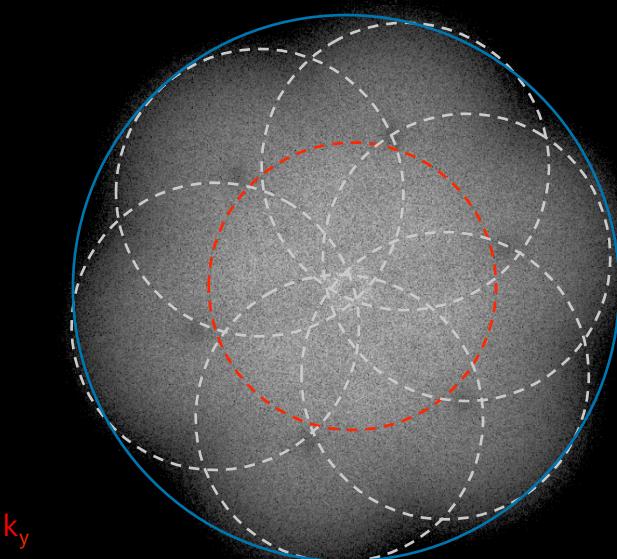
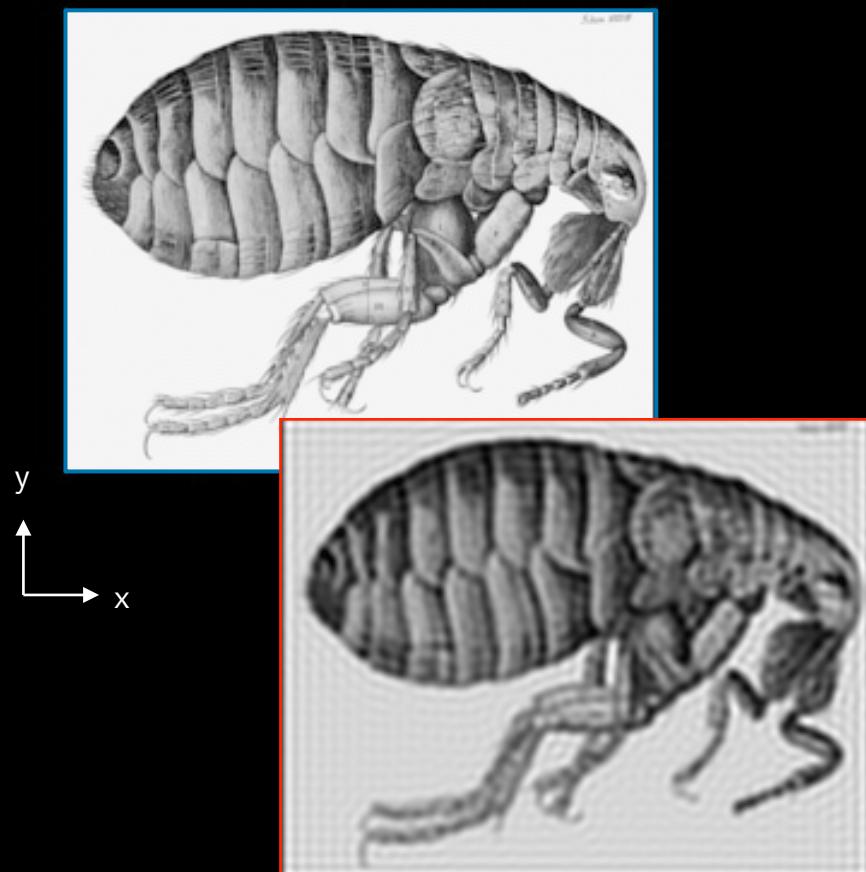
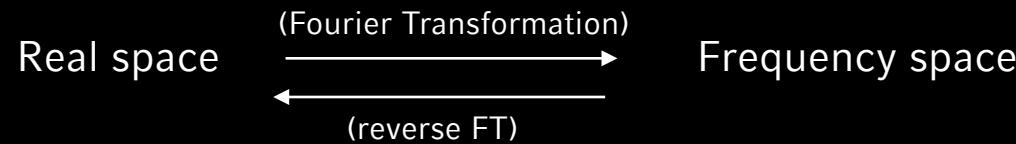
Equivalent to NA=2.35

SI image reconstruction in Fourier space



Equivalent to NA=2.35

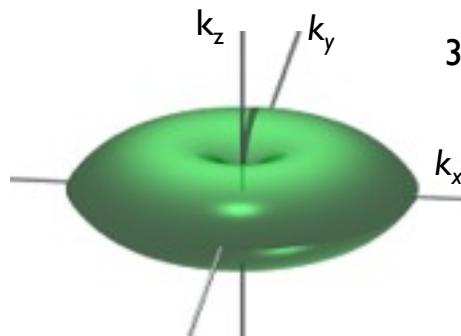
SI image reconstruction in Fourier space



Equivalent to NA=2.35

Support in 3D-frequency space

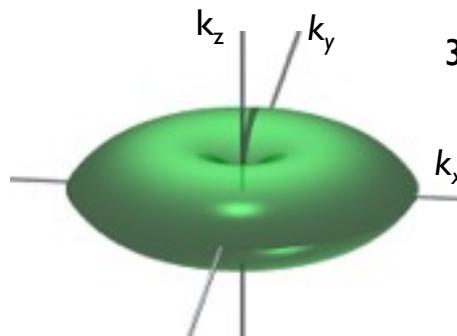
Widefield illumination



3D rendering illustrates cut-off frequency
(= Resolution limit)

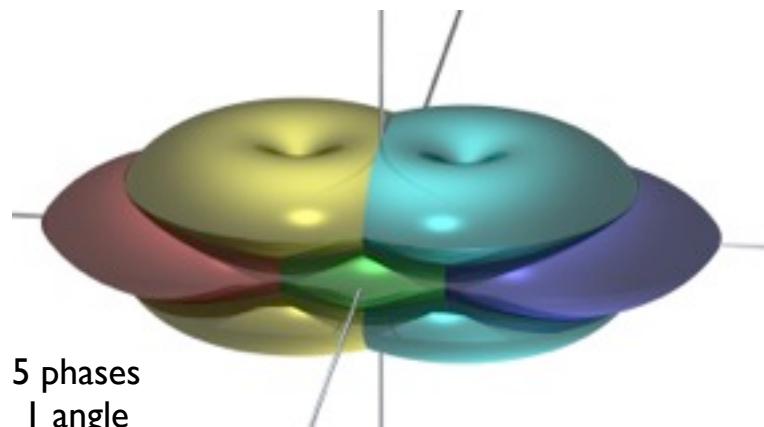
Support in 3D-frequency space

Widefield illumination

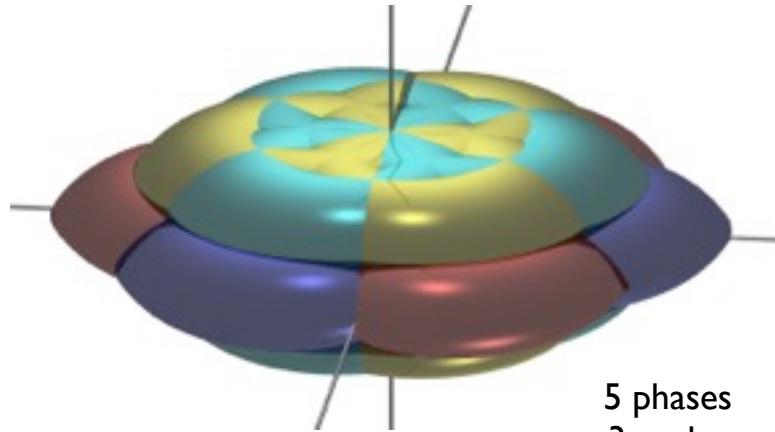


3D rendering illustrates cut-off frequency
(= Resolution limit)

3D Structured illumination



5 phases
1 angle



5 phases
3 angles

**Filling of “missing cone” -> z-sectioning
2x higher lateral and axial resolution**

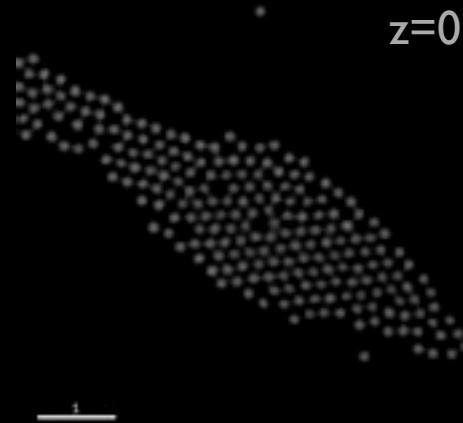
Example: 170 nm PS-Beads



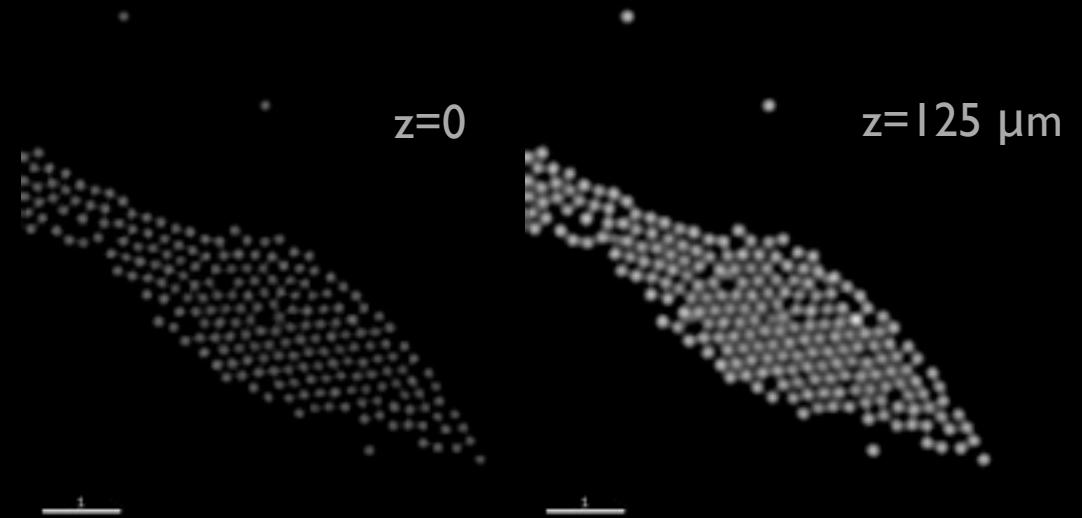
Example: 170 nm PS-Beads



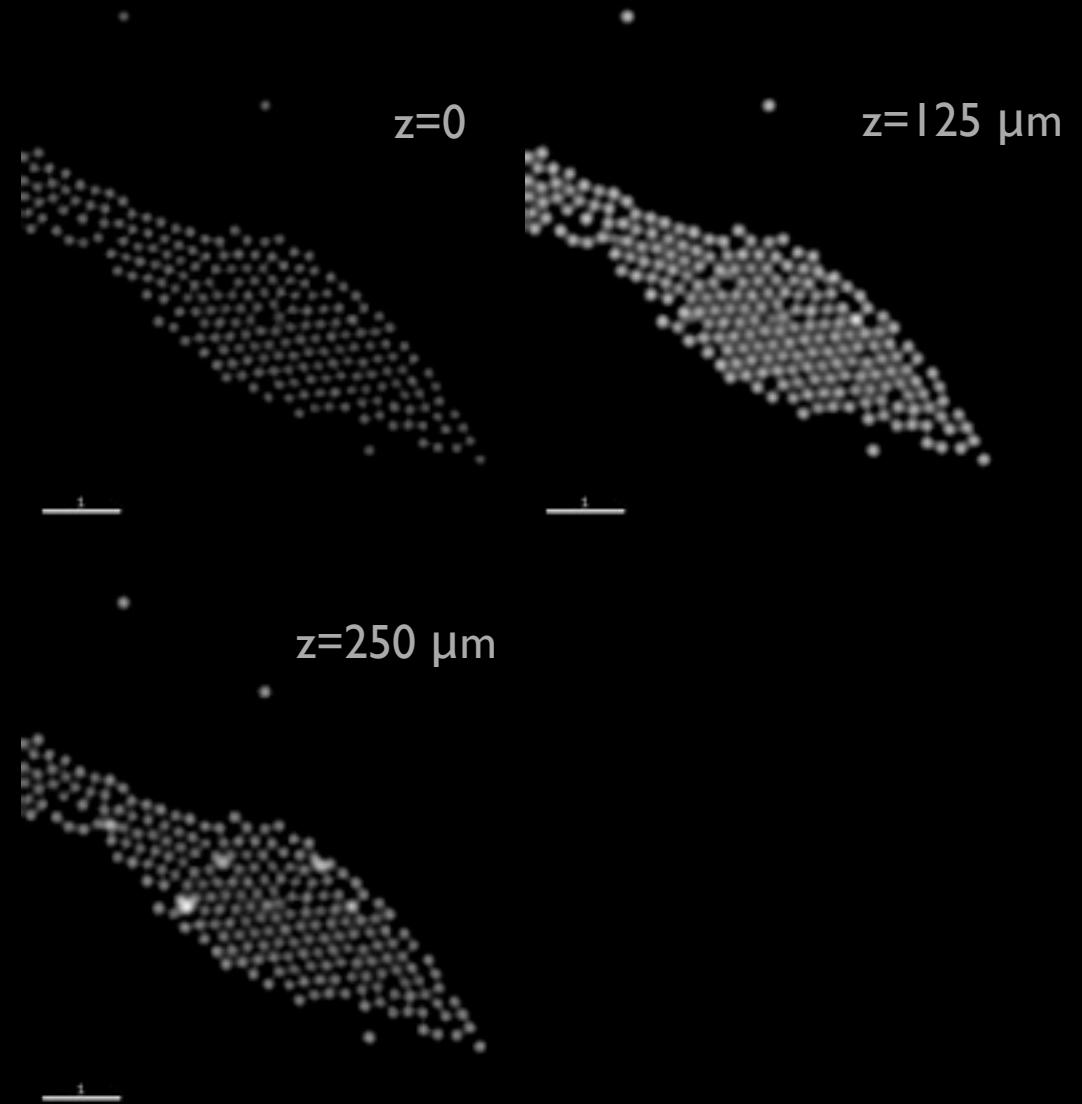
| 170 nm PS-Beads



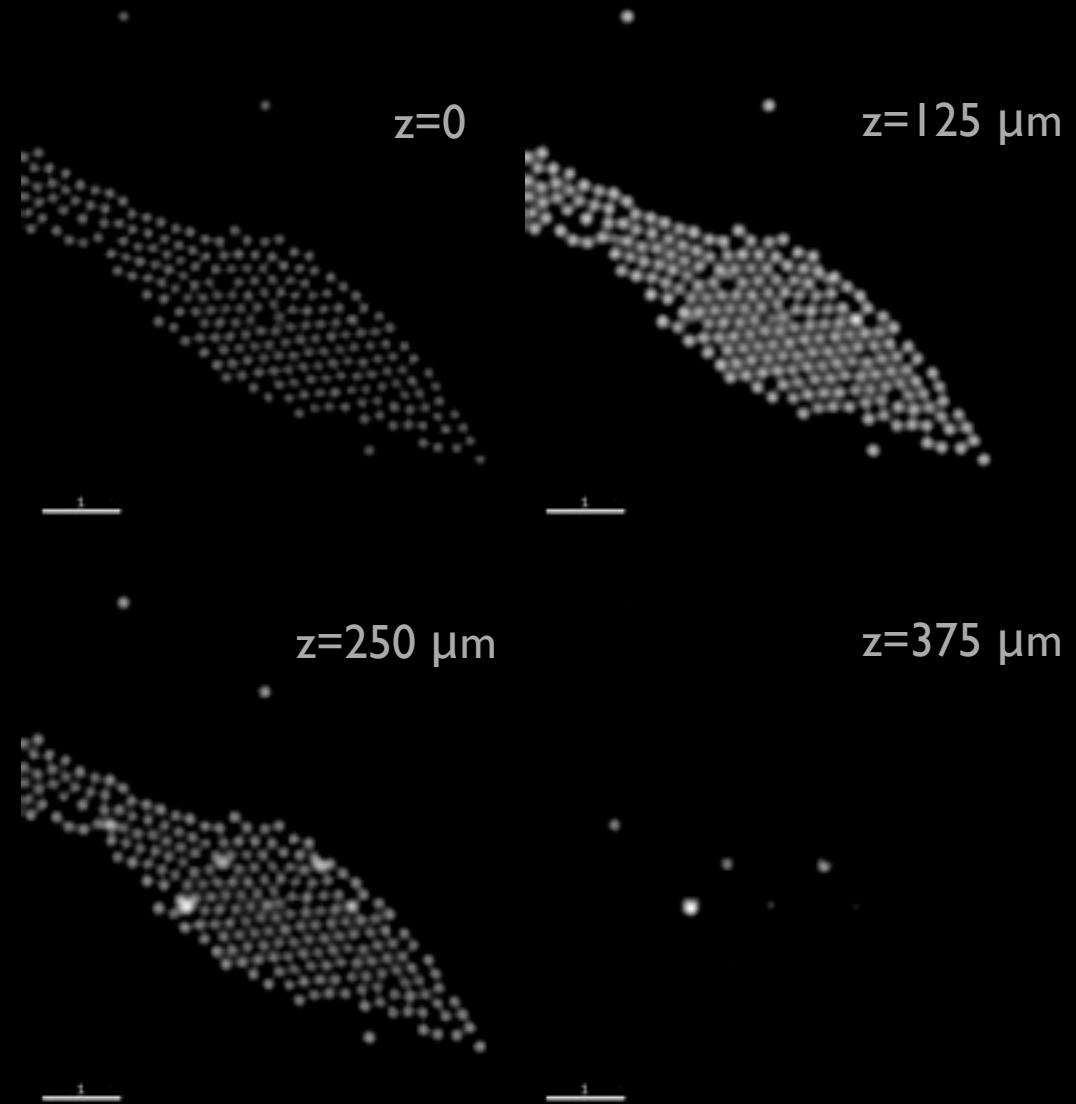
| 170 nm PS-Beads



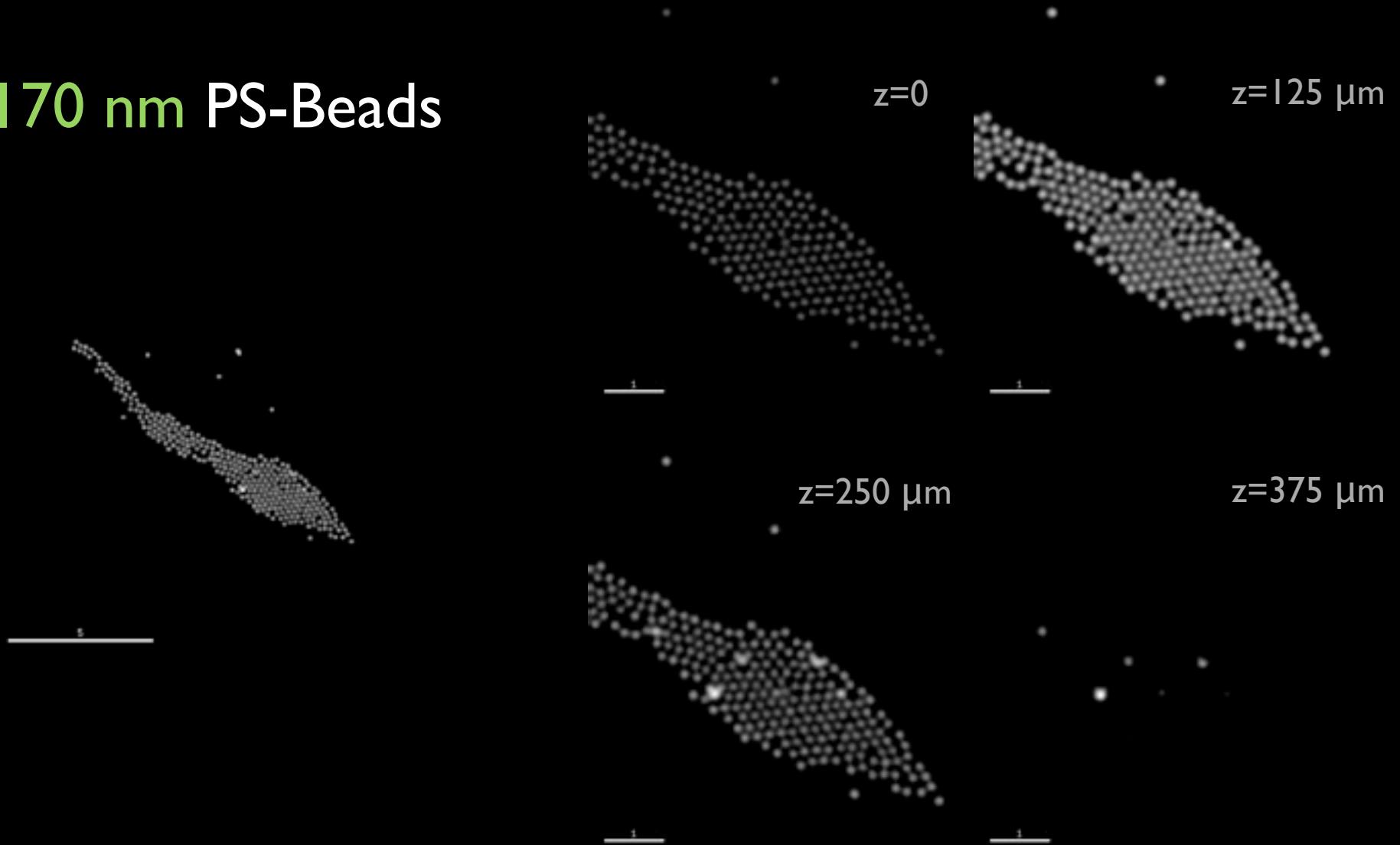
| 170 nm PS-Beads



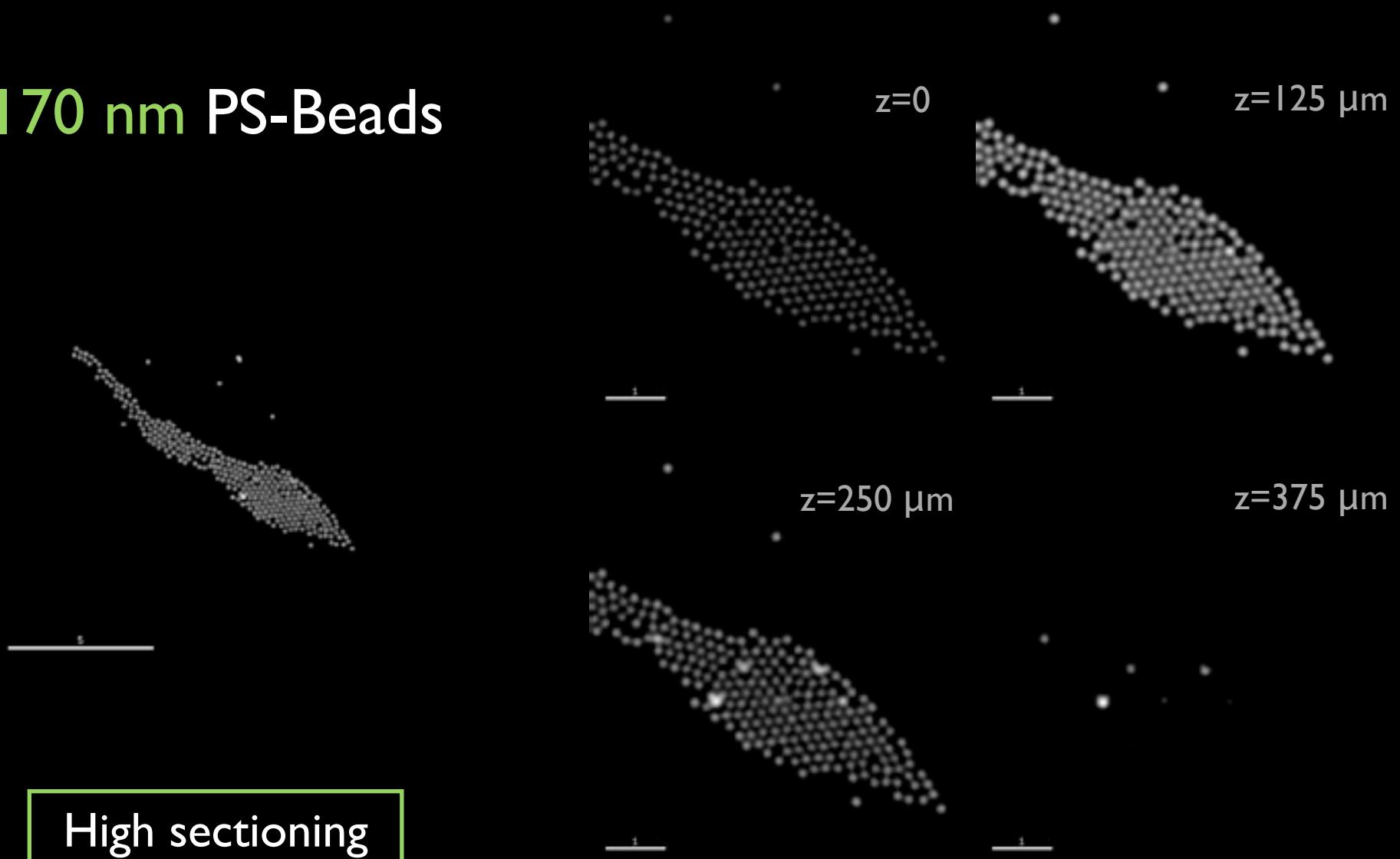
| 170 nm PS-Beads



170 nm PS-Beads

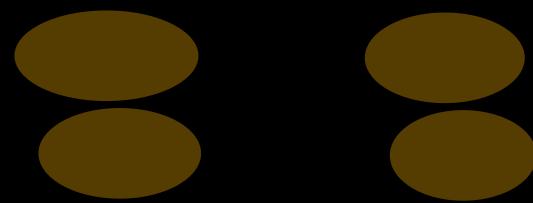


| 170 nm PS-Beads

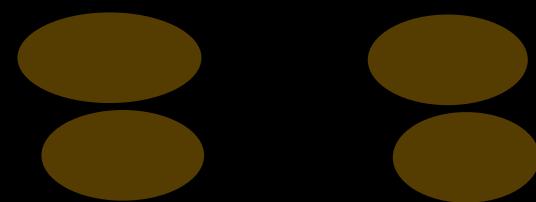


High sectioning
quality!

What could this be?

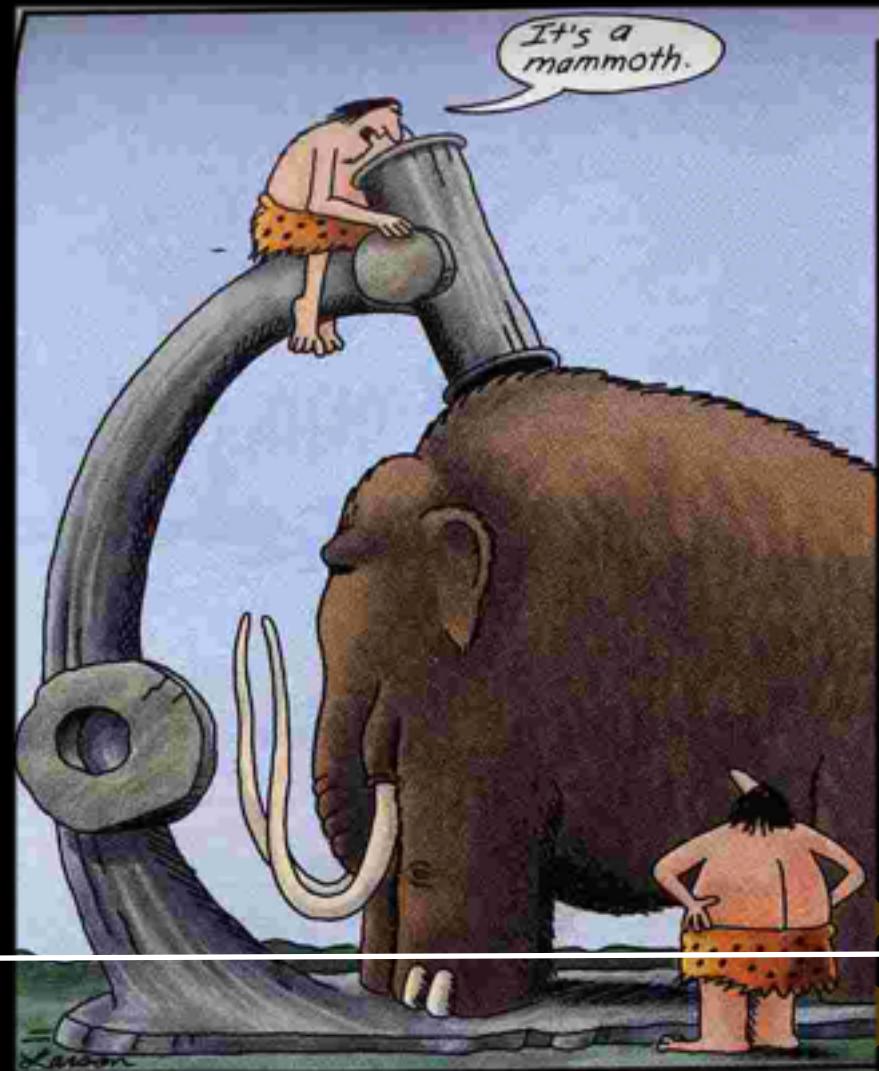


What could this be?



3D information (z-res., optical sectioning, z-depth) !

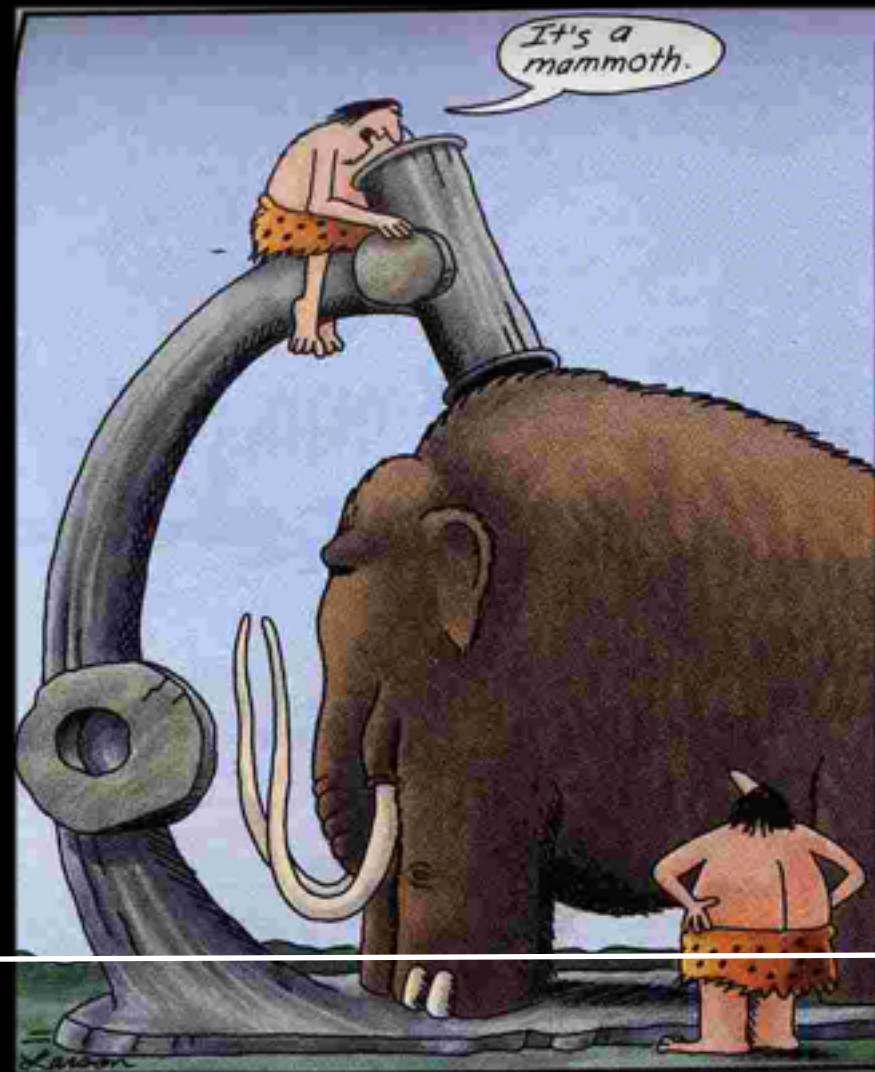
What could this be?



3D information (z-res., optical sectioning, z-depth) !

Not only resolution but also context matters! (I)

What could this be?

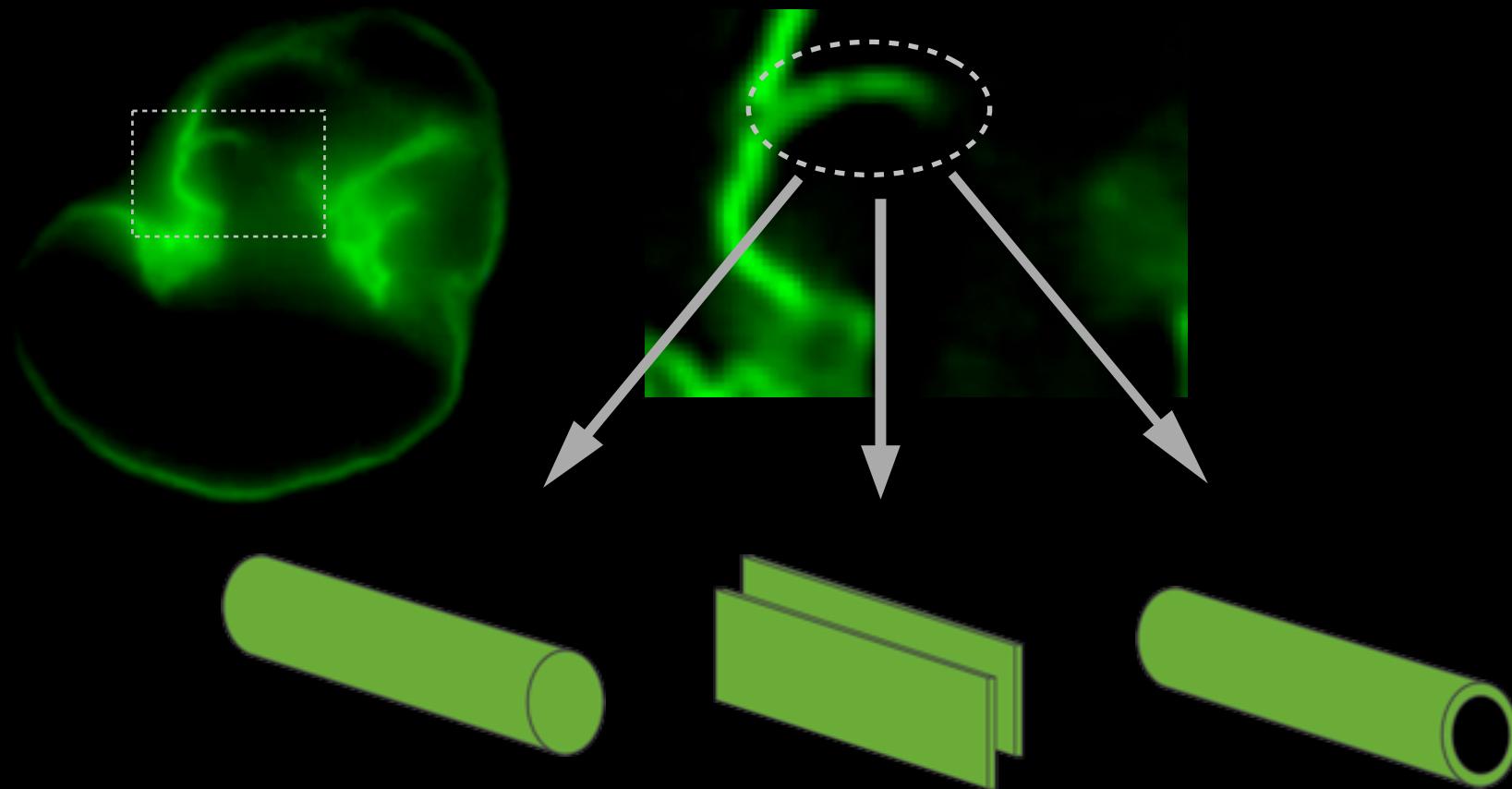


3D information (z-res., optical sectioning, z-depth) !

Not only resolution but also context matters! (III)

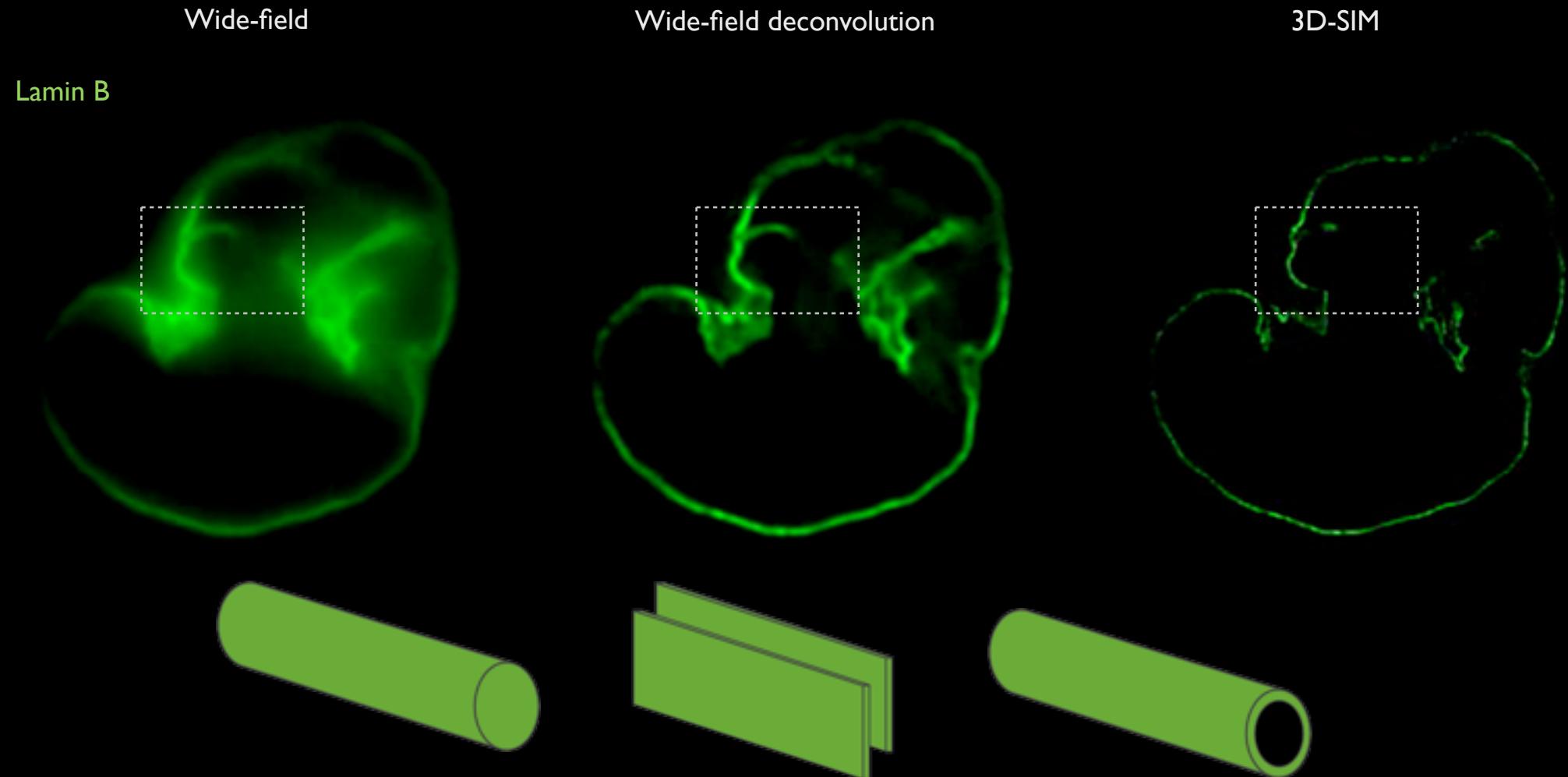
Wide-field

Lamin B



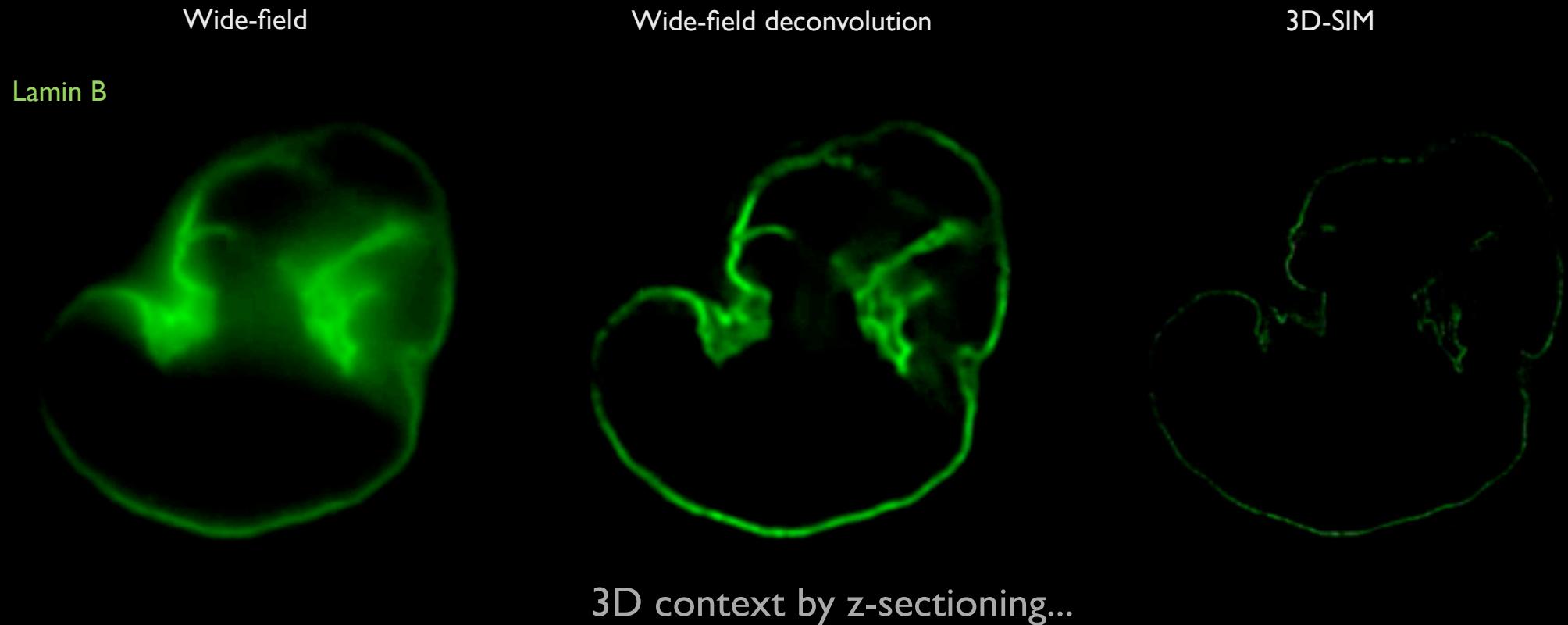
Mouse C2C12 cell

Not only resolution but also context matters! (III)



Mouse C2C12 cell

Not only resolution but also context matters! (III)



Not only resolution but also context matters! (III)

Wide-field

Wide-field deconvolution

3D-SIM

Lamin B

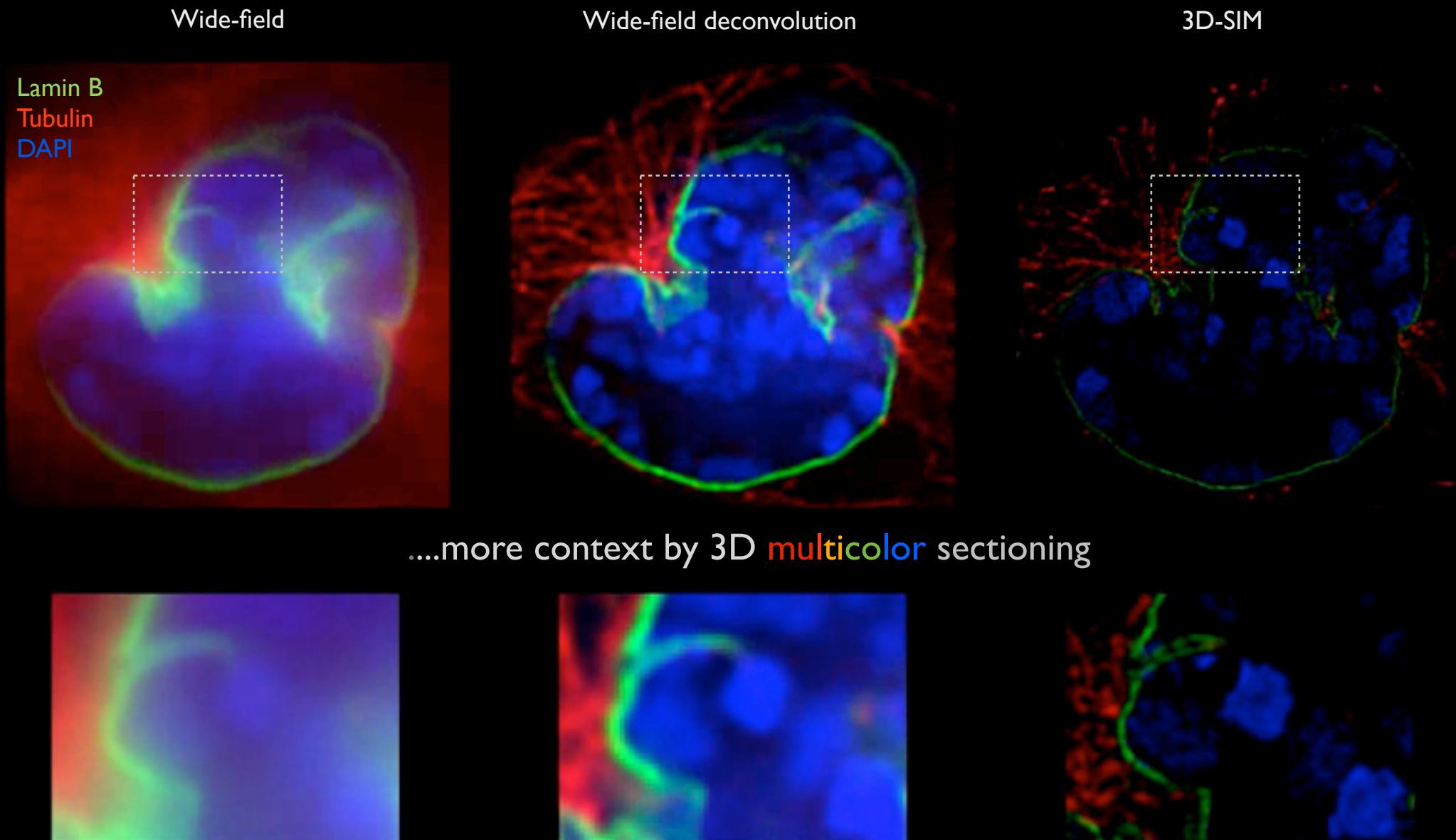
Tubulin

DAPI

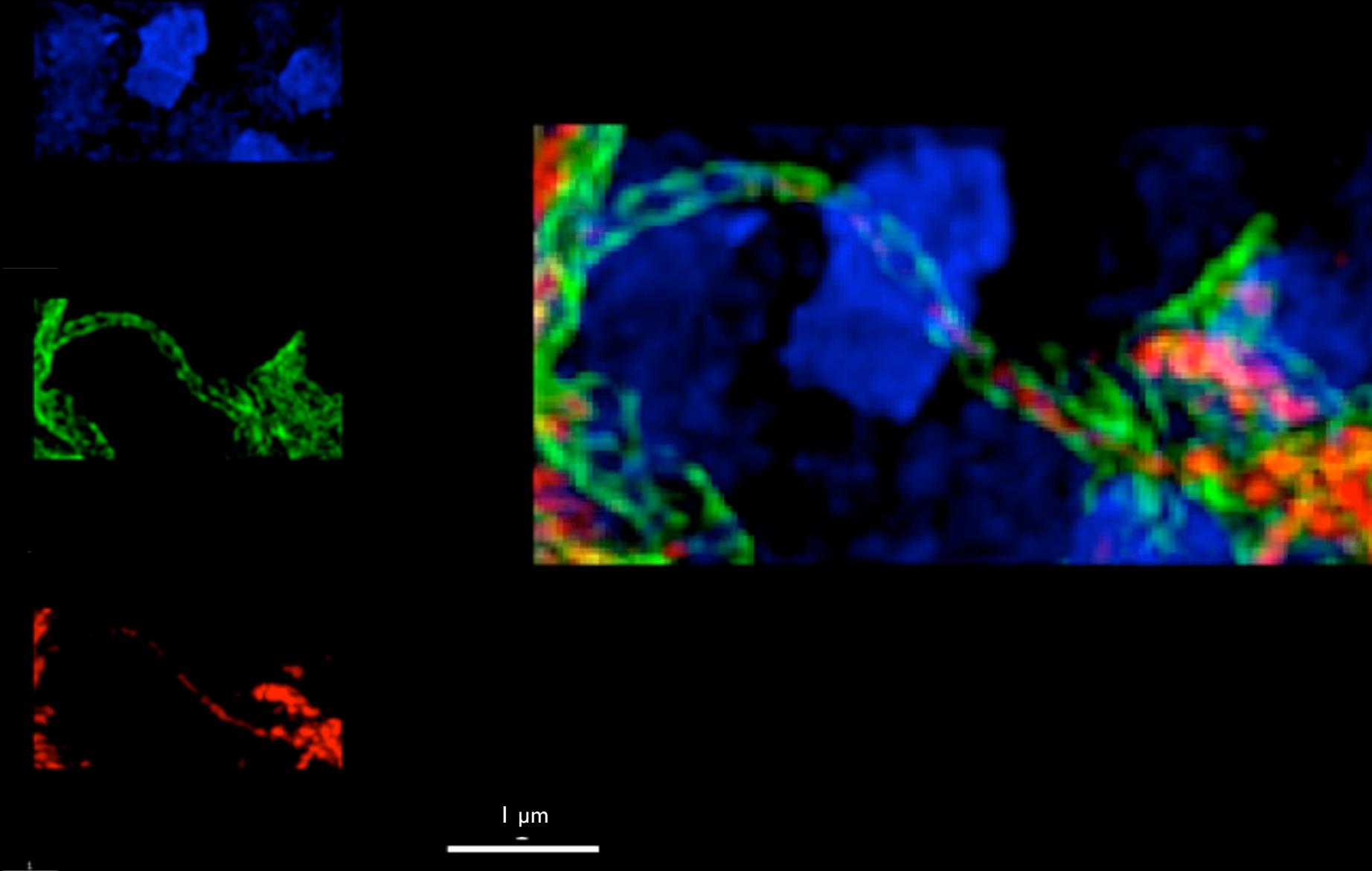


....more context by 3D **multicolor** sectioning

Not only resolution but also context matters! (III)



Not only resolution but also context matters! (III)



3D SIM example: Prophase

Lamin B

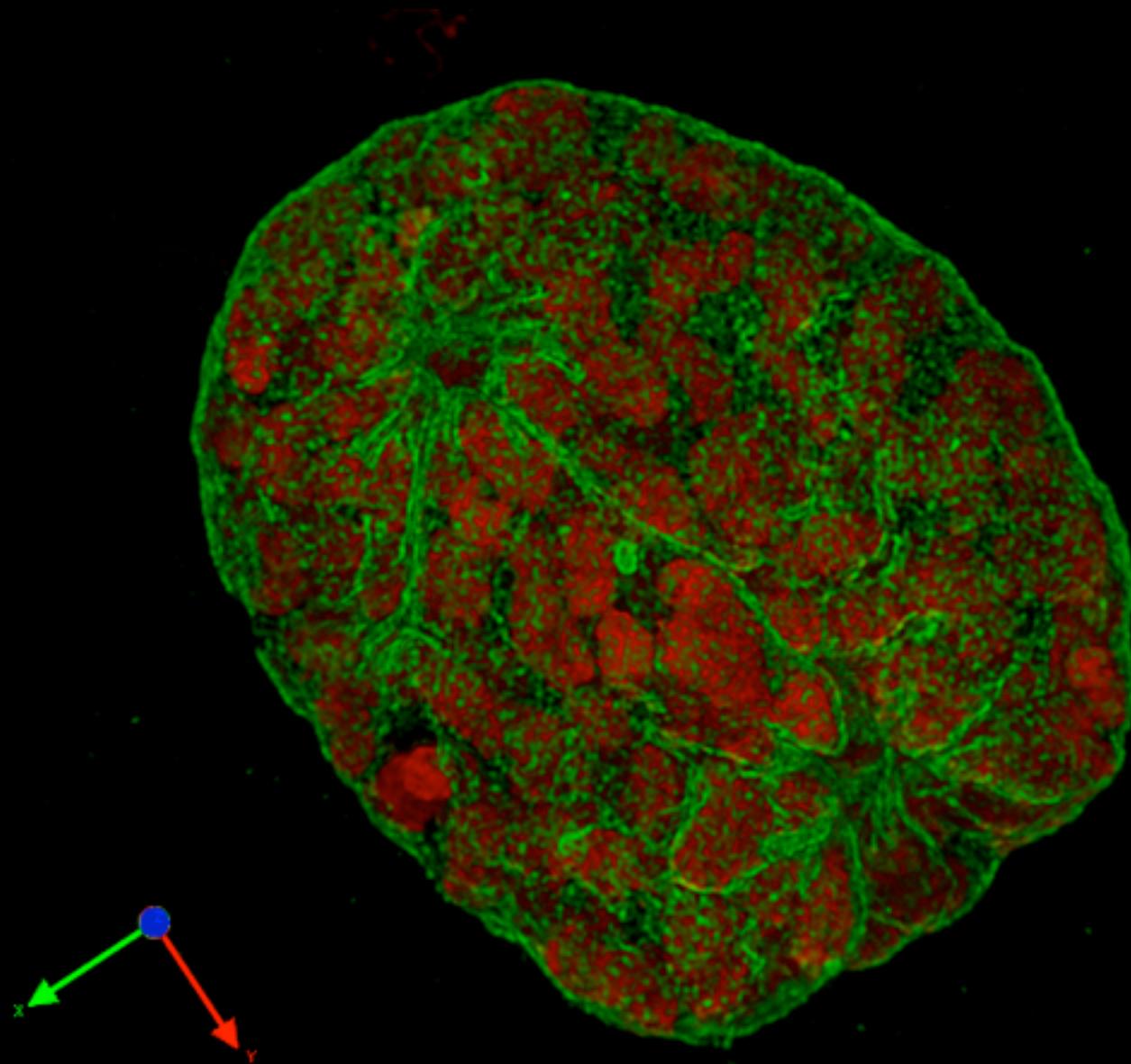
DAPI

3D volume
rendering

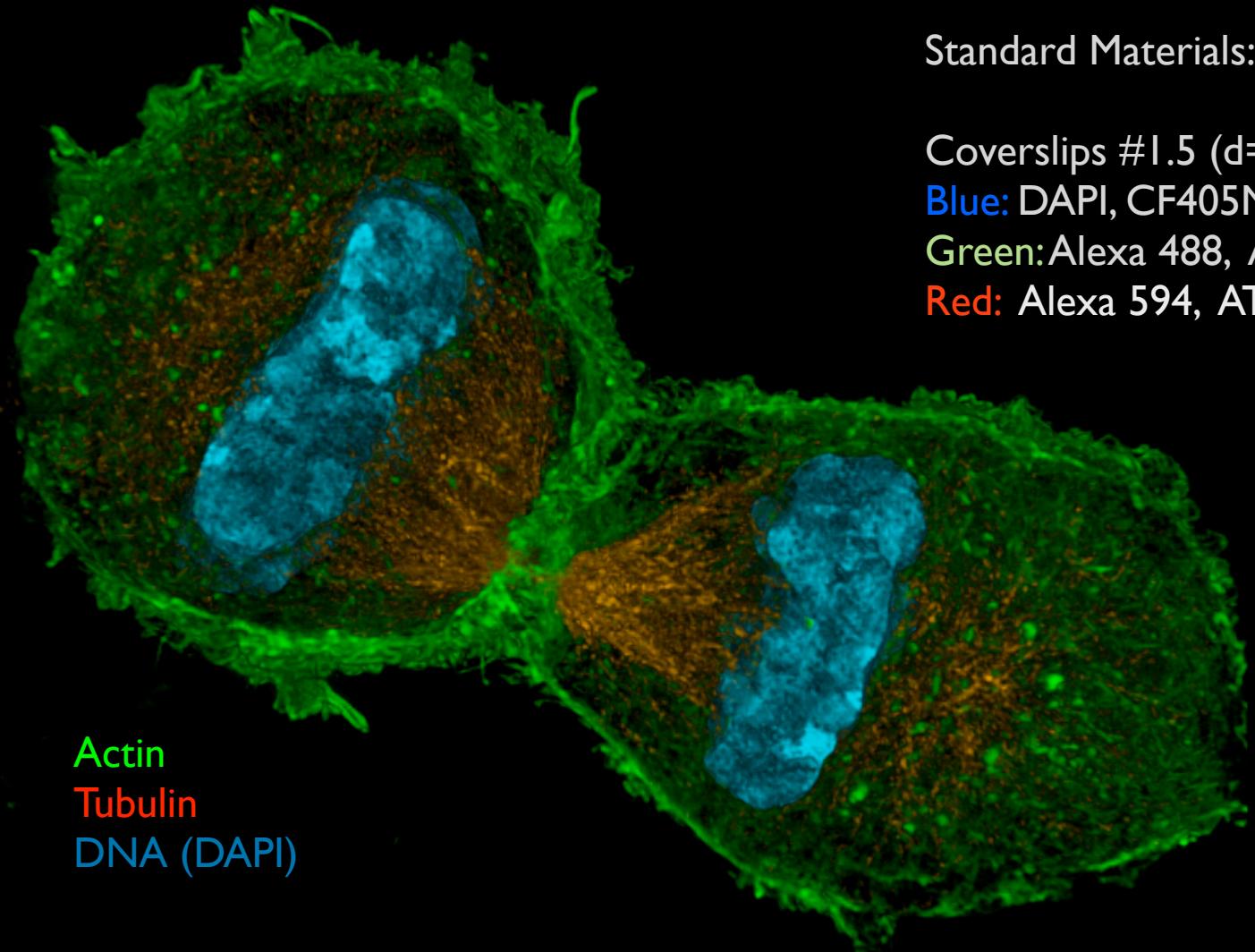
3D SIM example: Prophase

Lamin B
DAPI

3D volume
rendering



3D SIM example: Telophase



Standard Materials:

Coverslips #1.5 ($d=0.170\pm0.005$ mm)

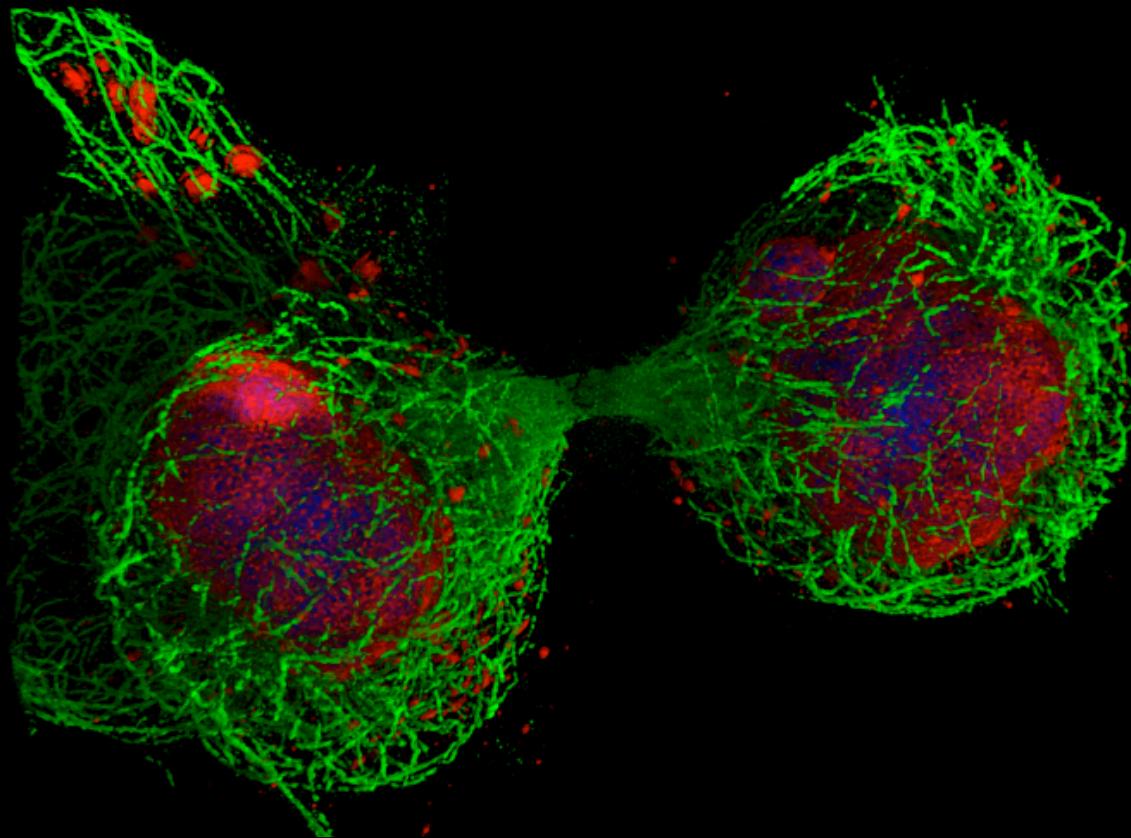
Blue: DAPI, CF405M, ATTO425

Green: Alexa 488, ATTO 488, GFP (?)

Red: Alexa 594, ATTO 590, ATTO 594

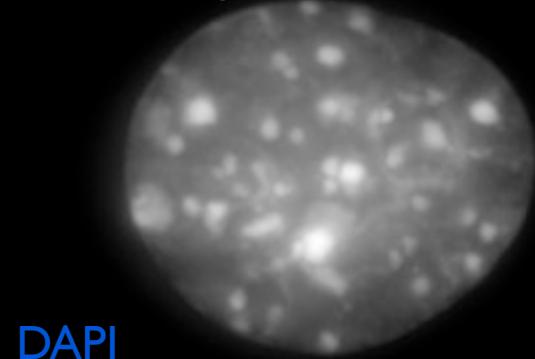
Tubulin
Lamin B
DAPI

Ray tracing
rendering

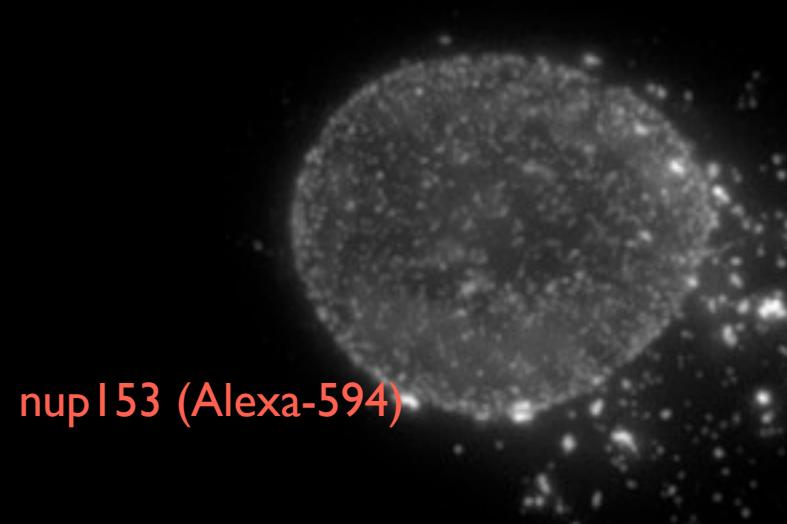


3D SIM example: Nuclear pores

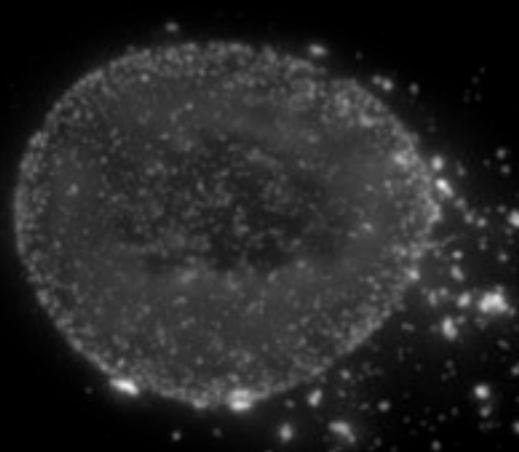
WF projections



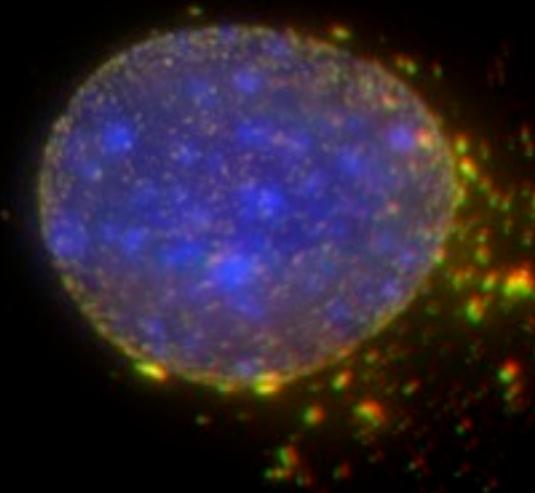
DAPI



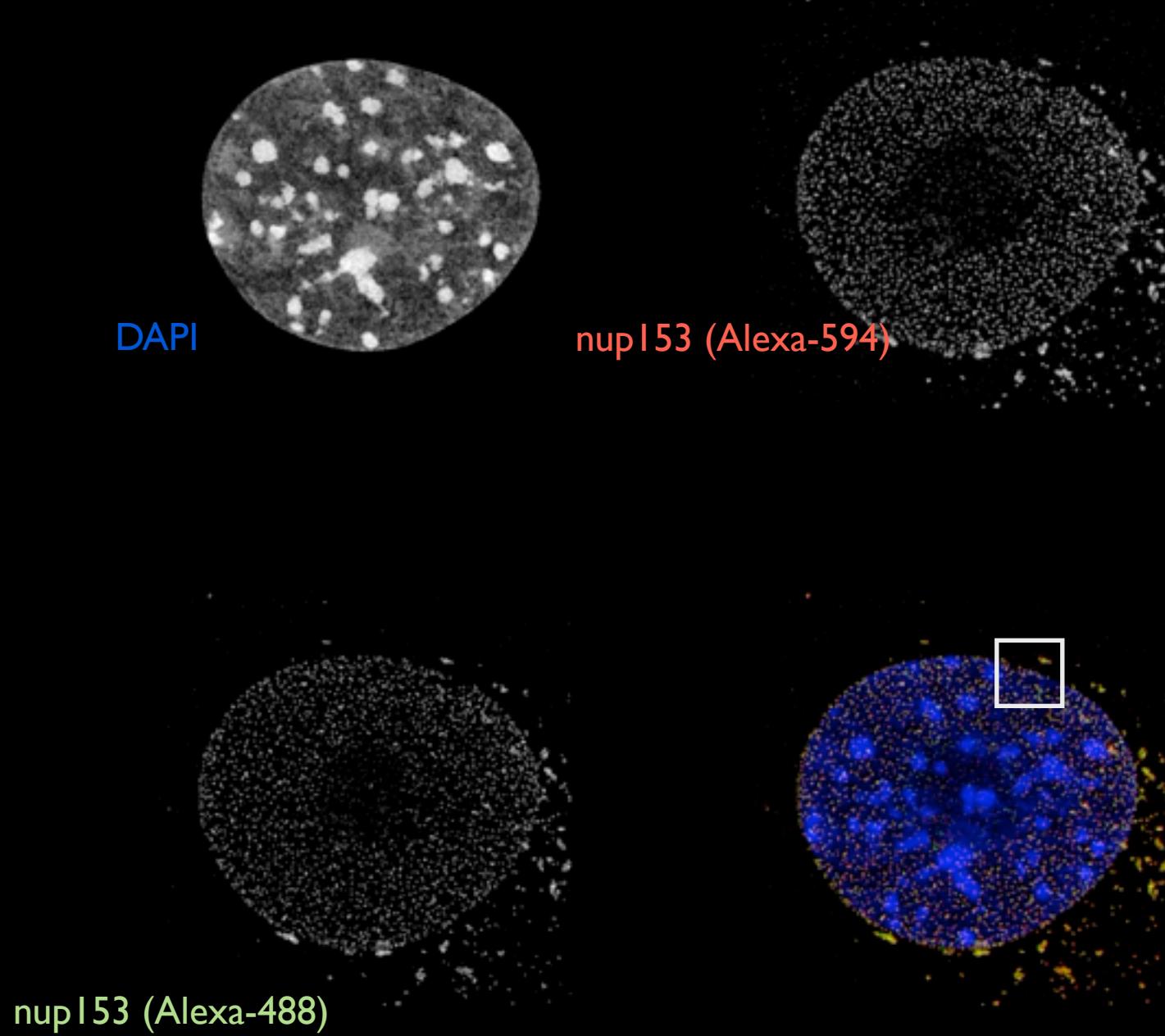
nup153 (Alexa-594)



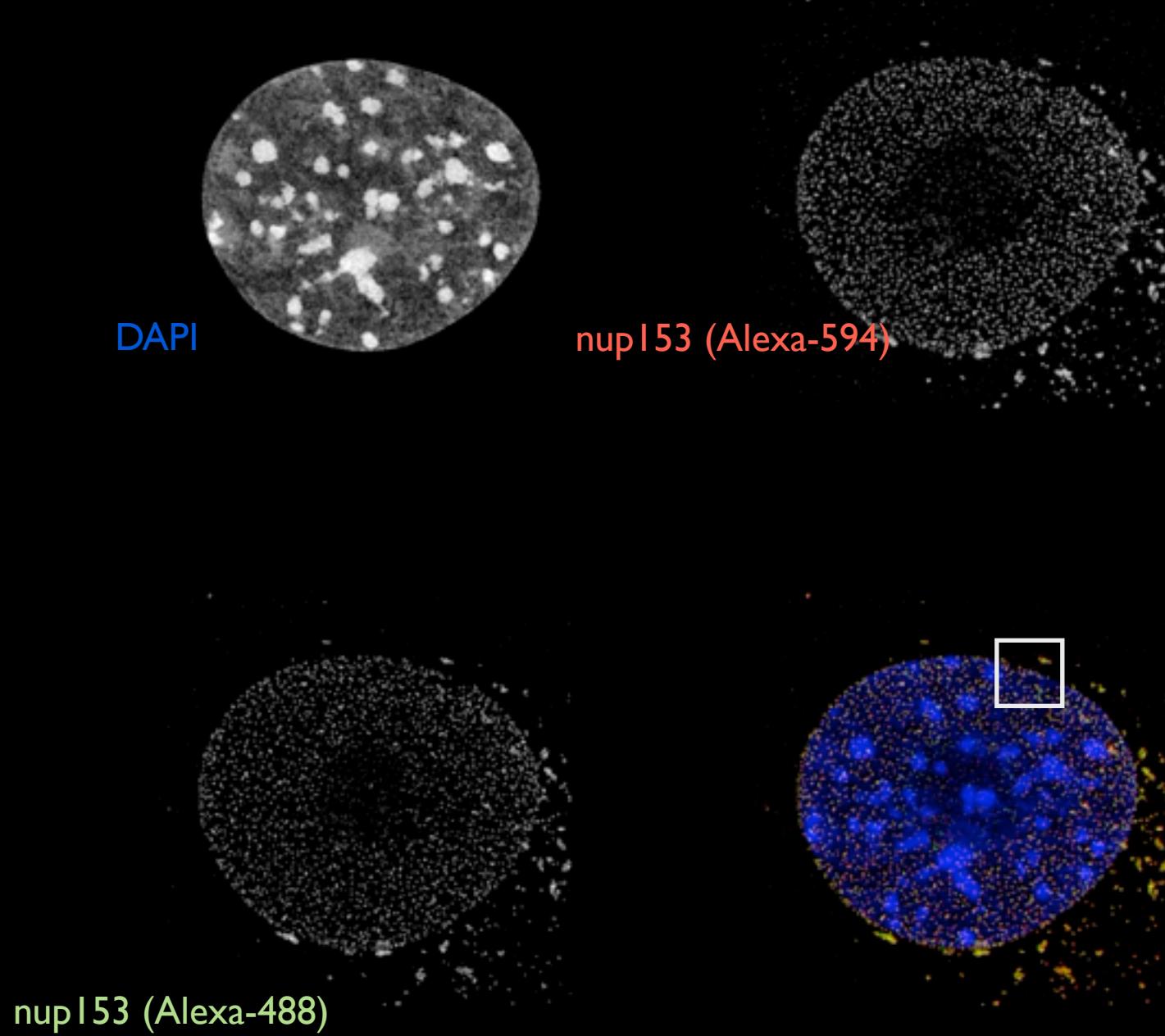
nup153 (Alexa-488)



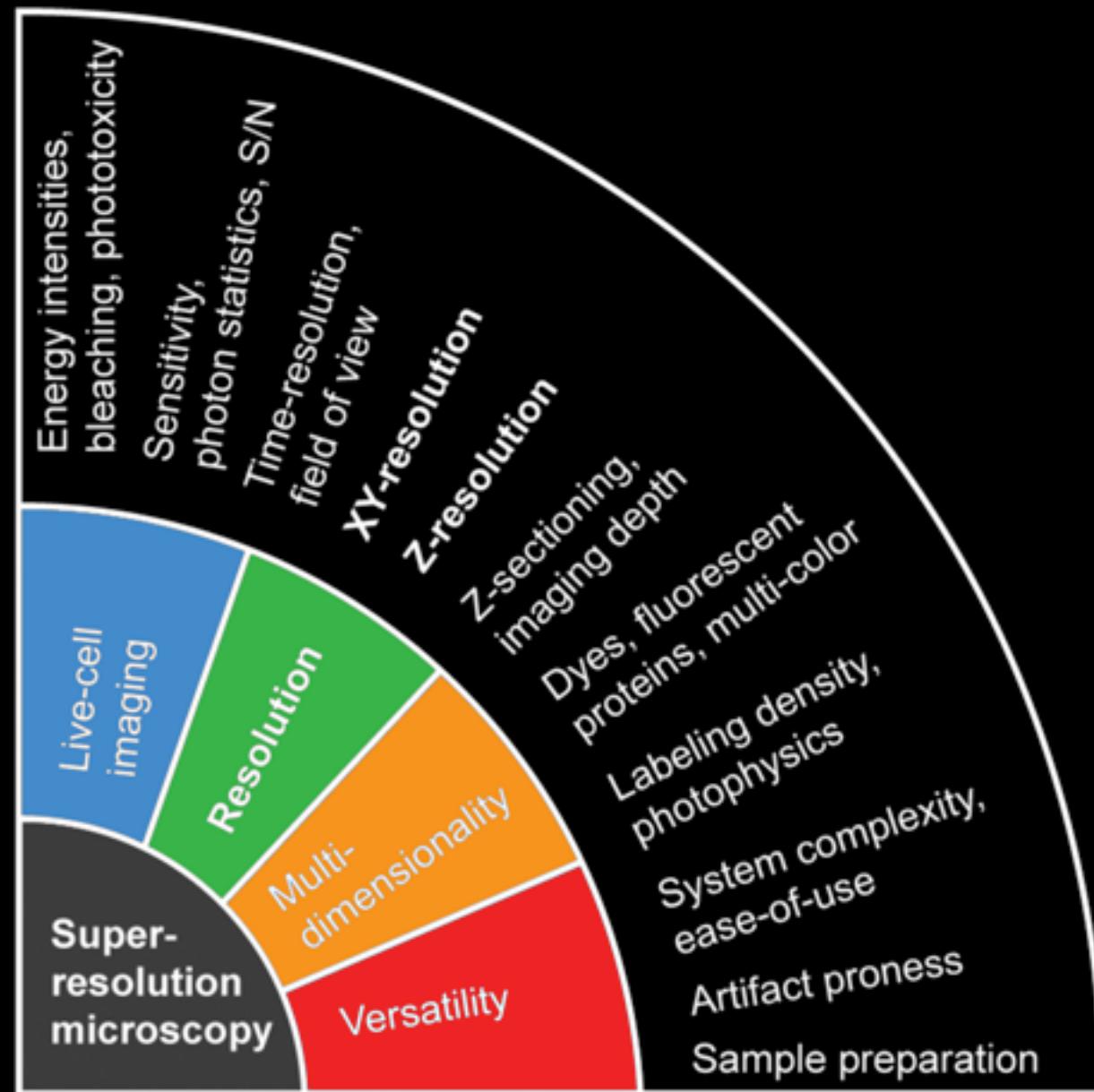
3D SIM example: Nuclear pores



3D SIM example: Nuclear pores



Super-resolution microscopy: a multi-dimensional challenge



Which super-resolution method to use ?

3D-SIM	general method - 3 colors, 3D sectioning, only modest (x2) resolution gain in xy and z (x8 volumetric) postprocessing, prone to artifacts
Live 3D-SIM	<i>OMX Blaze. Fast, large field-of-view (40 x40 µm), high sensitivity</i>
Non-linear SIM	<i>experimental setup, dx,y 40-50 nm, currently restricted to TIRF and one color only (Dronpa)</i>
TIRF	<i>only near-field, improved z-resolution only, high sensitivity and temporal resolution, „surface biology“</i>
SPIM	<i>isotropic resolution (~400 nm in xy, z) , deep imaging of large fields, large data, tissues and whole mounts</i>
STED	high resolution, theoretically unlimited, WYSIWYG, speed scales with field of view special dye requirements, bleaching issues, complex instrumentation, works best in Hell's lab.
4Pi	absolutely need a physicist. Little reported biology so far.
15M	same specimen mounting difficulties as 4Pi, no commercial implementation.
PALM/STORM	simple hardware. software more complex, various flavours, high localization precision (~20 nm in x,y), structural resolution depends on labeling density, rather slow.

„All superresolution techniques excel in certain aspects and fail in others—the best technique will be determined by the demands of the application.“ Rego et al. 2012, PNAS



